

Ministry of Higher Education and Scientific Research
Scientific Supervision and Evaluation Authority
Department of Quality Assurance and Academic Accreditation
Preparation Department



**Academic Program and Course Description
Faculty of Physical Education and Sports Sciences
University of Basra**

2026-2025

Academic Program Description

University name: University of Basra

College/Institute: College of Physical Education and Sports Sciences

Academic Department: Faculty of Physical Education and Sports Sciences

Name of academic or professional program: Bachelor's

Academic system: Annual

Description preparation date: 5/ 6 /2025

File completion date: 19/ 8 /2026

the signature :

Name of Scientific Assistant: Prof. Dr Abdulsattar Jabbar Dhumed

Date: 19/8/2026

Check the file before

Quality Assurance and University Performance Division

Name of the Director of the Quality and University

Performance Division: Prof. Dr. Haider Abdul Razzaq Kazim

Date: 19/8/2026

Dean's approval
Prof. Dr. Haider Awfi Ahmed



1. 1. Program Vision

Excellence and leadership in preparing specialized cadres in physical education and sport sciences who are capable of keeping pace with scientific and technological developments and serving the community.
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2. 2. Program Mission

The program seeks to prepare scientifically and professionally qualified graduates in physical education and sport sciences who possess knowledge, skills, and professional values and are able to employ them in education, training, scientific research, and community service.
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3. 3. Program Objectives

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| <ul style="list-style-type: none">1– 1– Prepare specialized scientific and professional cadres in physical education and sport sciences.2– 2– Develop students’ knowledge and applied skills in education and sports training.3– 3– Develop students’ abilities in scientific research, scientific thinking, and problem solving.4– 4– Employ modern technologies in education, training, and scientific research.5– 5– Promote professional and ethical values, teamwork, and community service.6– 6– Meet labor–market needs and fulfill quality and academic–accreditation requirements. |
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4. 4. Program Accreditation

Full program accreditation was obtained for four years according to Ministry letter No. (1305-66616 dated 21/6/2026).

5. 5. Other External Influences

- Research Projects
- Practicum
- Festivals and Conferences
- Community Service
- Sustainability

6. 6. Program Structure

Notes	Percentage	Credit Units	Number of Courses	Program Structure
	12,24 %	12	6	Institution Requirements
	87,75%	134	43	College Requirements
			None	Department Requirements
			None	Summer Training
			None	Other

7. Program Description

Units	Credit Hours			
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	Practical	Theory	Course / Module Name	Course / Module Code	Year / Level
2		2	Arabic Language		First Stage
4		2	Anatomy		
4		2	History		
4		2	English Language		
2		2	Computer		
2		2	Human Rights		
4	4		Track and Field		
2	2		Swimming		
4	4		Basketball		
4	4		Football		
2	2		Men's Weightlifting		
			Women's Fitness		
2	2		Scouting Education		
4		2	Arabic Language		Second Stage
4		2	Computers		
4		2	Biomechanics		
4		2	Sports Training		
2	2		Teaching Methods		
2	2		Basketball		
4	4		Handball		
4	4		Volleyball		
4	4		Track and Field		

4	4		Gymnastics		
2	2		Women's Fitness		
			Men's Boxing		
4		2	Ba'ath Regime Crimes		
4		2	Scientific Research		Third Stage
4		2	Motor Learning		
4		2	Physical Injuries		
4		2	Teaching Methods		
4		2	Exercise Physiology		
2	2		Racket Sports		
2	2		Handball		
2	2		Football		
2	2		Fencing		
2	2		Apparatus Gymnastics		
2	2		Men's Wrestling		
			Women's Physical Fitness		
2	2		Volleyball		
4		2	Movement Analysis		
2		2	Practicum		Fourth Stage
2		2	Graduation Research Project		

4		2	Sports Psychology		
4		2	Sports Training Science		
4		2	Management and Organization		
4	4		Track and Field		
2	2		Basketball		
2	2		Handball		
2	2		Football		
2	2		Volleyball		
2	2		Computer		
4		2	Special Populations Sports		
4		2	Sociology		

8– 8. Expected Program Learning Outcomes

Knowledge and Understanding:

- 1– Acquires basic and specialized knowledge in physical education and sport sciences.
- 2– Explains scientific principles related to education, training, and sports performance.
- 3– Applies scientific knowledge to address sports and educational problems.

Skills:

- 1– Plans, implements, and evaluates physical and sports programs and activities.

2– Performs basic sports skills according to scientific and technical principles.
3– Employs modern technologies and methods in education and sports training.
4– Uses scientific research methods and data analysis in the sports field.
Values and Professional Responsibility:
1– Adheres to professional ethics, safety rules, and sports responsibility.
2– Works effectively within teams and communicates professionally.
3– Contributes to promoting sports and health culture and community service.

9– 9. Assessment Methods
– Daily, semester, and annual examinations (written and practical). – Reports and extracurricular activities.

10– 10. Teaching Staff						
Teaching Staff Members						
Teaching Staff Status		Requirements / Special Skills (if any)	Specialization		Academic Rank	No.
Lecturer	Permanent Staff		Specific	General		
	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Lamia Hassan Mohammed Ahmed Al-Diwan	1
	Permanent Staff		Exercise Physiology / Football	Physical Education and Sport Sciences	Ammar Jasim Muslim Hussein Al-Mutawri	2
	Permanent Staff		Sports Psychology / Team Sports	Physical Education and Sport Sciences	Abdul Sattar Jabbar Dhamad Musa Ukbawi	3

	Permanent Staff		Sports Training / Handball	Physical Education and Sport Sciences	Hussam Mohammed Jabir Najm Al-Ghalibi	4
	Permanent Staff		Sports Training / Track and Field	Physical Education and Sport Sciences	Majid Ali Musa Murad Al-Tamimi	5
	Permanent Staff		Sports Psychology / Boxing	Physical Education and Sport Sciences	Abdul Al-Kadhim Jalil Hassan Shandi Al-Mansouri	6
	Permanent Staff		Biomechanics / Volleyball	Physical Education and Sport Sciences	Yaarub Abdul Baqi Dayikh Bijay Al-Ghaith	7
	Permanent Staff		Sports Training / Basketball	Physical Education and Sport Sciences	Haider Abdul Razzaq Kadhim Faris Al-Hajjaj	8
	Permanent Staff		Tests and Measurement / Basketball	Physical Education and Sport Sciences	Mustafa Abdul Rahman Mohammed Hassoun Al-Saadi	9
	Permanent Staff		Sports Psychology / Volleyball	Physical Education and Sport Sciences	Mohammed Abdul Wahab Hussein Younis Al-Younis	10
	Permanent Staff		Exercise Physiology / Track and Field	Physical Education and Sport Sciences	Falah Mahdi Aboud Hussein Al-Battat	11

	Permanent Staff		Management and Organization / Basketball	Physical Education and Sport Sciences	Qusay Fawzi Khalaf Shuwail Al-Muzani	12
	Permanent Staff		Biomechanics / Volleyball	Physical Education and Sport Sciences	Mustafa Abdul Muhi Shabib Al-Shabib	13
	Permanent Staff		Tests and Measurement / Team Sports	Physical Education and Sport Sciences	Raed Mohammed Mushtat Khalid Al-Salim	14
	Permanent Staff		Biomechanics / Track and Field	Physical Education and Sport Sciences	Haider Mahdi Abdul Sahib Ramadan Ramadan	15
	Permanent Staff		Management and Organization / Football	Physical Education and Sport Sciences	Abdul Halim Jabr Nazzal Alkam Al- Khafaji	16
	Permanent Staff		Biomechanics / Basketball	Physical Education and Sport Sciences	Wisam Falah Atiya Kadhim Al-Saadi	17
	Permanent Staff		Exercise Physiology / Swimming	Physical Education and Sport Sciences	Yasin Habib Izzal Diwan Al- Imara	18
	Permanent Staff		Sports Training / Volleyball	Physical Education and Sport Sciences	Adel Majid Khazal Khanjar Al-Abadi	19
	Permanent Staff		Sports Sociology / Individual Sports	Physical Education and Sport Sciences	Firas Hassan Abdul Al- Hussein Abdul	20

					Karim Al-Haram	
	Permanent Staff		Motor Learning / Racket Sports	Physical Education and Sport Sciences	Muntadhar Majid Ali Mohammed Al-Matrouk	21
	Permanent Staff		Motor Learning / Volleyball	Physical Education and Sport Sciences	Mohammed Awfi Radi Mansour Al-Maliki	22
	Permanent Staff		Sports Training / Football	Physical Education and Sport Sciences	Aqeel Hassan Falah Subhan Al-Ashour	23
	Permanent Staff		Motor Learning / Volleyball	Physical Education and Sport Sciences	Muwaffaq Sainakh Jafar Hussein Al-Hajjaj	24
	Permanent Staff		Exercise Physiology / Weightlifting	Physical Education and Sport Sciences	Sabah Mahdi Karim Badi Al-Khalaf	25
	Permanent Staff		Biomechanics / Track and Field	Physical Education and Sport Sciences	Nahida Hamid Mashkour Humaidi Al-Waeli	26
	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Luqman Imran Shanin Mohammed Al-Hajjaj	27
	Permanent Staff		Motor Learning / Swimming	Physical Education and Sport Sciences	Ali Farhan Hussein Mahdi Al-Eidani	28

	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Mohammed Ali Falah Abdulhadi Oraibi Al-Sahlani	29
	Permanent Staff		Therapeutic Sports / Handball	Physical Education and Sport Sciences	Kamil Shanin Manahi Tarish Al-Jourani	30
	Permanent Staff		Motor Learning / Gymnastics	Physical Education and Sport Sciences	Laith Mohammed Hussein Ali Al-Khazali	31
	Permanent Staff		Sports Psychology / Football	Physical Education and Sport Sciences	Ahmed Kadhim Fahad Nahi Al-Bahadli	32
	Permanent Staff		Biomechanics / Volleyball	Physical Education and Sport Sciences	Qusur Abdul Hamid Abdul Wahid Khalaf Al-Tamari	33
	Permanent Staff		Tests and Measurement	Physical Education and Sport Sciences	Zainab Abdul Rahim Khudair Obaid Al-Amiri	34
	Permanent Staff		Sports Training / Track and Field	Physical Education and Sport Sciences	Qusay Mohammed Ali Rakhis Ali Al-Amiri	35
	Permanent Staff		Therapeutic Sports / Fencing	Physical Education and Sport Sciences	Salam Jabir Abdullah Hussein Al-Tamimi	36

	Permanent Staff		Sports Training / Martial Arts	Physical Education and Sport Sciences	Ali Jasim Karim Farhan Karim	37
	Permanent Staff		Biomechanics / Basketball	Physical Education and Sport Sciences	Shukri Shakir Falah Sabti Al-Hajjaj	38
	Permanent Staff		Sports Psychology / Volleyball for Persons with Disabilities	Physical Education and Sport Sciences	Hazim Jasim Khazal Yasin Hamid	39
	Permanent Staff		Therapeutic Sports / Team Sports	Physical Education and Sport Sciences	Luay Kadhim Mohammed Hussein Al-Abdullah	40
	Permanent Staff		Tests and Measurement / Tennis	Physical Education and Sport Sciences	Makki Jabbar Ouda Humaidi Al-Majidi	41
	Permanent Staff		Biomechanics / Volleyball	Physical Education and Sport Sciences	Mahdi Saleh Zaalan Abdul Al-Omran	42
	Permanent Staff		Motor Learning / Handball	Physical Education and Sport Sciences	Naji Mutashar Izzat Abdulhussein Al-Badr	43
	Permanent Staff		Sports Training / Basketball	Physical Education and Sport Sciences	Thamer Kadhim Arhaim Arab Al-Azzawi	44
	Permanent Staff		Tests and Measurement / Handball	Physical Education and Sport Sciences	Osama Subaih Mustafa Zamil Al-Zirjawi	45

	Permanent Staff		Management and Organization / Scouting Education	Physical Education and Sport Sciences	Riyadh Nouri Abbas Ali Al-Amiri	46
	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Saad Layth Abdul Karim Mohammed Al-Abdulkarim	47
	Permanent Staff		Management and Organization / Volleyball	Physical Education and Sport Sciences	Aqeel Jarih Sabr Marid Al-Rahma	48
	Permanent Staff		Sports Psychology / Volleyball	Physical Education and Sport Sciences	Mohammed Rahim Faeel Obaid Al-Obaid	49
	Permanent Staff		Motor Learning / Volleyball	Physical Education and Sport Sciences	Wathiq Abdul Sahib Obaid Saad Al-Hajjaj	50
	Permanent Staff		Tests and Measurement / Volleyball	Physical Education and Sport Sciences	Raja Abdul Samad Ashour Sumaiji Al-Ghanim	51
	Permanent Staff		Sports Training / Weightlifting	Physical Education and Sport Sciences	Hassan Farhan Alwan Hussein Al-Faradi	52
	Permanent Staff		Biomechanics / Futsal	Physical Education and Sport Sciences	Wael Qasim Jawad Mohammed Al-Mohammadawi	53

	Permanent Staff		Sports Psychology / Handball	Physical Education and Sport Sciences	Kadhim Habib Abbas Shalash Al-Shalash	54
	Permanent Staff		Sports Sociology / Football	Physical Education and Sport Sciences	Haider Awfi Ahmed Jabir Al-Taie	55
	Permanent Staff		Exercise Physiology / Futsal	Physical Education and Sport Sciences	Majid Sabbar Mohammed Shalash Al-Sudani	56
	Permanent Staff		Sports Training / Football	Physical Education and Sport Sciences	Abdul Ali Jafar Mohammed Sajit Al-Dahami	57
	Permanent Staff		Motor Learning / Track and Field	Physical Education and Sport Sciences	William Lewis William Joseph Rodik	58
	Permanent Staff		Therapeutic Sports / Team Sports	Physical Education and Sport Sciences	Haider Ouda Zughair Mishil Al-Fadhli	59
	Permanent Staff		Sports Psychology / Handball	Physical Education and Sport Sciences	Qusay Saleh Mal Allah Tahir Al-Mousawi	60
	Permanent Staff		Motor Learning / Track and Field	Physical Education and Sport Sciences	Sabah Abdullah Ibrahim Akoul Al-Akoul	61
	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Mushtaq Hamid Abdullah Rashid Al-Shammari	62

	Permanent Staff		Tests and Measurement / Fencing	Physical Education and Sport Sciences	Mohammed Abdul Razzaq Nima Jouda Al-Gharbawi	63
	Permanent Staff		Biomechanics / Gymnastics	Physical Education and Sport Sciences	Zaki Nasser Shaaban Rajab Al-Sankour	64
	Permanent Staff		Teaching Methods / Swimming	Physical Education and Sport Sciences	Intisar Ahmed Othman Hussein Al-Hussein	64
	Permanent Staff		Sports Psychology / Athletics	Physical Education and Sport Sciences	Saeed Hussein Hassan Jasim Al-Hussein	66
	Permanent Staff		Sports Training / Volleyball	Physical Education and Sport Sciences	Shihab Ghalib Shihab Ahmed Al-Dawood	67
	Permanent Staff		Teaching Methods / Gymnastics	Physical Education and Sport Sciences	Ali Jabbar Hassan Ghafil Al-Asadi	68
	Permanent Staff		Teaching Methods / Gymnastics	Physical Education and Sport Sciences	Ghazi Lafta Hussein Badr Al-Fayyadh	69
	Permanent Staff		Sports Training / Gymnastics	Physical Education and Sport Sciences	Mahasin Hussein Fadhil Hassan Al-Sudani	70
	Permanent Staff		Sports Sociology / Football	Physical Education and Sport Sciences	Amer Abbas Issa Fakhir Al-Fakhir	71

	Permanent Staff		Gymnastics	Physical Education and Sport Sciences	Zainab Sabah Ibrahim Raafat Al-Qaisi	72
	Permanent Staff		Sports Training / Athletics	Physical Education and Sport Sciences	Hashim Shakir Abdul Karim Ali Al-Mutawir	73
	Permanent Staff		Tests and Measurement / Basketball	Physical Education and Sport Sciences	Ali Ashour Obaid Majeedi Al-Majidi	74
	Permanent Staff		Biomechanics / Handball	Physical Education and Sport Sciences	Faisal Ghazi Abdul Hassan Dhamin Al-Halfi	75
	Permanent Staff		Sports Management / Physical Fitness	Physical Education and Sport Sciences	Sanaa Ali Ahmed Ali Rashid	76
	Permanent Staff		Tests and Measurement / Badminton	Physical Education and Sport Sciences	Hutham Abdul Amir Amin Abdulnabi Al-Zaidi	77
	Permanent Staff		Sports Management / Boxing	Physical Education and Sport Sciences	Fouad Abdul Mahdi Mahmoud Ali Al-Hamdani	78
	Permanent Staff		Sports Training / Gymnastics	Physical Education and Sport Sciences	Kadhim Issa Kadhim Jafar Al-Amiri	79
	Permanent Staff		Sports Training / Track and Field	Physical Education and Sport Sciences	Abdullah Shanta Faraj Hussein Al-Bahadli	80

	Permanent Staff		Sports Training / Track and Field	Physical Education and Sport Sciences	Ansam Khazal Jabbar Sabahi Al-Sudani	81
	Permanent Staff		Sports Training / Handball	Physical Education and Sport Sciences	Haider Jasim Mohammed Jabir Al-Ghalibi	82
	Permanent Staff		Motor Learning / Basketball	Physical Education and Sport Sciences	Ali Mohammed Hadi Aboud Hassan Al-Aboudi	83
	Permanent Staff		Biomechanics / Weightlifting	Physical Education and Sport Sciences	Imad Adel Ali Abu Al-Hail Al-Hajj Wadi	84
	Permanent Staff		Women's Gymnastics	Physical Education and Sport Sciences	Fatima Hassan Mohammed Hassan Al-Zawar	85
	Permanent Staff		Biomechanics / Volleyball	Physical Education and Sport Sciences	Samir Khalaf Jari Yousif Halboush	86
	Permanent Staff		Teaching Methods / Swimming	Physical Education and Sport Sciences	Mustafa Abdul Ridha Kadhim Abdul Wahab Al-Mijdad	87
	Permanent Staff		Motor Learning / Volleyball	Physical Education and Sport Sciences	Muhannad Khairallah Jabbar Abdulridha Al-Hajjaj	88

	Permanent Staff		Wrestling	Physical Education and Sport Sciences	Ali Kadhim Abdul Qadir Muhi Issa	89
	Permanent Staff		Arabic Language	Physical Education and Sport Sciences	Walaa Mahmoud Shakir Habib Al–Abadi	90
	Permanent Staff		Biomechanics / Martial Arts	Physical Education and Sport Sciences	Riyadh Abd Ali Hussein Saeed Al–Saeed	91
	Permanent Staff		Sports Management / Scouting Education	Physical Education and Sport Sciences	Hatim Karim Kadhim Khamis Al–Duaim	92
	Permanent Staff		Biomechanics	Physical Education and Sport Sciences	Ali Hani Abdul Waleed Al– Khafaji	93
	Permanent Staff		Teaching Methods / Basketball	Physical Education and Sport Sciences	Bilal Haider Makki Ouda Al– Athari	94
	Permanent Staff		Biomechanics / Fencing	Physical Education and Sport Sciences	Ali Abdullah Issa Abdullah Al–Mahmoud	95
	Permanent Staff		Biomechanics / Basketball	Physical Education and Sport Sciences	Amani Alaa Abbas Badi Al– Falah	96
	Permanent Staff		Physical Education and Sport Sciences	Physical Education and Sport Sciences	Ali Khayoun Tarish Humaidi Al–Jawadi	97

	Permanent Staff		Biomechanics / Basketball	Physical Education and Sport Sciences	Ghazwan Abdul Latif Hassan Dhahir Al-Shammari	98
	Permanent Staff		Sports for Persons with Disabilities	Physical Education and Sport Sciences	Mohammed Najm Abdullah Abdul Mohsen Al-Shaaban	99
	Permanent Staff		Legal Accounting	Physical Education and Sport Sciences	Hilmi Hamza Abbas Mishari Al-Asadi	100
	Permanent Staff		Sports Nutrition Physiology / Football	Physical Education and Sport Sciences	Mazin Ali Lazim Mizban Al-Zaidawi	101
	Permanent Staff		Arabic Language and Literature	Physical Education and Sport Sciences	Hazim Abdul Latif Abdul Ridha Yousif Al-Shawi	102
	Permanent Staff		Basketball	Physical Education and Sport Sciences	Yousif Hassan Khalaf Abbas Khalaf	103
	Permanent Staff		Computers	Physical Education and Sport Sciences	Sabah Abdul Muttalib Siwan Sabah Al-Dirawi	104
	Permanent Staff		Computer Science and Information Technology	Physical Education and Sport Sciences	Ali Raad Abdul Karim Abdul Wahid Al-Tamari	105

	Permanent Staff		Football	Physical Education and Sport Sciences	Hudhaifa Najm Khazal Hattab Al-Imara	106
	Permanent Staff		Nutrition	Physical Education and Sport Sciences	Hassan Saad Shalak Obaid Al-Mutawri	107
	Permanent Staff		Sports Sociology	Physical Education and Sport Sciences	Mohammed Riyadh Mohammed Ridha Al-Tamimi	108
	Permanent Staff		Language	Physical Education and Sport Sciences	Osama Riyadh Lazim Sakhi Al-Fadhil	109
	Permanent Staff		Teaching Methods	Physical Education and Sport Sciences	Awad Younis Ouda Naim Al-Naim	110
	Permanent Staff		Physical Education and Sport Sciences	Physical Education and Sport Sciences	Ammar Nasser Younis Ali Al-Saadi	111
	Permanent Staff		Tests and Measurement / Swimming	Physical Education and Sport Sciences	Tabarak Saeed Yaqoub Kanyoush Al-Atbi	112
	Permanent Staff		Physical Education and Sport Sciences	Physical Education and Sport Sciences	Ziyad Jalal Khudair Abbas Zaidawi	113
	Permanent Staff		Physical Education and	Physical Education and Sport Sciences	Abdullah Tahseen	114

			Sport Sciences		Hashim Aziz Al-Saeed	
	Permanent Staff		Management	Physical Education and Sport Sciences	Firas Adel Abdul Hassan Sahan Al-Talbyawi	115
	Permanent Staff		Physical Education and Sport Sciences	Physical Education and Sport Sciences	Huda Mohammed Hijaya Muhail Abouda	116
			History		Wud Saeed Tahir Ali Al-Mousawi	117

Professional Development:

– Orientation of New Teaching Staff:

New teaching staff members are oriented and developed in line with Ministry requirements and modern scientific sources.

– Professional Development of Teaching Staff:

Professional development is provided through workshops and specialized training courses in physical education and sport sciences to develop the academic and scientific skills and teaching methods of faculty members.

11– 11. Admission Criteria:

- 1– 1– Admission for graduates of secondary education branches (scientific, literary, and vocational) in the year of graduation or the preceding academic year.
- 2– Admission through the sports and champions channel for secondary-school graduates.

- 3– Admission for top graduates of institutes, Department of Physical Education and Sport Sciences.
- 4– Admission according to nomination by the Ministry of Education for physical–education teachers.
- 5– Admission of students from families of martyrs.

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12– 12. Main Sources of Information about the Program:

- 1– 1– Ministry–approved textbooks.
- 2– Supporting books.
- 3– Theses and dissertations.
- 4– The international information network (Internet).
- 5– Extracurricular activities.
- 6– Festivals and championships.
- 7– The virtual–library website approved by the Ministry.

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13– 13. Program Development Plan.

1- 1- Enable graduates to lead a physical-education lesson in an integrated manner.

2- Raise students' cognitive and intellectual level across individual, group, and team sports.

3- Develop students' knowledge of theoretical scientific subjects and how to apply them in the field.

4- Build educational cadres capable of leading, organizing, and managing festivals and sports competitions and supporting student participation in university teams.

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3-

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Curriculum Skills Map															
Required Program Learning Outcomes												General Information			
Values				Skills				Knowledge				Core or Elective	Course Name	Course Code	Year / Level
C4	C3	C2	C1	B4	B3	B2	B1	A4	A3	A2	A1				
√	√	√	√	√	√	√	√	√	√	√	√	Core	Arabic Language		First
√	√	√	√	√	√	√	√	√	√	√	√	Core	Anatomy		
√	√	√	√	√	√	√	√	√	√	√	√	Core	History		
√	√	√	√	√	√	√	√	√	√	√	√	Core	English Language		

√	√	√	√	√	√	√	√	√	√	√	√	Core	Computer		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Human Rights		
√				√				√				Core	Track and Field		
√				√				√				Core	Swimming		
√				√				√				Core	Basketball		
√				√				√				Core	Football		
√				√				√				Core	Men's Weightlifting		
√				√				√				Core	Women's Fitness		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Scouting Education		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Tests and Measurement		Second
√	√	√	√	√	√	√	√	√	√	√	√	Core	Biomechanics		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Sports Training		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Statistics		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Teaching Methods		
√				√				√				Core	Basketball		
√				√				√				Core	Handball		
√				√				√				Core	Volleyball		
√				√				√				Core	Track and Field		
√				√				√				Core	Gymnastics		

√				√				√				Core	Women's Fitness		
√				√				√				Core	Men's Boxing		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Ba'ath Regime Crimes		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Scientific Research		Third
√	√	√	√	√	√	√	√	√	√	√	√	Core	Motor Learning		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Physical Injuries		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Teaching Methods		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Exercise Physiology		
√				√				√				Core	Racket Sports		
√				√				√				Core	Handball		
√				√				√				Core	Football		
√				√				√				Core	Fencing		
√				√				√				Core	Apparatus Gymnastics		
√				√				√				Core	Men's Wrestling		
√				√				√				Core	Women's Physical Fitness		
√				√				√				Core	Volleyball		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Movement Analysis		

√	√	√	√	√	√	√	√	√	√	√	√	Core	Practicum		Fourth
√	√	√	√	√	√	√	√	√	√	√	√	Core	Graduation Research Project		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Sports Psychology		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Sports Training Science		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Management and Organization		
√				√				√				Core	Track and Field		
√				√				√				Core	Basketball		
√				√				√				Core	Handball		
√				√				√				Core	Football		
√				√				√				Core	Volleyball		
√				√				√				Core	Computer		
√				√				√				Core	Special Populations Sports		
√	√	√	√	√	√	√	√	√	√	√	√	Core	Sociology		

Academic Program and Course Syllabus
College of Physical Education and Sports Sciences
University of Basrah
2026–2025
First Year

University of Basrah
College of Physical

- Course Description
Swimming and Water Games
First Stage (2025-2026)

1. Course Name:	
Swimming and Water Games	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (2) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Prof. Dr. Yassein Habeeb Azzal yassein.azzal@uobasrah.edu.iq 2- Prof. Dr. Ali Farhan Hussain ali.hussain@uobasrah.edu.iq 3- Prof. Dr. Intisar Ahmed Othman intsar.ahmed@uobasrah.edu.iq 4- Assoc. Prof. Dr. Mustafa Abdulridha Kadhim mustafa.kadhim@uobasrah.edu.iq yassein.azzal@uobasrah.edu.iq	
8. Course Objectives:	
1- Teach students the basic skills of swimming and rescue. 2- Introduce students to swimming laws.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Enable students to acquire knowledge of swimming. A2- Enable students to acquire the knowledge required to work as a swimming teacher or lifeguard. A3- Enable students to acquire the knowledge required to work as a swimming coach. A4- Enable students to understand swimming laws in order to work as a swimming referee.
B- Course-specific Skill Objectives	B1- Acquire knowledge of swimming and water-games concepts. B2- Acquire knowledge of swimming methods. B3- Develop the ability to learn and teach swimming. B4- Develop interaction and information exchange in water games.
C- Affective and Value Objectives	C1- Link theoretical material with students' understanding of cognitive aspects and their practical application. C2- Enhance the cognitive value of course material through discussions. C3- Improve students' teaching efficiency in physical education and sports science lessons through exchange of opinions. C4- Develop affective aspects through sports competitions and a sense of responsibility.
D- Teaching and Learning Methods	D1- Theoretical and practical lectures to explain scientific concepts and principles related to the course.

	D2- Practical and applied learning through swimming exercises and skills. D3- Cooperative and active learning through group work, discussion, problem solving and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance.
E- Skills	E1- Cognitive skills: understand and apply scientific concepts and principles related to swimming and water games. E2- Physical and skill abilities: master motor performance and sports skills related to swimming and water games. E3- Analysis and evaluation: analyze performance, identify and correct errors, and evaluate performance level. E4- Communication and teamwork: communicate effectively, work within a team, and apply skills in educational situations.

10- Course Structure:

Week	Hours	Required Learning Outcomes	Learning Method	Assessment Method	Assessment Method
1	2	Identify types of water sports; understand how they are practiced; distinguish among them.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination
2	2	Define swimming; state the history of Olympic swimming; explain the history of swimming in Iraq.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
3	2	State the benefits of swimming and explain its importance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
4	2	Distinguish between correct and incorrect practices when swimming.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
5	2	Identify the fields of swimming.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
6	2	Relate the factors affecting swimming learning and explain reasons for failure to learn.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
7	2	Apply water-confidence skills and breathing regulation.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
8	2	Practice floating and gliding.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		

9	2	Practice jumping into the water and underwater gliding.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
10	2	Discuss student reports on basic swimming-learning exercises.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
11	2	Discover aids used in teaching and learning swimming; suggest or modify teaching aids.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
12	2	View video clips, images and illustrations.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
13	2	Distinguish among Olympic swimming strokes.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
14	2	Discuss student reports on Olympic swimming strokes.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
15	2	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
16	2	Organize the components of motor performance for swimming strokes.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
17	2	Identify and perform correct body position and leg kicks.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
18	2	Identify and perform correct arm movements and breathing.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
19	2	Summarize coordination patterns and perform freestyle as a whole.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		

20	2	Identify and perform correct body position and leg kicks.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
21	2	Summarize coordination patterns and perform the stroke as a whole.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
22	2	Perform freestyle well over varied distances.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
23	2	Perform backstroke well over varied distances.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
24	2	Explain legal and technical aspects of starts and turns; perform starts and turns.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
25	2	Explain legal and technical aspects of starts and turns; perform starts and turns.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
26	2	Recognize swimming laws and distinguish Olympic race distances.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
27	2	Plan swimming-pool dimensions, areas, and legal distances.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
28	2	Explain causes of drowning, classify types of drowning, and state rescue methods.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
29	2	Practice rescue swimming.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
30	2	Practical examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
11- Course Assessment:					

Grades: (25) First Semester - (25) Second Semester - (50) Third Semester	
12- Learning and Teaching Resources:	
Required prescribed books (methodological, if any)	1- The Guide to Teaching and Learning Swimming Skills, Yassein Habeeb Azzal.
Supporting books and references (scientific journals, reports)	1- Daily reports. 2- Review of research, theses, and university dissertations in swimming.
Electronic websites and references	1- Electronic scientific journal websites. 2- Sports websites related to swimming and water games. 3- University of Basrah - Faculty Members Portal.

University of Basrah
College of Physical Education and Sports
Sciences

Course Description - Track and Field
First Stage (2025-2026)
(2026-2025)

1. Course Name:	
Track and Field	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(4) hours weekly - (120) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Prof. Dr. William Louis William william.william@uobasrah.edu.iq 2- Assoc. Prof. Dr. Ansam Khazal Jabbar anssam.kazal@uobasrah.edu.iq 3- Lect. Ali Hani Abdul Waleed ali.hani@uobasrah.edu.iq	
8. Course Objectives:	
1- Introduce the concept of track and field and its importance in the sports and educational fields. 2- Identify the basic rules and laws of track and field events. 3- Teach and master the basic skills of running, jumping, and throwing events. 4- Identify correct technical performance for different track and field events. 5- Identify the stages of technical performance and instructional steps for each event. 6- Develop the ability to analyze and correct technical performance errors. 7- Enable students to apply the basic organizational and officiating rules of competitions.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Enable students to identify the technical stages. A2- Enable students to acquire knowledge and understanding in addressing the research problem. A3- Enable students to review the library and obtain necessary sources for track and field. A4- Enable students to select new topics in track and field.
B- Course-specific Skill Objectives	B1- Teach and study each event and identify its technical stages. B2- Teach students the steps for learning the technical stages. B3- Teach students the importance of other sports and their relationship to track and field. B4- Teach how to consult important scientific sources in track and field.
C- Affective and Value Objectives	C1- Enhance the cognitive value of the course through discussions. C2- Improve students' teaching efficiency in physical education lessons through exchange of opinions. C3- Develop affective aspects through sports competitions and a sense of responsibility toward others.

D- Teaching and Learning Methods	D1- Provide students with the basic concepts of track and field. D2- Explain and clarify the course topics. D3- Use practical application to explain and understand the technical stages.
E- Skills	E1- Participation in daily preparation. E2- Present questions and problems in track and field. E3- Daily examinations. E4- Semester and annual examinations.

10- Course Structure:

Week	Hours	Required Learning Outcomes	Learning Method	Assessment Method	Assessment Method
1	4	Requirements that help reach high levels in the 100 m event and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination
2	4	Practical application of the technical stages.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
3	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
4	4	Rules specific to the event.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
5	4	Requirements that help reach high levels in the high jump and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
6	4	Practical application of the technical stages of the high jump.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
7	4	Rules specific to the event.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
8	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
9	4	Theoretical review.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
10	4	Examination.	1- Lecture explanation using visual aids		

			2- Practical application of selected educational units 3- Cooperative and active learning		
11	4	Requirements that help reach high levels in the javelin throw and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
12	4	Explain the technical stages without the implement.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
13	4	Complete practical application of the technical stages.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
14	4	Clarify the rules of the event.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
15	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
16	4	Requirements that help reach high levels in the long jump and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
17	4	Practical application.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
18	4	Theoretical.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
19	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
20	4	Requirements that help reach high levels in the shot put and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
21	4	Explain the technical stages without the implement.	1- Lecture explanation using visual aids 2- Practical application of selected educational units		

			3- Cooperative and active learning		
22	4	Practical application.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
23	4	Theoretical.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
24	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
25	4	Requirements that help reach high levels in the 4 x 100 m event and achieve sporting performance.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
26	4	Practical.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
27	4	Theoretical.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
28	4	Examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
29	4	Theoretical review.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		
30	4	Second-semester examination.	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning		

11- Course Assessment:

25 marks for monthly practical, theoretical and daily examinations in the first semester. 25 marks for the second semester. 50 marks for the final examination (30 practical, 20 theoretical).

12- Learning and Teaching Resources:

Required prescribed books (methodological, if any)	- Methodological textbook. - Supporting textbook.
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Supporting books and references (scientific journals, reports)	1- Daily reports. 2- Review of research in track and field.
Electronic websites and references	1- Electronic scientific journal websites. 2- Sports websites related to track and field events. 3- University of Basrah - Faculty Members Portal.

University of Basrah
College of PE & Sport Sciences

Weightlifting Course Description
First Stage 2025 - 2026

1	Course Name:		
	Weightlifting		
2	Course Code:		
3	Semester / (Semester - Annual)		
	Annual		
4	Date of this Description		
	1-9-2025 for the Academic Year (2025 - 2026)		
5	Available Attendance Mode:		
	Daily attendance according to the weekly lecture schedule		
6	Total Study Hours / Total Units:		
	(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually		
7	Course Instructor(s) (if more than one, list all)		
	Prof. Dr. Hassan Farhan Alwan (hassan.alwan@uobasrah.edu.iq)		
	Prof. Dr. Sabah Mahdi Kareem (sabah.kareem@uobasrah.edu.iq)		
	Lect. Dr. Hassan Saad Shalak (hassan.saad@uobasrah.edu.iq)		
8	Course Objectives:		
	1- Teach students the basic techniques of weightlifting (Snatch - Clean and Jerk). 2- Teach students the international rules of weightlifting. 3- Teach students how to perform the technical phases of the Snatch. 4- Teach students how to perform the technical phases of the Clean and Jerk.		
9	Course Outcomes, Teaching and Assessment Methods		
	<table border="1"> <tr> <td> A-1. Introduce students to the most important rules of weightlifting. A-2. Enable students to acquire knowledge and understanding of the requirements of weightlifting. A-3. Enable students to use the library to obtain sources related to weightlifting. A-4. Enable students to select topics that serve the university and college within the specialization. </td> <td> A- Cognitive Objectives </td> </tr> </table>	A-1. Introduce students to the most important rules of weightlifting. A-2. Enable students to acquire knowledge and understanding of the requirements of weightlifting. A-3. Enable students to use the library to obtain sources related to weightlifting. A-4. Enable students to select topics that serve the university and college within the specialization.	A- Cognitive Objectives
A-1. Introduce students to the most important rules of weightlifting. A-2. Enable students to acquire knowledge and understanding of the requirements of weightlifting. A-3. Enable students to use the library to obtain sources related to weightlifting. A-4. Enable students to select topics that serve the university and college within the specialization.	A- Cognitive Objectives		

B-1. Teach students the Snatch. B-2. Teach students the Clean and Jerk. B-3. Teach students exercises specific to the Snatch and Clean and Jerk. B-4. Teach students general and auxiliary exercises for the competition lifts.	B- Course-Specific Skill Objectives:
C-1. Develop students' confidence in applying theoretical knowledge of weightlifting through practical practice. C-2. Reinforce sporting values related to learning situations and proper conduct in weightlifting. C-3. Develop students' teaching abilities and positive attitudes toward active participation and expressing opinions during group activities. C-4. Instill responsibility and belonging through participation in competitions while observing rules and sportsmanship.	C- Affective and Value Objectives:
D-1. Explain the course topics and terminology. D-2. Provide students with the basic concepts of the competition lifts. D-3. Explain the technique of the competition lifts through practical application of the basic skills.	D- Teaching and Learning Methods:

10 Course Structure

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Evaluate students through assignments and skill performance 2- Theoretical and practical semester and final	1- Lecture explanation using visual aids 2- Practical application of selected instructional units through exercises and programs	Weightlifting Theory/Practice	Historical overview of weightlifting worldwide and in Iraq	2	1
		International rules of weightlifting - other sources	Introduction and establishment of the international, Arab, and Iraqi weightlifting federations	2	2
		Weightlifting Theory/Practice	Physical preparation	2	3
		International Weightlifting Rules - Other Sources	Weightlifting competition systems with a theoretical explanation of the sport and its rules	2	4

examinations 3- Report assessment 4- Practical exam on the technical performance of the Snatch and Clean and Jerk	3- Cooperative and active learning		Types of barbell grips in weightlifting	2	5
			Technical performance phases of the Snatch	2	6
			Physical qualities required for a weightlifter (Strength: definition, types, influencing factors, and methods of development)	2	7
			Speed: definition, types, influencing factors, and methods of development	2	8
			Endurance and flexibility: types, development methods, and examples of muscular development	2	9
			First-semester theoretical exam	2	10
			Movement sequence of the Snatch	2	11
			Teaching the Snatch from the squat position and from supports	2	12
			Common errors in learning the Snatch and corrective exercises	2	13
			Theoretical exam	2	14

			Semester practical exam - Snatch	2	15
			Technical performance phases of the Clean and Jerk	2	16
			Movement sequence of the Clean and Jerk	2	17
			Common errors in learning the Clean and Jerk and corrective exercises	2	18
			Factors affecting the lift	2	19
			Competition and semi-competition exercises	2	20
			Weight categories in weightlifting, lifter equipment and clothing, and an overview of referees and their preparation	2	21
			Teaching preparation for the Jerk	2	22
			Weightlifting equipment	2	23
			Performing the Jerk	2	24
			Theoretical test	2	25

			Performing a complete training session	2	26
			How to organize a training session	2	27
			Explanation of international rules	2	28
			Second-semester theoretical exam	2	29
			Final practical exam	2	30
10 Course Assessment					
Distribution: First semester: 25 marks for monthly and daily examinations (10 marks theoretical and 15 marks practical). Second semester: 25 marks for monthly and daily examinations (10 marks theoretical and 15 marks practical). Final theoretical exam: 20 marks. Final practical exam: 30 marks.					
11 Learning and Teaching Resources					
			Required prescribed textbooks (if any)		
1- Theory and Practice in Weightlifting. 2- International Weightlifting Rules and Regulations. 3- Weightlifting: Fitness for All Sports.			Main References (Sources)		
Weekly reports and homework assignments related to the course.			Recommended supporting books and references (journals, scientific publications, reports, etc.)		
Internet resources and exercises available online University of Basrah website - Faculty Members Portal			Electronic References and Internet Websites		

University of Basrah
College of Physical
Education and Sport

اللغة – Course Description
Language
First Stage (2025-2026)

1- Course Name:	
English Language	
2- Course Code:	
3- Semester: (Semester - Annual)	
Annual	
4- Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6- Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7- Course Instructor(s) (if more than one, list all)	
Asst. Lecturer Osama Riyadh Lazim Osama.lazim@uobasrah.edu.iq	
8. Course Objectives:	
1. Develop and improve students' English language proficiency. 2. Teach vocabulary related to sports and games, particularly football, basketball, volleyball, and swimming. 3. Develop reading and comprehension skills in English. 4. Teach general conversation skills. 5. Develop listening skills. 6. Teach some basic English grammar rules.	
9- Course Outcomes and Teaching, Learning, and Assessment Methods:	
A- Knowledge and Understanding A1- Enable students to conduct expected conversations on sports topics and situations. A2- Enable students to acquire knowledge and understanding of sports vocabulary in English. A3- Enable students to develop the basics of conversation in English. A4- Enable students to increase their knowledge of football in English.	A- Cognitive Objectives
B1- Teach and develop English listening skills. B2- Teach students and develop their English reading skills. B3- Teach students to speak English, especially in sports situations. B4- Teach how to use English with correct grammar.	B- Course-Specific Skill Objectives
C1- Theoretical materials foster students' awareness of cognitive aspects and how to apply them practically.	C- Affective and Value Objectives

C2- Enhance the cognitive value of course materials through discussions. C3- Improve students’ teaching efficiency and capabilities in physical education classes through exchanging opinions. C4- Enhance students’ affective aspects through sports competitions and a sense of responsibility toward others.					
1- Delivering scientific lectures. 2- Using illustrations and shared audio conversations. 3- Using modern presentation methods (Data Show), models, and written presentations.			D- Teaching and Learning Methods		
E1: Listening Skill – Train students to understand lectures and audiovisual materials specialized in sports and physical training, enhancing their ability to follow global scientific developments in physical education. E2: Speaking and Communication Skill – Enable students to express ideas and discuss sports topics in English, and simulate practical situations such as giving field instructions, explaining exercises, and communicating with international coaches and players. E3: Reading Skill – Develop students’ ability to read English sports articles, research, and reports, analyze their content, and relate it to practical applications in physical education. E4: Writing Skill – Develop the ability to write reports, summaries, and training plans in English, focusing on specialized physical-education terminology in an academic and professional style.			E- Skills		
10- Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
Questions and discussion by the instructor and students	Brainstorming questions Use of Data Show screen	Importance of studying English and its impact on the field of sports in particular	Introduction to the course and assessment method	2	1
		Sports Terms	Identify the most important English terms related to sports games	2	2
		How to write personal information in English	Personal Information	2	3
		How to distinguish, understand, and use English tenses in daily life and especially in the classroom	Tenses in English	2	4
		Explanation and clarification of the past simple tense	Past Simple Tense	2	5

		Explanation and clarification of the past simple tense	Past Simple Tense	2	6
		Explanation and clarification of the future simple tense	Future Simple Tense	2	7
		General football terminology	General Terms – Football Vocabulary	2	8
		Identify basketball player positions	Basketball Players' Positions	2	9
		Learn the 10 basketball shots in English	Basketball Shots	2	10
		Learn the roles of football players in English	Football Players' Jobs	2	11
		Explain, learn, and memorize irregular verbs; e.g., Go becomes Went	Irregular Verbs in English	2	12
		Learn the correct translation of sports terminology	Translation of Sports Terms	2	13
		Midterm Exam	Conduct a monthly exam to assess students' level	2	14
		Encourage students to read instructions before answering in English	Instructions	2	15
		Encourage students to read instructions before answering in English	Adverbs	2	16
		Discuss basketball court details in terms of shape and dimensions	Basketball Court Details	2	17
		Teach basketball violations: traveling, double dribble, carrying, and second violation	Basketball Fouls	2	18

		Teach football violations: fouls, offside, time wasting, and dangerous play	Football Fouls	2	19
		Teach formal and informal greetings	Greetings	2	20
		Teach students how to introduce themselves for the first time in English	Introduction	2	21
		Teach students about apologizing, which is important when making a mistake; e.g., "I am sorry."	Apology	2	22
		Verbal exchange between two or more people, especially students of the College of Physical Education and Sport Sciences	Conversations	2	23
		Writing in English is an important skill that helps students express their ideas and share information	Writing	2	24
		Teach students correct reading in English to help them learn the language and correct pronunciation	Reading	2	25
		Train students in listening, an important skill that supports correct pronunciation and the use of sentences in real-life situations	Listening	2	26
		Cambridge Dictionary: Help students understand written texts and identify new ideas and vocabulary	Vocabulary	2	27
		Practice Makes Perfect	Question and Answer	2	28

		English Conversation Made Natural	Presentation Skills	2	29
		Final Exam	Final theoretical examination	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) First Semester - (25) Second Semester - (50) Third Semester					
12- Learning and Teaching Resources:					
New HEADWAYPLUS by John and Liz Soars, for beginner			Required textbooks (methodological, if any)		
FOOTBALL English by Tom Challenger			Supporting books and references recommended (scientific journals, reports)		
Books: New HEADWAYPLUS by John and Liz Soars, for beginner Official curriculum taught at 40% ENGLISH FOR FOOTBALL by Alan Redmond and Sean Warren Sports curriculum taught at 60% FOOTBALL English by Tom Challenger Supplementary curriculum Specialized Academic Sports Dictionary for Sport Sciences and Games			Websites and electronic references		

University of Basrah
College of Physical
Education and Sports

- Course Description
Computers First Stage
(2026-2025)

1. Course Name:	
Computers 1	
2. Course Code:	
Computers 1	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Lect. Dr. Hilmi Hamza Abbas hilmi.abbas@uobasrah.edu.iq	
8. Course Objectives:	
1- Teach students the fundamentals of computer science. 2- Introduce students to computer components. 3- Provide practical training on the most important office applications.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Enable students to understand the computer, its components, and the use of office applications. A2- Provide learners with functional knowledge in the field of computers. A3- Develop learners' mental abilities, especially creative-thinking abilities.
B- Course-specific Skill Objectives	B1- Help learners develop positive attitudes toward information technology in general and remove the barrier of apprehension. B2- Train students to work as a team through the practice of computer technologies.
C- Affective and Value Objectives	C1- Develop a love of technological exploration by encouraging curiosity about computer components and their varied uses. C2- Build self-confidence by enabling students to use computers and applications and interact with the digital world. C3- Build a positive emotional relationship with technology so the computer is seen as a useful and appealing tool. C4- Foster self-motivation for learning and keeping pace with technological developments.
D- Teaching and Learning Methods	D1- Lecture method (presentation). D2- Student-centered learning methods. D3- Interactive methods: dialogue, discussion, problem solving and reports. D4- Modern teaching methods, including blended e-learning.
E- Skills	E1- Awareness of the importance of technology in daily life and the role of computers in education, medicine, engineering and the arts. E2- Ethical computer use, including respect for privacy and appropriate use of software.

	E3- Digital responsibility: being an aware and responsible user of the Internet and digital applications. E4- Cooperation and participation through collaborative computer projects and exchange of technical knowledge.
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10- Course Structure:

Week	Hours	Required Learning Outcomes	Learning Method	Assessment Method	Assessment Method
1	2	Introduction to Computer Science	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	1- Evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in applying exercises	1- Evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in applying exercises
2	2	Purpose of Studying the Course + video clip about technology	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
3	2	Definition of the Computer	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
4	2	Computer Features	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
5	2	Electronic Data Processing Triangle + Computer Concepts	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
6	2	How a Computer Works	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
7	2	Examples	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
8	2	Computer Generations	1- Lecture explanation using visual aids 2- Practical application of		

			selected educational units through exercises and programs 3- Cooperative and active learning		
9	2	Computer Classification and Types with Uses	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
10	2	Computer Components and Parts	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
11	2	Hardware Components	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
12	2	Processing Unit and Its Parts	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
13	2	Continuation of the Processing Unit	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
14	2	Input Devices and Types	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
15	2	Output Devices	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
16	2	Storage Devices	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs		

			3- Cooperative and active learning		
17	2	Computer Case	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
18	2	Software Components	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
19	2	Operating System	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
20	2	Operating System Classification	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
21	2	Types of Operating Systems	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
22	2	File and Its Format	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
23	2	Windows	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
24	2	Windows Interface	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
25	2	Algorithms	1- Lecture explanation using visual aids		

			2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
26	2	Office Applications	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
27	2	Microsoft Word	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
28	2	Microsoft Excel	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
29	2	Microsoft PowerPoint	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		
30	2	Practical Applications 1	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning		

11- Course Assessment:

Grades are distributed as follows: 25 marks for monthly, daily and practical examinations in the first semester; 25 marks for monthly, daily and practical examinations in the second semester; 50 marks for final examinations.

12- Learning and Teaching Resources:

Required prescribed books (methodological, if any)	1- Fundamentals of Computers and Office Applications (Part One). 2- Fundamentals of Computers and Office Applications (Part Two).
Supporting books and references (scientific journals, reports)	1- Learn Microsoft Office (Microsoft). 2- Microsoft educational websites. 3- Forums for learning office applications for beginners and professionals
Electronic websites and references	www.Microsoft.com www.Youtube.com

**University of Basrah
College of Physical
Education and Sports
Sciences**

**Course Description - Human
Rights First Stage (2026-2027)
(2027-2026)**

1. Course Name:	
Human Rights	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2026 for the Academic Year (2026-2027)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Prof. Dr. Firas Hassan Abdul Hussein firmas.hasan@uobasrah.edu.iq 2- Dr. Mohammad Riyadh Mohammad Mohammad.riyad@uobasrah.edu.iq 3- Prof. Dr. Amer Abbas Essa amer.essa@uobasrah.edu.iq	
8. Course Objectives:	
1- Increase students' knowledge of the theoretical conceptual aspect and historical development of human rights and democracy. 2- Develop students' analytical and critical skills regarding the reality and future of human rights and democracy. 3- Train students on the importance of active participation in public life, strengthening respect for general human-rights principles and participation in political and cultural life. 4- Enable students to understand the importance of education and its role in spreading a culture of human rights and democracy and building a civilized society based on good governance. 5- Promote active participation in governance through free and fair elections.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Understand the main principles, sources and types of prominent human rights and the mechanisms used to protect them. A2- Translate knowledge, experience, values and patterns of behavior into sustained action to defend human rights and address related issues. A3- Develop knowledge of the means by which human rights can be translated into social and political realities. A4- Inform individuals of their personal rights, instill respect for others, and teach report writing in the sports community. A5- Teach students the steps for identifying a social problem.
B- Course-specific Skill Objectives	B1- Adopt, foster and encourage tolerance, respect and solidarity inherent in human rights. B2- Introduce human rights at regional and international levels and the institutions established to implement them. B3- Give appropriate emphasis to economic, social, cultural, civil and political rights, as well as individual and collective rights, recognizing their indivisibility.
C- Affective and Value Objectives	C1- Relate theoretical material to students' awareness of cognitive aspects and their practical application.

	C2- Enhance the cognitive value of course material through classroom discussions. C3- Improve students' teaching efficiency in physical education lessons through exchange of opinions. C4- Develop students' affective aspects through classroom discussions.
D- Teaching and Learning Methods	D1- Write analytical papers on course topics or related topics directly connected to human rights and democracy. D2- Give appropriate emphasis to economic, social, cultural, civil and political rights, as well as individual and collective rights, recognizing their indivisibility.
E- Skills	E1- Promote understanding, tolerance, gender equality, and friendship among nations, indigenous peoples, and racial, national, ethnic, religious and linguistic groups. E2- Enable all individuals to participate effectively in a free society and support the full development of the human personality and sense of dignity. E3- Promote respect for human rights and fundamental freedoms.

10- Course Structure:

Week	Hours	Required Learning Outcomes	Learning Method	Assessment Method	Assessment Method
1	2	Importance and concept of human rights	Lecture explanation using modern presentation and visual aids	1- Evaluation through assignments and participation 2- In-class activity 3- Monthly, semester and final examinations	1- Evaluation through assignments and participation 2- In-class activity 3- Monthly, semester and final examinations
2	2	Recognize the historical development of human rights and the contributions of Mesopotamian, Greek, Western Christian and Islamic civilizations.	Lecture explanation using modern presentation and visual aids		
3	2	Fields of human rights	Lecture explanation using modern presentation and visual aids		
4	2	Social behavior characteristic of the human being	Lecture explanation using modern presentation and visual aids		
5	2	Characteristics and features of human rights	Lecture explanation using modern presentation and visual aids		
6	2	Awareness and respect for the rights of children with special needs as an important segment of society.	Lecture explanation using modern presentation and visual aids		
7	2	Examination	Lecture explanation using modern presentation and visual aids		
8	2	Democracy and its general principles; linguistic and terminological concepts and related concepts.	Lecture explanation using modern presentation and visual aids		
9	2	Administrative corruption and its types	Lecture explanation using modern presentation and visual aids		
10	2	Sources of human rights	Lecture explanation using modern presentation and visual aids		
11	2	Key points of the Universal Declaration of Human Rights	Lecture explanation using modern presentation and visual aids		
12	2	International Bill of Human Rights	Lecture explanation using modern presentation and visual aids		
13	2	Comprehensive review of the first semester	Lecture explanation using modern presentation and visual aids		
14	2	Legal value of the Universal Declaration of Human Rights	Lecture explanation using modern presentation and visual aids		
15	2	Semester examination	Lecture explanation using modern presentation and visual aids		
16	2	Economic, social and cultural rights; human rights in universities	Lecture explanation using modern presentation and visual aids		
17	2	International Covenant on Civil and Political Rights	Lecture explanation using modern presentation and visual aids		
18	2	International human rights law	Lecture explanation using modern presentation and visual aids		
19	2	Characteristics and features of international human rights law	Lecture explanation using modern presentation and visual aids		

20	2	Human rights in the contemporary era	Lecture explanation using modern presentation and visual aids		
21	2	Second-semester examination	Lecture explanation using modern presentation and visual aids		
22	2	Human rights after World War II	Lecture explanation using modern presentation and visual aids		
23	2	International human-rights instruments	Lecture explanation using modern presentation and visual aids		
24	2	Universal Declaration of Human Rights	Lecture explanation using modern presentation and visual aids		
25	2	Non-governmental organizations defending human rights	Lecture explanation using modern presentation and visual aids		
26	2	Amnesty International	Lecture explanation using modern presentation and visual aids		
27	2	Human rights in Islamic law	Lecture explanation using modern presentation and visual aids		
28	2	Human rights in global human-rights declarations	Lecture explanation using modern presentation and visual aids		
29	2	Human rights in the Constitution of the Republic of Iraq of 2005	Lecture explanation using modern presentation and visual aids		
30	2	Final examination	Lecture explanation using modern presentation and visual aids		

11- Course Assessment:

Grades are distributed as follows: 25 marks for monthly and daily examinations in the first semester; 25 marks for monthly and daily examinations in the second semester; 50 marks for final examinations.

12- Learning and Teaching Resources:

Required prescribed books (methodological, if any)	The ministerial textbook approved by the Department of Planning, Studies and Follow-up.
Supporting books and references (scientific journals, reports)	1- Daily reports. 2- Review of local, Arab and international research in the field of human rights.
Electronic websites and references	1- Electronic scientific websites. 2- University of Basrah - Faculty Members Portal.

**University of Basrah
College of Physical
Education and Sports**

**- Course Description
Anatomy Games First
Stage (2025-2026)**

1. Course Name:	
Anatomy	
2. Course Code:	
3. Semester / Year:	
Annual	
4. Date of Preparing this Description:	
10/08/2025	
5. Available Attendance Format:	
In-person	
6. Total Study Hours / Total Units:	
60 hours / 2 units per week	
7. Course Coordinator(s), if more than one name is mentioned:	
Name: Prof. Dr. Luay Kadhim Mohammed Email: luay.mohammad@uobasrah.edu.iq Name: Prof. Dr. Qusai Saleh Malallah Email: qusai.mallalah@uobasrah.edu.iq Name: Lect. Dr. Ali Kheoon Tarish Email: lec.ali.kheoon@uobasrah.edu.iq Name: Lect. Dr. Amani Alaa Abbas Email: amany.alaa@uobasrah.edu.iqluay_mohammad@uobasrah.edu.iq	
8. Course Objectives	
* Study the human body, its functions and vital organs, and relate this knowledge to the sports field. * Study anatomy and its relationship with other sciences such as sports injuries, physiotherapy, sports training, biomechanics, massage science, and related disciplines.	Course Objectives
9. Anatomy Teaching Strategies	
- Explain the material using models, images, and videos for each system or organ of the human body. - Use supporting devices, teaching aids, and video presentations. - Use teaching aids such as a skeleton model and explain it in front of the students.	Strategies

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10. Course Structure				
Assessment Method	Teaching Method	Unit / Topic	Hours	Week
Exam	Explanation and Presentation	Anatomy: General Concept	2	1
Exam	Explanation and Presentation	Types of Anatomy and Comparison with Examples	2	2
Exam	Explanation and Presentation	Bones (Bone Structure, Composition, and Formation)	2	3
Exam	Explanation and Presentation	Types of Bones by Shape and Size	2	4
Exam	Explanation and Presentation	The Skeleton (Divisions of the Human Skeleton: Axial Skeleton, Upper Limb, Lower Limb)	2	5
Exam	Explanation and Presentation	Vertebral Column - Description of the Vertebral Column	2	6
Exam	Explanation and Presentation	Typical Vertebra and Intervertebral Discs: Structure and Function	2	7
Exam	Explanation and Presentation	Thoracic Cage (Components and Functions)	2	8
Exam	Explanation and	Pelvis (Components and Functions)	2	9

	Presentati on			
Exam	Explanatio n and Presentati on	Upper Limb (Bones of the Shoulder Girdle)	2	10
Exam	Explanatio n and Presentati on	Clavicle (Structure and Functions)	2	11
Exam	Explanatio n and Presentati on	Scapula (Structure, Functions, Movement, and Muscle Action)	2	12
Exam	Explanatio n and Presentati on	Forearm Bones (Radius and Ulna)	2	13
Exam	Explanatio n and Presentati on	Elbow Joint (Structure and Movements)	2	14
Exam	Explanatio n and Presentati on	Classification of Joints According to Range of Motion	2	15
First-Semester Theoretical Exam				
Exam	Explanatio n and Presentati on	Wrist Joint (Carpal Bones and Their Structure)	2	16
Exam	Explanatio n and Presentati on	Lower Limb (Pelvic Girdle)	2	17
Exam	Explanatio n and Presentati on	Femur and Leg Bones (Tibia and Fibula)	2	18

Exam	Explanation and Presentation	Knee Joint (Structure, Anatomical Components, and Functions)	2	19
Exam	Explanation and Presentation	Knee Joint Movements and Muscles	2	20
Exam	Explanation and Presentation	Ankle Joint (Structure and Components)	2	21
Exam	Explanation and Presentation	Foot Arches and Distribution of Body Weight	2	22
Exam	Explanation and Presentation	Head (Head Movements and Skull Bones)	2	23
Exam	Explanation and Presentation	Joints (Joint Structure and Types of Joints)	2	24
Exam	Explanation and Presentation	Synovial Joints (Types and Movements)	2	25
Exam	Explanation and Presentation	Classification of Joints According to Range of Motion	2	26
Exam	Explanation and Presentation	Muscles (Types of Muscles and Muscle Structure)	2	27
Exam	Explanation and Presentation	Mechanism of Muscle Attachment to Bones	2	28

Exam	Explanation and Presentation	Muscle Origin and Insertion	2	29
Exam	Explanation and Presentation	Explanation of the Major Muscles of the Lower Limb	2	30
Exam	Explanation and Presentation	Integration of Bones, Joints, and Muscles in Movement	2	31
Key Anatomy Terms in English			2	32
Comprehensive Review of the Course			2	33
Second-Semester Theoretical Exam			2	
11. Course Assessment				
The grade is distributed out of 100 according to assigned student tasks such as daily preparation, daily, oral, monthly and written examinations, reports, etc., as follows: First-semester exam (25 marks), second-semester exam (25 marks), and final exam (50 marks).				
12. Learning and Teaching Resources				
			Required Textbooks (if any)	
- Anatomy. Qais Ibrahim Al-Douri, 2006. -			Main References (Sources)	
			Recommended Supporting Books and References (scientific journals, reports, etc.)	
			Electronic References / Websites	

**University of Basrah
College of PE & Sport
Sciences**

**Course Descriptions:
Philosophy and History of
Mathematics – First Year
(2026–2025)**

1. Course Name:
Physical Education and Sport: Philosophy and History - First Stage
2. Course Code:
3. Semester: (Semester - Annual)
Annual
4. Date of this Description:
1-9-2025 for the Academic Year (2025-2026)
5. Available Attendance Format:
Daily attendance according to the weekly lecture schedule
6. Total Study Hours - Total Units
(2) hours weekly - (60) hours annually / (120) units annually
7. Course Coordinator(s), if more than one name is mentioned
1- Zainab Sabah Ibrahim Raafat zainab.sabah@uobasrah.edu.iq 2- Asst. Lect. Wed Saeed Taher Ali Al-Mousawi wed.saeed@uobasrah.edu.iq
8. Course Objectives:
• Identify the origins and historical development of physical education and sport through the ages. • Understand the philosophical foundations of physical education and relate them to educational and social concepts. • Highlight the role of physical education in developing the individual and society. • Identify the contributions of thinkers and philosophers to the development of physical education and sport. • Develop the ability to analyze sports issues from philosophical and historical perspectives. • Promote awareness of the human and ethical values embodied in physical education and sport. • Link Arab, Islamic, and global sporting heritage with contemporary sport.

9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1. Acquire theoretical and intellectual knowledge of the roots of physical education and its philosophical and historical dimensions, not only practical practice. A2. Identify the historical development of physical education through ancient, medieval, modern, and contemporary periods. A3. Understand major educational philosophies (idealism, realism, naturalism, pragmatism, etc.) and their relationship to physical education. A4. Recognize the role of physical education in shaping individuals and society in the past and present. A5. Become familiar with major thinkers and philosophers who contributed to the foundations of physical education and sport.	A. Cognitive Objectives
B1. Analyze the development of physical education and sport across historical periods. B2. Distinguish major philosophical trends and explain their impact on physical education. B3. Practice critical thinking when discussing sports issues from philosophical and historical perspectives. B4. Use scientific sources and references in academic research on the philosophy and history of sport. B5. Prepare oral and written reports and presentations related to historical and philosophical concepts in physical education. B6. Compare ancient and contemporary sports systems and practices and derive educational conclusions. B7. Promote positive values and attitudes related to sporting heritage and philosophical thought in physical education.	B. Course-Specific Skill Objectives

C1. Develop awareness of sport as a means of comprehensive education: physical, mental, social, and emotional. C2. Strengthen appreciation of Arab, Islamic, and global sporting heritage. C3. Foster positive attitudes toward sport as a human right and a community culture.	C. Affective and Value Objectives
1. Scientific lectures. 2. Illustrations and video presentations. 3. Modern presentation tools (Data Show), models, and written presentations.	D. Teaching and Learning Methods
1. Analyze the philosophical foundations of physical education and sport and relate them to educational and social values. 2. Trace the historical development of physical education and sport across civilizations and relate it to contemporary reality. 3. Develop critical-thinking skills in understanding theories and trends influencing sport. 4. Apply historical and philosophical knowledge to guide educational and sports practices scientifically.	E. Skills
10. Course Structure:	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
Questions are posed and discussed by the instructor and students.	1. Use brainstorming questions. 2. Use the Data Show screen to present the lecture.	Importance of Studying the History of the Sports Movement	Introduce students to the meaning of history and the importance of studying sports history and the philosophy of physical education in primitive societies.	2	1
Questions are posed and discussed by students and the instructor.	The instructor explains the material with student participation.	Purpose of Studying the History of Physical Education	Guide members of society to practice physical and sports activity individually and collectively. 2. Reinforce ethical and educational values. 3. Maintain health and avoid doping.	2	2

Assign students homework to write a report on Mesopotamian civilization.	1. Use feedback. 2. Present the lecture on screen with images of discovered artifacts.	Physical Education in Ancient Iraqi Civilization	Recognize the importance of studying Mesopotamian civilization, the aims of education in ancient Iraq, and discovered artifacts depicting sports scenes.	2	3
Questions are posed and discussed by students and the instructor.	1. Use feedback. 2. The instructor explains the material with student participation.	Purposes of Physical Education in Ancient Iraq	Physical education in ancient Iraq served several purposes, including military, environmental, religious, and recreational purposes.	2	4
Student self-assessment through preparation for the next lecture.	Use brainstorming, followed by explanation of the material.	Discovered Artifacts Depicting Sports Scenes	Many artifacts from the Sumerian, Babylonian, and Assyrian periods depict sports scenes representing various activities, including wrestling and horse riding.	2	5

Student self-assessment through preparation for the next lecture.	Explain the material clearly and simply, using feedback.	Education and Sport in Ancient Iraq	Ancient Iraqis valued writing, recorded their daily lives, promoted education, established many schools, and used some palaces as private libraries.	2	6
Questions are posed and discussed by students and the instructor.	Use feedback; the instructor explains the material with student participation.	Sport, Literature, and Music in Ancient Iraq	Ancient Iraqis valued literature and music and wrote many stories, epics, and poems.	2	7
Assign students homework to write a report on Mesopotamian civilization.	The instructor explains the material with student participation to increase engagement.	Sport and Festivals in Ancient Iraq	Mesopotamian civilization knew many forms of celebrations and festivals held on national, religious, and military occasions.	2	8
Ask students questions and discuss them to assess their understanding.	Use brainstorming, then explain the material with student participation.	Physical Education in Ancient Egypt	Learn about Nile Valley civilization, discoveries in ancient Egypt, social classes, educational aims, and discovered games.	2	9
Students prepare a report combining the previous and current lectures.	1. Feedback on the previous lecture. 2. Detailed explanation with images of ancient Chinese civilization.	Physical Education in Ancient China	Chinese civilization is one of the oldest human civilizations and preserved its cultural character for thousands of years. The lecture covers educational aims	2	10

			before and after the Zhou dynasty.		
Conduct a quick daily quiz to assess students' level and understanding.	Present the lecture on screen with supporting images and evidence, accompanied by the instructor's explanation.	Physical Education in Ancient India	Ancient Indian civilization was important because of its relations with the Nile Valley, Mesopotamia, and Persia; the lecture also covers castes and social classes in Indian society.	2	11
Ask students questions after completing the lecture explanation.	Pose a brainstorming question and discuss it with students and the instructor.	Physical Education in Persia	Learn about Persian civilization and the stages of physical education in Persia.	2	12
Indirect assessment through student preparation for the next lecture.	Use feedback from the previous lecture, then explain the current lecture.	Physical Education among the Greeks / Physical Education in the Homeric Age	The Greeks were Indo-European-speaking peoples of diverse origins. The lecture covers education in the Homeric age, its aims, and characteristics.	2	13
Correct exam papers and evaluate students' answers.	Conduct the exam through a set of questions on previous lectures.	Semester Exam	Conduct a monthly exam to assess students' level.	2	14
Ask students questions to assess their understanding of the lecture.	The assigned student presents the lecture with assistance from the course instructor.	Physical Education in Sparta	Learn about the educational system in Sparta and the training programs	2	15

			established by the state.		
Pose a set of questions for students to answer.	The course instructor explains the lecture with student participation.	Physical Education in Athens	Learn about physical education in the first and second Athenian periods and the stages of learning in each.	2	16
Distribute a questionnaire to measure students' satisfaction with the history lecture.	Feedback followed by lecture explanation.	Hellenic National Games, Olympic Competitions, Palaestra, and Gymnasium	For sports practice, learning was divided into several stages, each given a specific name.	2	17
Ask questions about the previous and current lectures.	Explain the material with illustrative images from that historical period.	Philosophers in the Second Athenian Period	Many philosophers appeared in this period, including Plato, Aristotle, and Xenophon.	2	18
Students prepare the next lecture.	Present the lecture on screen with accompanying images.	Physical Education in the Ancient Roman Era	Ancient Romans emphasized physical education and military preparation, especially to develop strong young men.	2	19
Discuss questions posed by students and the instructor.	The prepared student explains the lecture, supported with images.	Games and Sports Activities in the Ancient Roman Era	Many activities and games appeared, including handball, Trigon, and Spheromachia.	2	20

Answer and discuss students' questions.	Use feedback and then explain the lecture.	Physical Education in the Later Roman Era - Invading Barbarians (Teutons)	Expansion of the Roman Empire, its contact with ancient Eastern and Western civilizations, and the causes of its fall.	2	21
Conduct a surprise daily quiz to assess students' understanding.	Review the previous lecture and connect it with the current one using evidence and illustrative images.	Physical Education in the Early Christian Era	The birth of Jesus Christ, the emergence of Christianity in the Roman era, and the call to belief in one God.	2	22
Ask students to briefly review the previous lecture, discuss the current lecture, and share their opinions.	Briefly review the previous lecture and connect it with the current lecture as a continuation.	General Education without Physical Education in Medieval Universities	During this period, monks opposed physical education and prohibited aesthetic physical activities.	2	23
The instructor poses questions for students to discuss.	1. Give quick feedback on previous lectures. 2. Explain the new lecture with supporting images.	Aim of Physical Education in the Age of Chivalry	Since ancient times, peoples practiced vigorous exercises for military preparation; in the Middle Ages, cavalry became a main pillar of fighting forces.	2	24
Conduct a quick daily quiz on previous and current lectures.	Give a simplified explanation and connect it with the current lecture.	Physical Education in the Age of Chivalry	The aim of physical education in the age of chivalry was to prepare knights to defend themselves, the	2	25

			church, and their ideals, and to prepare youth for military life.		
Provide a set of questions for students to discuss.	Present the lecture using PowerPoint with explanatory commentary.	Physical Education in the Pre-Islamic Era	The family and tribe played the primary role in educating the Bedouin child under parental guidance.	2	26
Conduct a daily quiz to determine students' understanding of the lecture.	Use feedback and then connect the previous lecture with the current one.	Physical Education in the Islamic Era	The aims of education in the Islamic era were religious and worldly, preparing the individual for life in this world and the hereafter.	2	27
Students write a report about the lecture.	Pose a brainstorming question, then explain the lecture.	Physical Education in European Countries after 1800	Among the leading figures who sought to spread individual humanist concepts was the Italian Vittorino da Feltre, who helped shape humanistic education into an organized educational form.	2	28
Provide a questionnaire to measure students' satisfaction with the history lecture.	Explain the lecture with relevant images and supporting evidence.	The Modern Olympic Movement	The revival of the Olympic Games was associated with the Frenchman Pierre de Coubertin, who recognized in his youth that the development of sport in France	2	29

			lagged behind neighboring countries, especially Germany and England.		
Correct papers and assign grades to students.	Conduct the final semester examination.	Exam	Final Theoretical Exam	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester, (25) marks for the second semester, and (50) marks for the third/final component.					
12. Learning and Teaching Resources:					
Physical Education and Sport: Philosophy and History (Course Textbook)				Required Textbooks (if any)	
Hassan Naji Mahmoud Al-Rubaie				Recommended Supporting Books and References (scientific journals, reports)	
https://sjph.journals.ekb.eg/?utm_source=chatgpt.com 1. Journal of Sports Sciences / Minia University; Journal of Sports Sciences and Physical Education Applications / South Valley University				Electronic Websites and References	

**University of Basrah
College of Physical
Education and Sports**

**Physical Fitness Course
Description
First Stage (2025-2026)**

:Course Name -1	
Physical Fitness	
:Course Code -2	
Semester: (Semester – Annual) -3	
Annual	
:Date of this Description -4	
for the Academic Year (2026-2027) 2026-9-1	
:Available Attendance Mode -5	
Daily attendance according to the weekly lecture schedule	
Total Study Hours - Total Units -6	
hours weekly - (60) hours annually / (4) units weekly - (120) units annually (2)	
Course Coordinator(s) (if more than one, list all) -7	
Instructor: Asst. Prof. Dr. Sanaa Ali Ahmed Email: sana.ali@uobasrah.edu.iq	
:Course Objectives .8	
.Define physical fitness, its importance, components, and types -1 .Explain how to perform aerobic and anaerobic exercises -2 .Teach students to perform aerobic, anaerobic, and cardio exercises -3 .Teach students to design aerobic exercise sets and how to train them -4	
:Course Outcomes and Teaching, Learning, and Assessment Methods -9	
A1- Enable students to acquire knowledge in .physical fitness science A2- Enable students to acquire the knowledge .needed to work effectively as fitness trainers A3- Enable students to understand the different .types of aerobic exercises A4- Enable students to understand the practical .application of physical fitness exercises	A- Cognitive Objectives
B1- Acquire knowledge of concepts in physical .fitness science B2- Acquire knowledge of exercise types and .how to apply them	B- Course-Specific Skill Objectives

B3- Develop the ability to identify good posture .and its relationship to various exercises B4- Develop interaction and information .exchange with fitness trainers B4- Develop interaction and exchange of .information in sports training					
'C1- Theoretical material develops students awareness of knowledge aspects and their .practical application C2- Enhance the cognitive value of course material through discussion and practical .application C3- Improve students' teaching competence in physical education classes through exchanging .views C4- Enhance students' affective development through sports competitions and a sense of responsibility toward .others			C- Affective and Value Objectives		
.Delivering academic lectures -1 .Using illustrations and live demonstrations -2 ,Using modern presentation tools (Data Show) -3 .models, and written presentation Practical application of exercises and -4 .calculation of training volume			D- Teaching and Learning Methods		
D1- Apply the knowledge acquired in physical .fitness D2- Apply acquired knowledge in the practical .performance of physical fitness exercises D3- Benefit from acquired physical education knowledge in advanced stages of the physical .fitness course D4- Provide students with physical fitness .knowledge for use in daily life			E- Skills		
:Course Structure -10					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week

Assess -1 students through assignments and participation Semester -2 and final theoretical examinations -3 Submission of reports Practical -4 examination in exercise application	Lecture -1 explanation using visual aids Practical -2 application of selected instructional units through exercises and programs -3 Cooperative and active learning	Warm-up	Head and Neck Exercises	2	1
		General Fitness	Arm Exercises	2	2
		Physical Fitness Components	Trunk Exercises	2	3
		Physical Fitness Components	Abdominal and Back Exercises	2	4
		Physical Fitness Components	Practice of Previous Skills	2	5
		Physical Fitness Components	Leg Exercises	2	6
		Aerobic Exercises	Agility Development Exercises	2	7
		Aerobic Exercises	Relaxation Exercises	2	8
		Cardiorespiratory Development Exercises	Strength Development Exercises	2	9
		Cardiorespiratory Development Exercises	Endurance Development Exercises	2	10
		Deep Breathing Exercises	Flexibility Development Exercises	2	11
		Therapeutic Exercises	Stretching Development Exercises	2	12
		Semester Exam	Semester Exam Covering All Previous Topics	2	13
		Review	Comprehensive Review of the First Semester	2	14
		Semester Exam	Comprehensive First-Semester Theoretical Exam	2	15
		Strength Development Exercises	Speed Development Exercises	2	16
		Flexibility Development Exercises	Coordination Development Exercises	2	17

		Speed	Balance Development Exercises	2	18
		Therapeutic Exercises	Accuracy Development Exercises	2	19
		Therapeutic Exercises	Equipment Training Exercises	2	20
		Special Exercises	Warm-up Exercises	2	21
		Special Exercises	Practice of Previous Skills	2	22
		Special Exercises	Ball Exercises	2	23
		Special Exercises	Weight Exercises	2	24
		Special Exercises	Yoga Exercises for Beginners	2	25
		Creative Exercise Set	Step Aerobic Exercises	2	26
		Creative Exercise Set	General Review of the First and Second Semesters	2	27
		General Review	Semester Exam	2	28
		Semester Exam	Final Practical Examination	2	29
		General Review	Final Theoretical Examination	2	30

:Course Assessment .11

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third semester

:Learning and Teaching Resources -12

Laila Zahran. Scientific and Practical .1
 .Foundations of Exercises and Artistic Exercises
 .Dar Al-Fikr Al-Arabi, Cairo, 1997
 Mayouf Dhanon et al. Technical and .2
 Educational Principles of Gymnastics and
 .Physical Exercises. University of Mosul, 1985
 Hani Mohammed Hajar and Dr. Mahmoud .3
 ,Ismail. Sport and Community Health. Cairo
 .2014

Required Textbooks
 (Methodological, if any)

Daily reports -1 Review of research in physical fitness -2	Recommended Supporting Books and References (Scientific (Journals, Reports
.Specialized scientific journal websites -1 .Internet websites related to physical fitness -2 University of Basrah website - Faculty Portal -3	Websites and Electronic References

**University of Basrah
College of Physical
Education and Sports**

**Course Description - Arabic
Language
(2026-2025)**

1. Course Name:	
Arabic Language	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Lect. Dr. Hazim Abdul Latif Abdul Ridha 2- Lect. Dr. Walaa Mahmoud Shakir	
8. Course Objectives:	
1- Teach students the fundamentals of Arabic grammar. 2- Provide a brief overview of the literary eras. 3- Explain some common spelling errors.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Enable students to acquire knowledge of the fundamentals of Arabic grammar. A2- Enable students to acquire knowledge of literary eras. A3- Enable students to understand how to avoid spelling and linguistic errors in writing.
B- Course-specific Skill Objectives	B1- Acquire knowledge of concepts in Arabic linguistics. B2- Acquire knowledge of Arabic grammar and how to apply it in writing. B3- Develop the ability to study and understand Arabic literature across literary eras. B4- Acquire knowledge of common spelling and linguistic errors.
C- Affective and Value Objectives	C1- Enhance the cognitive value of course materials through discussions. C2- Improve students' teaching efficiency in Arabic language classes through exchange of opinions. C3- Develop affective aspects through competitions and a sense of responsibility toward others. C4- Develop affective aspects through competitions and a sense of responsibility.
D- Teaching and Learning Methods	1- Scientific lectures. 2- Use of illustrations and live demonstrations. 3- Use of modern presentation methods (Data Show), models and written presentations.

E- Skills		E1- Apply acquired knowledge in Arabic language and literature. E2- Apply acquired knowledge in studying selected Qur'anic and literary texts.			
10- Course Structure:					
Week	Hours	Required Learning Outcomes	Unit or Topic Name	Learning Method	Assessment Method
1	2	Brief overview of theories on the origin of language	Origin of Language	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination
2	2	Importance of Arabic; how Arabic grammar originated; major Arabic linguists and their works	Importance of the Arabic Language		
3	2	The Holy Qur'an and its relationship to Arabic grammar	The Holy Qur'an		
4	2	Surat Al-Baqarah, verses 260-263	The Holy Qur'an		
5	2	Explanation of the verses and the main principles indicated by them	The Holy Qur'an		
6	2	Surat Al-Hajj, verses 1-5	The Holy Qur'an		
7	2	Explanation of the verses and the main principles indicated by them	The Holy Qur'an		
8	2	The Noble Hadith and its relationship to Arabic grammar	Prophetic Hadith		
9	2	Explanation of a Prophetic Hadith on noble morals and its main principles	Prophetic Hadith		
10	2	Explanation of a Prophetic Hadith on learning the Qur'an and its main principles	Prophetic Hadith		
11	2	Arabic literature: brief overview of literary eras, definition and types	Arabic Literature		
12	2	Pre-Islamic era: definition, characteristics of poetry, major poets, memorization poem	Arabic Literature		
13	2	Islamic era: definition, characteristics of poetry, major poets, memorization poem	Arabic Literature		
14	2	Morphology: definition	Morphology		
15	2	Morphological scale and plurals in Arabic	Morphology		
16	2	Semester test covering all material	Semester Examination		
17	2	Spring Break	Spring Break		

18	2	Arabic dictionaries: brief overview, definition and types	Arabic Dictionaries		
19	2	Meanings of unfamiliar words in the Holy Qur'an	Arabic Dictionaries		
20	2	Methodology of Al-Ayn and Al-Asas dictionaries; practice extracting words	Arabic Dictionaries		
21	2	Common linguistic errors	Arabic Dictionaries		
22	2	Arabic grammar: definition	Arabic Grammar		
23	2	Parts of speech	Arabic Grammar		
24	2	Inflectional signs	Arabic Grammar		
25	2	Declinable and indeclinable words / definite and indefinite nouns	Arabic Grammar		
26	2	Subject and predicate	Arabic Grammar		
27	2	Grammatical operators (Nawasikh)	Arabic Grammar		
28	2	Subject (Fa'il) and its deputy	Arabic Grammar		
29	2	Arabic rhetoric	Arabic Rhetoric		
30	2	Semester test	Semester Examination		
11- Course Assessment:					
Assessment: 25 marks for monthly and daily examinations in the first semester; 25 marks for the second semester; 50 marks for final examinations.					
12- Learning and Teaching Resources:					
Required prescribed books (methodological, if any)		1- The Origin of Arabic Grammar and the History of Its Most Famous Grammarians - Mohammed Al-Tantawi. 2- Sharh Ibn Aqil - Baha al-Din Abdullah ibn Aqil. 3- History of Arabic Literature - Shawqi Dayf. 4- Qul wa La Taqul - Mustafa Jawad.			
Supporting books and references (scientific journals, reports)		1- Daily reports. 2- Review of research in Arabic language.			
Electronic websites and references		1- Specialized scientific journal websites. 2- Websites related to the Arabic language. 3- University of Basrah - Faculty Members Portal.			

University of Basrah
College of Physical
Education and Sports

Course Description - Football
First Stage (2025-2026)
(2026-2025)

1. Course Name:	
Football	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(4) hours weekly - (120) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Prof. Dr. Luay Kadhim Mohammed Email: luay.mohammad@uobasrah.edu.iq 2- Prof. Dr. Wael Qasim Jawad Mohammed Email: wael.jawad@uobasrah.edu.iq 3- Lect. Dr. Ali Khayoon Tarish Email: lec.ali.kheoon@uobasrah.edu.iq 4- Lect. Hothifa Najem Khazal Email: hothifa.najem@uobasrah.edu.iq 5- Asst. Lect. Hussein Abdulghaffar Jawad Email: husein.abdulghaffar@uobasrah.edu.iq	
8. Course Objectives:	
1- Teach students the fundamentals of basic football skills. 2- Explain how to perform skills and exercises. 3- Introduce the history of football. 4- Teach the international laws of football.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Teach students the fundamentals of basic football skills. A2- Explain how to perform skills and exercises. A3- Introduce the history of football. A4- Teach the international laws of football.
B- Course-specific Skill Objectives	B1- Teach the correct stance for performance. B2- Teach students to identify errors associated with game performance. B3- Teach students how to consult important scientific sources related to the game.
C- Affective and Value Objectives	C1- Develop students' awareness of theoretical knowledge and its practical application. C2- Enhance the cognitive value of course material through discussions. C3- Improve students' teaching efficiency in physical education and sports science lessons through exchange of opinions. C4- Develop affective aspects through sports competitions and a sense of responsibility.
D- Teaching and Learning Methods	D1- Provide students with the basic concepts of football. D2- Explain and clarify the course topics. D3- Use practical application to explain, understand and perform the skills.

E- Skills	E1- Cognitive skills: understand and apply the scientific concepts and principles of football. E2- Physical and skill abilities: master motor performance and sports skills related to sports training. E3- Analysis and evaluation: analyze performance, identify and correct errors, and evaluate the level of play. E4- Communication and teamwork: communicate effectively, work within a team, and apply skills in educational situations.
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10- Course Structure:

Week	Hours	Required Learning Outcomes	Unit or Topic Name	Learning Method	Assessment Method
1	4	Historical overview of the game	Classroom	1- Lecture explanation using visual aids 2- Practical application of selected educational units 3- Cooperative and active learning	1- Student evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination
2	4	Kicking / Passing skill	Football Field		
3	4	Kicking / Passing / Small-sided games / Football components	Football Field		
4	4	Ball control / Rolling / Dribbling	Football Field		
5	4	Football components / Passing / Ball control / Rolling / Dribbling / Basic principles	Football Field + Classroom		
6	4	Football Laws, Articles 1-7 / Throw-in skill	Football Field + Classroom		
7	4	Football Laws, Articles 8-17 / Heading skill	Football Field + Classroom		
8	4	Football law test / Practical test of basic skills	Football Field		
9	4	Speed and endurance development	Football Field		
10	4	Review of types of kicking and passing	Football Field		
11	4	Types of ball-control skill / Play	Football Field		
12	4	Ball-feeling exercises / Play	Football Field		
13	4	Combined exercises / Play	Football Field		
14	4	Goalkeeper exercises / Play	Football Field		
15	4	Practical + theoretical first-semester examination			
16	4	Review of the Laws of the Game with amendments	Football Field + Classroom		
17	4	Physical, technical, tactical and psychological preparation	Classroom		
18	4	Applied examples of strength and endurance / Play	Classroom		
19	4	Components of physical fitness	Football Field		
20	4	Exercises to develop speed and endurance	Classroom		
21	4	Specific endurance and specific speed exercises	Football Field		

22	4	Tactical exercises / Combined exercises	Football Field		
23	4	Theoretical test / Practical test	Football Field		
24	4	Referee tests	Football Field + Classroom		
25	4	How the referee works with the other match officials	Football Field		
26	4	Combined exercises and creating space / Play	Football Field		
27	4	Combined exercises with shooting	Football Field		
28	4	Relationship of basic skills to physical fitness	Football Field		
29	4	Comprehensive review of the course material	Football Field		
30	4	Practical + theoretical second-semester examination			
11- Course Assessment:					
Grades: (25) First Semester - (25) Second Semester - (50) Final Assessment					
12- Learning and Teaching Resources:					
Required prescribed books (methodological, if any)			1- Fundamentals of Football: Teaching - Skills - Laws - Exercises, Abdul Ali Jaafar, 2019. 2- Football: A Textbook for Students of Colleges of Physical Education, Sami Al-Saffar et al., Part I, 1987. 3- Football: A Textbook for Students of Colleges of Physical Education, Sami Al-Saffar et al., Part II, 1987.		
Supporting books and references (scientific journals, reports)			1- Daily reports 2- Review of research in sports training		
Electronic websites and references			1- Electronic scientific journal websites 2- Sports websites related to football 3- University of Basrah - Faculty Members Portal 4- Iraqi Football Association website 5- Asian Football Confederation website 6- FIFA website		

University of Basrah
College of Physical
Education and Sports

(2027-2026)

:Course Name -1
Basketball
:Course Code -2
Semester: (Semester - Annual) -3
Annual
:Date of this Description -4
for the Academic Year (2026-2027) 2026-9-1
:Available Attendance Format -5
Daily attendance according to the weekly lecture schedule
Total Study Hours - Total Units -6
hours weekly - (120) hours annually / (4) units weekly - (120) units annually (4)
Course Coordinator(s), if more than one name is mentioned -7
Lect. Dr. Amany Alaa Abbas amany.alaa@uobasrah.edu.iq Lect. Dr. Ghazwan Abdul Latif ghazwan.abdullatif@uobasrah.edu.iq Lect. Dr. Yousif Hassan Khalaf Yousif.hasan@uobasrah.edu.iq Asst. Prof. Bilal Haider Makki bilal.haider@uobasrah.edu.iqamany.alaa@uobasrah.edu.iq) .ghazwan.abdullatif@uobasrah.edu.iq() .Yousif.hasan@uobasrah.edu.iq) . bilal.haider@uobasrah.edu.iq(
:Course Objectives -8
Know and understand the history of basketball and its scientific and - .educational foundations .Develop the physical abilities required to practice the game - .Enable students to acquire the basic skills of the activity - Prepare students for advanced stages that qualify them for higher academic - .levels .- .- .-

:Course Outcomes and Teaching, Learning and Assessment Methods -9	
A1- Enable students to acquire complete knowledge of all aspects of the game. A2- Enable students to identify and correct common errors. A3- Enable students to know and understand developments in the game and keep pace with them. A4- Enable students to understand practical application and actual performance. 2- . 3- . 4- ..	A- Cognitive Objectives
B1- Distinguish between basic offensive and defensive skills. B2- Master ball holding, passing, balance, pivoting, basic shooting, and defensive and offensive movements. B3- Combine more than one skill to develop motor coordination. B4- Participate and interact in simplified game situations employing basic offensive and defensive skills. 2- . 3- . 4- .	B- Course-specific Skill Objectives
C1- Theoretical material develops awareness of knowledge and its practical application. C2- Reinforce cooperation and teamwork. C3- Improve efficiency, responsibility, discipline and commitment to sports ethics. C4- Enhance affective aspects through sports competitions and responsibility toward them. 2- . 3- . 4- .	C- Affective and Value Objectives
D1- Simplified theoretical lectures. D2- Practical demonstrations and live models to clarify motor performance. D3- Modern presentation methods (Data Show) and explanatory videos. D4- Feedback using educational media and modern technologies to correct and develop performance. D5- Individual and group practical application of skills in small groups. 2- . 3- (Data show (. 4- . 4- .	D- Teaching and Learning Methods
E1- Cognitive skills through understanding and applying scientific concepts and principles of basketball. E2- Physical and skill abilities through mastery of motor performance and basic skills. E3- Analysis and evaluation skills through analyzing sports performance, identifying and correcting errors, and evaluating the level of play. E4- Communication and teamwork skills through effective communication and working within a team in educational situations. 2- : . 3- : . 4- : .	E- Skills

:Course Structure -10

Assessment Method	Assessment Method	Learning Method	Required Learning Outcomes / Unit or Topic	Hours	Week
1- Evaluation through performance and participation during the lesson 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in skill application 2- 3-	1- Evaluation through performance and participation during the lesson 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in skill application 2- 3-	1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	History of Basketball Unit / Topic: Basketball for the First Stage	4	1
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Introduce students to the basic basketball skills, their classifications and characteristics	4	2
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Holding and Receiving the Ball	4	3
		1- Lecture explanation using visual aids 2- Practical application of physical	Pivoting and Footwork	4	4

		exercises and basic skills 3- Cooperative and active learning			
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Chest Pass and Bounce Pass	4	5
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Two-Handed Overhead Pass	4	6
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	One-Handed Pass from Shoulder Level	4	7
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Dribbling in Basketball and Its Types	4	8
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Set Shot and Jump Shot	4	9
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Lay-up Shot in Basketball	4	10
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Combining Passing and Dribbling	4	11
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Combining Dribbling and Lay-up Shooting	4	12
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Combining Passing and Jump Shooting	4	13
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Combining Passing, Dribbling and Shooting	4	14
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	First Semester Theoretical + Practical Examination	4	15
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defense in Basketball and Its Importance	4	16
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defensive Ready Stance	4	17
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defensive Footwork	4	18
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defensive Movement and Positioning	4	19

		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defense Against Dribbling	4	20
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defense Against Passing	4	21
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defense Against Shooting	4	22
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Defensive Rebounding	4	23
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Combining Offensive Skills	4	24
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Performing Offensive Skills with Defense	4	25
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Performing Offensive Skills with Defense	4	26
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Performing Offensive Skills with Defense	4	27
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Second Semester Practical Examination	4	28
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Second Semester Theoretical Examination	4	29
		1- Lecture explanation using visual aids 2- Practical application of physical exercises and basic skills 3- Cooperative and active learning	Final Practical Examination	4	30
:Course Assessment -11					
Grades are distributed as follows: (25) First Semester - (25) Second Semester - (50) Final Examinations					
:Learning and Teaching Resources -12					
1- Fundamentals of Basketball: Principles and Skills (Dr. Mustafa Mohammed Zaidan; Dr. Jamal Ramadan Mousa) 2- Basketball for the Teacher and Coach (Dr. Mustafa Zaidan) 3- Basketball: Practical Applications of Teaching and Learning Methods (Dr. Essam El-Din El-Diassty and Wael Essam El-Din El-Diassty) 2- (.) 3- (.)			Required prescribed books (methodological, if any)		
1- Daily reports 2- Review of research in basketball 2- .			Supporting books and references (scientific journals, reports)		
1- Electronic scientific journal websites 2- Sports websites related to basketball 3- University of Basrah - Faculty Members Portal			Electronic websites and references		

2- 3- University of Basrah	
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A7- Enable students to understand the practical application of the Scout Movement. 2- 3- 4- 5- 6- 7-	
B1- Intellectual skills such as comprehensive vision and research. B2- Scouting skill: the ability to deal with natural life. B3- Acquire knowledge of scouting methods and how to apply them, and understand the relationship of physical qualities and abilities to training methods. B4- Develop interaction and exchange of information in sports training. 2- 3- 4-	B- Course-specific Skill Objectives
C1- Theoretical materials develop students' awareness of knowledge and its practical application. C2- Enhance the cognitive value of course material through discussions. C3- Improve students' teaching efficiency in physical education and sports science classes through exchange of opinions. C4- Enhance affective aspects through sports competitions and a sense of responsibility. 2- 3- 4-	C- Affective and Value Objectives
D1- Theoretical lectures and classroom discussions to explain relevant concepts and scientific principles. D2- Practical and applied learning through exercises and sports skills in fields, halls and laboratories. D3- Cooperative and active learning through group work, discussion, problem solving and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and improve performance. 2- 3- 4-	D- Teaching and Learning Methods
E1- Cognitive skills through understanding and applying scientific concepts and principles of scouting education. E2- Apply acquired knowledge in the basics of scouting work. E3- Acquire scouting knowledge for use in daily life. 2- 3-	E- Skills

:Course Structure -10

Assessment Method	Assessment Method	Learning Method	Required Learning Outcomes / Unit or Topic	Hours	Week
1- Evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in applying exercises 2- 3-	1- Evaluation through assignments and participation 2- Semester and final theoretical examinations 3- Reports 4- Practical examination in applying exercises 2- 3-	1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	What is the Scout Movement, its importance, principles and basic objectives Unit / Topic: General concepts of the Scout Movement	2	1
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Commitment to the promise and law, outdoor life, patrol system, learning by doing, and progressive stimulating programs Unit / Topic: Elements of the Scout Method	2	2
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises	Cub and Brownie stages and progression; Scout and Guide stages and progression; Senior Scout	2	3

		and programs 3- Cooperative and active learning	stage and progression; Rover stage and progression and Ranger Guides Unit / Topic: Scouting Stages		
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	The idea of Scouting and milestones in Scout history after the death of Baden-Powell Unit / Topic: History and global beginnings of the Scout Movement	2	4
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Its emergence and spread in the Arab countries Unit / Topic: History of the Scout Movement in the Arab world	2	5
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Beginnings and establishment; Iraqi Scouting during the national government era and its relations abroad Unit / Topic: Introduction of the Scout Movement to Iraq	2	6
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Establishing the instructional scout camp; encouragement and motivation for organizing scouting activity Unit / Topic: Instructional Scout Camp and Organizational Structure	2	7
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Meaning, purpose, importance and elements of traditions Unit / Topic: Practical Applications in the Scout Movement	2	8
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Definition, types and situations in which it is performed Unit / Topic: Scout Salute	2	9
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Its form, meanings, symbols and indications Unit / Topic: Scout Emblem	2	10
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Considerations, symbolism and general rules Unit / Topic: Flag Traditions	2	11
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Colors, dimensions, ceremonies of raising, lowering and folding Unit / Topic: Ceremonies of the Flag of the Republic of Iraq	2	12
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Uniform colors, scout neckerchief, types and sections of formations, and use of the whistle Unit / Topic: Scout	2	13

			Uniform, Traditions, Formations and Calls		
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Objectives, parts and types Unit / Topic: Signals	2	14
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Comprehensive theoretical first-semester examination Unit / Topic: Semester Examination	2	15
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Introduction, general concept and history of scout camps Unit / Topic: Scout Camps	2	16
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Importance of camps in a scout's life Unit / Topic: Camps in the Scout's Life	2	17
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	According to participating bodies and duration of stay Unit / Topic: Types of Scout Camps	2	18
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Work before, during and after the camp Unit / Topic: Steps for Preparing Scout Camps	2	19
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Conditions for establishment; camp management instructions and final evaluation process Unit / Topic: Camp Management Instructions and Evaluation	2	20
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Definition; pioneering work and rope care Unit / Topic: Scouting Skills	2	21
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Definition, types and uses Unit / Topic: Scout Knots, Lashings and Turns	2	22
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Parts and types of tents; pitching and striking the tent Unit / Topic: Scout Tents	2	23
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	How to identify the four directions and their methods Unit / Topic: The Four Directions and Their Methods	2	24
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises	Tracking; types of fires; cooking food Unit / Topic: Exploration, Fires and Cooking	2	25

		and programs 3- Cooperative and active learning			
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Definition; the scout leader and duties Unit / Topic: Leadership in the Scout Movement	2	26
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Sports, cultural, social, community service, economic and first-aid fields Unit / Topic: Fields of Public Service	2	27
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	A collection of definitions related to the Scout Movement Unit / Topic: Scouting Terminology	2	28
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	Second-semester examination Unit / Topic: Semester Examination	2	29
		1- Lecture explanation using visual aids 2- Practical application of selected educational units through exercises and programs 3- Cooperative and active learning	General references and comprehensive review Unit / Topic: General Review	2	30
		:Course Assessment -11			
Grades are distributed as follows: (25) First Semester - (25) Second Semester - (50) Final Examination					
:Learning and Teaching Resources -12					
1- Scouting Education: Concepts and Applications / Riyadh Nouri Abbas and Ali Mohammed Hadi Aboud			Required prescribed books (methodological, if any)		
1- Daily reports 2- Review of research in scouting education 2-			Supporting books and references (scientific journals, reports)		
1- Electronic scientific journal websites 2- Sports websites related to scouting education 3- University of Basrah - Faculty Members Portal 2- 3- University of Basrah			Electronic websites and references		

Academic Program and Course Syllabus
College of Physical Education and Sports Sciences
University of Basrah
2026–2025
Second Year

University of Basrah
College of Physical
Education and Sport

Course Description - Track
and Field
Second Stage (2025-2026)

1. Course Name:
Track and Field
2. Course Code:
3. Semester: (Semester - Annual)
Annual
4. Date of this Description:
1-9-2025 for the Academic Year (2025-2026)
5. Available Attendance Format:
Daily attendance according to the weekly lecture schedule
6. Total Study Hours - Total Units
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually
7. Course Coordinator(s), if more than one name is mentioned
Prof. Dr. Majid Ali Musa (majid.mosa@uobasrah.edu.iq) Prof. Dr. Sabah Ibrahim Abdullah (sabahabdallah@uobasrah.edu.iq) Prof. Dr. Saeed Hussein Hassan (saeed.hassan@uobasrah.edu.iq) Prof. Dr. Hashim Shakir Abdul Karim Al-Mutawir (hashim.shakir@uobasrah.edu.iq) Lect. Mohammed Najim Abdullah (mohammed.najim@uobasrah.edu.iq) Asst. Lect. Angham Khazal Jabbar (angham.khazaal@uobasrah.edu.iq)
8. Course Objectives:
- Define the importance of track and field and teach its fundamentals. - Explain how to teach track and field skills. - Prepare programs and methods for teaching and training track and field events and skills. - Teach physical qualities and how to train them for each event.

9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge in track and field. A2- Enable students to acquire integrated knowledge for working as coaches in teams and sports. A3- Enable students to understand adaptations in track and field events and skills. A4- Enable students to understand the practical application of sports training in track and field.	A. Cognitive Objectives
B1- Acquire knowledge of track and field concepts. B2- Acquire knowledge of sports training methods and their application. B3- Understand the relationship between physical qualities and the type of sports event practiced. B4- Develop interaction and information exchange concerning different track and field events.	B. Course-Specific Skill Objectives
C1- Strengthen students' familiarity with theoretical knowledge and its practical application. C2- Enhance cognitive values through discussions. C3- Improve students' teaching efficiency and abilities during exchange of views. C4- Develop affective aspects through sports competitions and a sense of responsibility.	C. Affective and Value Objectives

D1- Theoretical lectures and classroom discussions. D2- Practical and applied learning through exercises and sports skills. D3- Cooperative and active learning through teamwork, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies.	D. Teaching and Learning Methods
E1- Cognitive skills: understand and apply scientific concepts and principles of track and field. E2- Physical and technical skills: master motor performance and event-related sports skills. E3- Analysis and evaluation skills: analyze performance, identify and correct errors, and evaluate level. E4- Communication and teamwork skills: communicate effectively, work in teams, and apply skills in educational situations.	E. Skills

10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional	Factors That Help Reach High Levels in Track and Field	Explain the Technical Phases of the 110 m Hurdles	2	1
		Technical Phases of the Skill	Practical Application of the Technical Phases of the 110 m Hurdles	2	2
		International Rules of the Event	Explain the Event Rules	2	3

examinations. 3- Submit reports. 4- Practical examination in exercise application.	units through exercises and programs. 3- Cooperative and active learning.	Practical Exam	Practical Exam	2	4
		Triple Jump Event	Explain the Technical Phases of the Triple Jump	2	5
		Technical Phases of the Skill	Practical Application of the Event after Breaking It into Phases	2	6
		International Rules of the Event	Explain the Event Rules	2	7
		Practical Exam	Practical Exam	2	8
		Review of Theoretical and Practical Aspects	Theoretical Review of the Two Events, Followed by a Theoretical Exam	2	9
		Discus Throw Event	Explain the Technical Phases of the Discus Throw and Apply It Practically without Equipment	2	10
		Technical Phases	Practical Application Using the Implement and Throwing	2	11
		International Rules of the Event	Explain the Rules	2	12
		Practical Exam	Practical Exam	2	13
		Perform the Event According to the Rules	Technique and Performance	2	14
		800 m and 1500 m Middle-Distance Events	Explain the Technical Phases and Rules of the 800 m and 1500 m Middle-Distance Events	2	15

		Technical Phases of Middle-Distance Races	Practical Application of the Event	2	16
		Practical Exam	Practical Exam	2	17
		Pole Vault Event	Explain the Pole Vault Theoretically after Practical Application of Pole Holding Only	2	18
		Technical Phases	Explain the Technical Phases of the Hammer Throw	2	19
		Technical Phases	Practical Application Using Training Aids without the Official Implement	2	20
		Technical Phases	Practical Application Using the Implement and Throwing	2	21
		International Rules of the Pole Vault	Explain the Rules	2	22
		3000 m Steeplechase	Explain the 3000 m Steeplechase	2	23
		Technical Phases of the Race	Practical Application over Barriers	2	24
		International Rules of the 3000 m Steeplechase	Explain the Rules	2	25
		4 x 400 m Relay	Explain the 4 x 400 m Relay	2	26
		Technical Phases of the Race	Break the Race into Its Basic Technical Phases	2	27

		General Review	Review of Second-Semester Skills	2	28
		Semester Exam	Second-Semester Theoretical Exam	2	29
		Final Exam	Final Practical Exam	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third/final component.					
12. Learning and Teaching Resources:					
1- Track and Field, prescribed textbook. 2- Modern Educational and Refereeing Foundations in Athletics. 3- Sports Training, by Fatima Abd Malih.			Required Textbooks (if any)		
1- Daily reports. 2- Review of research in track and field.			Recommended Supporting Books and References (scientific journals and reports)		
1- Electronic scientific journal websites. 2- Sports websites specialized in track and field. 3- University of Basrah faculty portal.			Electronic Websites and References		

**University of Basrah
College of Physical
Education and Sport**

**- Course Description
Basketball
Second Stage (2025-2026)**

1. Course Name:
Basketball
2. Course Code:
3. Semester: (Semester - Annual)
Annual
4. Date of this Description:
1-9-2025 for the Academic Year (2025-2026)
5. Available Attendance Format:
Daily attendance according to the weekly lecture schedule
6. Total Study Hours - Total Units
(2) hours weekly - (60) hours annually
7. Course Coordinator(s), if more than one name is mentioned
Prof. Dr. Mustafa Abdulrahman Mohammed (mustafa.abdul_rahman@uobasrah.edu.iq) Prof. Dr. Haidar Abdulrazzaq Kadhim (haidar.abdalrazzaq@uobasrah.edu.iq) Prof. Dr. Qusai Fawzi Khalaf (qusia.fawzy@uobasrah.edu.iq) Prof. Dr. Wisam Falah Atiya (wisam.atia@uobasrah.edu.iq) Prof. Dr. Thamer Kadhim Irhayym (thamer.irhayym@uobasrah.edu.iq) Asst. Prof. Dr. Ali Ashour Obeid (ali.abeed@uobasrah.edu.iq)mustafa.abdul_rahman@uobasrah.edu.iq haidar.abdalrazzaq@uobasrah.edu.iq wisam.atia@uobasrah.edu.iq
8. Course Objectives:
- Integrate basic basketball skills into play. - Teach defensive and offensive formations. - Teach all basketball officiating situations. - Identify the basic concepts of basketball. - Identify basketball court dimensions and required equipment.

9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of basketball. A2- Enable students to acquire integrated knowledge for working as basketball referees. A3- Enable students to understand adaptations and the latest updates to the rules of the game. A4- Enable students to understand the practical application of international basketball rules.	A. Cognitive Objectives
B1- Acquire knowledge of basketball concepts. B2- Acquire knowledge of the legal dimensions and measurements of the basketball court. B3- Develop the ability to identify and distinguish basketball violations and fouls. B4- Develop interaction and information exchange in officiating the game.	B. Course-Specific Skill Objectives
C1- Theoretical material develops students' awareness of knowledge and its practical application. C2- Enhance the cognitive value of course material through discussions. C3- Improve students' teaching efficiency and abilities in physical education and sport sciences lessons through exchange of views. C4- Develop affective aspects through sports competitions and a sense of responsibility toward others.	C. Affective and Value Objectives

D1- Theoretical lectures and classroom discussions to clarify scientific concepts and principles related to the course. D2- Practical and applied learning through exercises and sports skills in courts, halls, and laboratories. D3- Cooperative and active learning through group work, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance.	D. Teaching and Learning Methods
E1- Cognitive skills through understanding and applying scientific concepts and principles of basketball officiating. E2- Physical and technical skills through mastery of motor performance and skills related to the game. E3- Analysis and evaluation skills through analyzing sports performance, identifying and correcting errors, and evaluating the level of play. E4- Communication and teamwork skills through effective communication, teamwork, and applying skills in educational situations.	E. Skills

10. Course Structure:

Assessment Method	Teaching Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through	1- Explain the lecture using	Fundamentals and Principles of Play	Defensive Formations	2	1
			Offensive Formations	2	2

assignments and participation. 2- Semester and final theoretical examinations . 3- Submit reports. 4- Practical examination in exercise application.	teaching aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Court and Equipment	Court Dimensions and Measurements	2	3
		Court and Equipment	Teams and Player Equipment	2	4
		Team Captain	Team Captain and Duties	2	5
		Game Procedures	Playing Time and Periods	2	6
			Live Ball, Dead Ball, and Jump Ball	2	7
			Jump-Ball Situations and Alternating Possession	2	8
			Scoring, Throw-in, and Time-out	2	9
			Substitution and Loss of Games by Forfeit or Default	2	10
		Violations	Out-of-Bounds, Traveling, and Double Dribble Violations	2	11
			Three-, Five-, Eight-, and Twenty-Four-Second Violations	2	12
			Kicking the Ball, Backcourt, and Basket Interference Violations	2	13
			Other Violations	2	14
		Fouls	First-Semester Theoretical and Practical Exam	2	15
			Cylinder Principle	2	16
			Personal Foul	2	17

			Double Foul	2	18
			Technical Foul	2	19
			Unsportsmanlike Foul	2	20
			Disqualifying Foul	2	21
			Player Foul Limits	2	22
			Team Foul Limits	2	23
		Officials' Duties and Mechanics	Duties of Court Officials	2	24
			Duties of the Scorer, Game Timer, and 24-Second Operator	2	25
			Officials' Mechanics on Offense	2	26
			Officials' Mechanics on Defense	2	27
			General Review	2	28
			Second-Semester Theoretical and Practical Exam	2	29
			Final Practical Exam	2	30

11. Course Assessment:

Grades are distributed as follows: 25 marks for the first semester and 25 marks for the second semester.

12. Learning and Teaching Resources:

International Basketball Rules, translated by Dr. Ali Samoom Daghah.	Required Textbooks (if any)
1- Daily reports. 2- Review of research in basketball.	Recommended Supporting Books and References (scientific journals and reports)
1- Electronic scientific journal websites. 2- Sports websites specialized in basketball. 3- University of Basrah faculty portal.	Electronic Websites and References

**University of Basrah
College of Physical
Education and Sport**

**Sports Biomechanics Course
Description
Second Stage (2025-2026)**

1- Course Name:	
Sports Biomechanics	
2- Course Code:	
3- Semester / Year: Annual	
Annual	
4- Date of Preparing this Description	
9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the lecture schedule	
6- Total Study Hours / Total Units:	
(30) hours annually; (2) units weekly; (2) hours weekly	
7- Course Coordinator(s), if more than one name is mentioned	
Prof. Dr. Yarob Abdul-Baqi Daiykh - yarob.daiykh@uobasrah.edu.iq Prof. Dr. Mustafa Abdul-Muhyi - mustafa.mohiy@uobasrah.edu.iq Prof. Dr. Wisam Falah Atiya - wisam.atia@uobasrah.edu.iq Prof. Dr. Haider Mahdi Abdulsahib - hyder.mahdi@uobasrah.edu.iq Prof. Dr. Wael Qasim Jawad - wael.jawad@uobasrah.edu.iq	
8- Course Objectives	
1- Describe movement mechanically in quantitative and qualitative terms. 2- Apply mechanical principles and laws to sports movements in accordance with biological conditions. 3- Enable learners to mechanically analyze movement and interpret situations occurring during skill performance.	
9- Course Outcomes, Teaching, Learning and Assessment Methods	
A- Cognitive Objectives	A1- Provide students with knowledge of sports biomechanics. A2- Prepare students to work as teachers and coaches capable of mechanically understanding movement. A3- Develop the ability to diagnose biomechanical errors accompanying performance. A4- Enable students to correct errors, identify optimal mechanical performance, and benefit from applying biomechanical principles.

B- Course-Specific Skill Objectives	B1- Acquire knowledge of concepts in sports biomechanics. B2- Identify important mechanical principles in sports movements. B3- Understand mechanical principles and laws and their relationship to the human body. B4- Develop interaction and the ability to interpret situations caused by mechanical laws governing motor performance.
C- Affective and Value Objectives	C1- Theoretical material develops students' awareness of knowledge aspects and their practical application. C2- Enhance the cognitive value of course material through discussion. C3- Improve students' teaching competence and self-confidence through deep understanding of skills.
D- Teaching and Learning Methods	D1- Theoretical lectures and classroom discussions to clarify course concepts and scientific principles. D2- Practical and applied learning through performing sports skills according to mechanical conditions in fields, halls, and laboratories. D3- Cooperative and active learning through teamwork, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance.
E- Skills	E1- Cognitive skills: understand and apply concepts and scientific principles of sports biomechanics. E2- Motor skills: master movement performance and sports skills related to biomechanics. E3- Analysis and evaluation skills: analyze sports performance, detect and correct errors, and evaluate level. E4- Communication and teamwork skills: communicate effectively, work within a team, and apply skills in educational situations.

10- Course Structure					
Week	Hours	Required Learning Outcomes	Unit / Topic	Learning Method	Assessment Method
1	2	Explain the nature, origins, and divisions of biomechanics	Divisions of biomechanics; relationship of biomechanics to other sciences	1- Lecture explanation using visual aids. 2- Practical application of selected learning units through exercises and programs. 3- Active cooperative learning.	1- Assess students through assignments and participation. 2- Semester and final theoretical exams. 3- Reports. 4- Practical exam in exercise application.
2	2	Explain the functions of biomechanics in sport	Functions of biomechanics (general and specific)		
3	2	Identify the axes and planes on which movement occurs in space	Axes, planes, and relativity of motion		
4	2	Explain types of movement the human body can perform from a mechanical perspective	Concept, types, and forms of movement		
5	2	Explain this branch of biomechanics	Linear Biokinematics		
6	2	Understand the difference between distance and displacement and calculate each	Linear Distance and Displacement		
7	2	Understand the types of speed/velocity and why they differ	Speed and Velocity		
8	2	Understand how to deal with velocity as a vector quantity	Velocity as a Vector Quantity - Vector Analysis		

9	2	Calculate resultant velocity according to the angles of two velocities	Finding Resultants		
10	2	Understand acceleration and why it is important	Linear Acceleration		
11	2	Understand how muscles are an important factor in linear movements	Mechanical Effect of Muscles in Linear Movements		
12	2	Explain projectiles in sport, influencing factors, projectile types, and calculation of vertical distance	Projectiles and Vertical Projectile		
13	2	Understand the vertical projectile, its importance in sport, and its specific influencing factors	Projectiles at an Angle to the Horizontal		
14	2	Applications and calculation of the horizontal distance of this projectile	Finding Horizontal Distance from Equations		
15	2	Semester Exam	First-Semester Exam		
16	2	Concept of angular biokinematics; difference between angular distance and displacement and calculation of each	Angular Biokinematics: Angular Distance and Displacement		
17	2	Understand angular and tangential velocity and their relationship	Angular Velocity and Tangential Velocity		

18	2	Understand angular acceleration and the factors affecting it	Angular Acceleration		
19	2	Understand linear biokinetics and the difference between weight and mass	Concept of Kinetics; Linear and Angular Kinetics; Quantitative Study		
20	2	Understand force mechanically, its effects, and characteristics	Concept of Force and Addition of Forces		
21	2	Learn to treat force as a vector quantity and determine the resultant	Continuation of Force Addition		
22	2	Understand the effect of Newton's laws of motion in sport, their development, the first law, and factors affecting motion under this law	Newton's Laws of Motion and the First Law		
23	2	Understand the law, its effect on movement, and how to calculate force from it	Newton's Second Law		
24	2	Understand Newton's third law as a source of force applied to produce movement	Newton's Third Law		
25	2	Understand mechanical work, its use in sport, and calculate its results	Mechanical Work		
26	2	Understand power and its	Power		

		importance in sports movements as an essential physical attribute			
27	2	Understand energy, its types, mechanical energy, and calculation methods	Potential and Kinetic Energy		
28	2	Understand impulse as the concept combining force and time and the equations used to determine it	Impulse		
29	2	Understand momentum, its components, and its importance in sport	Momentum		
30	2	Final Exam	Second-Semester Exam		
11- Course Assessment					
Grade distribution: 25 marks for monthly and daily exams in the first semester; 25 marks for monthly and daily exams in the second semester; 50 marks for final examinations.					
12- Learning and Teaching Resources					
Required Textbooks (if any)			Samir Muslat Al-Hashimi: Sports Biomechanics		
Main References (Sources)			- Sawsan Abdul-Munim (Biomechanics); Najah Mahdi Shalash (Biomechanics); Hussein Mardan and Ayad Abdul-Rahman (Biomechanics in Sports Movements) - -		
Recommended Supporting Books and References (scientific journals, reports)			1- Daily reports. 2- Review of research in biomechanics.		
Electronic References / Websites			1- Specialized scientific journal websites. 2- Websites related to sports biomechanics. 3- University of Basrah faculty portal.		

University of Basrah
College of Physical
Education and Sport

Ba'ath Regime Crimes
Course Description
Second Stage (2025-2026)

1. Course Name	
Arabic Language	
2. Course Code	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Lect. Dr. Hazim Abdul Latif Abdul Ridha 2- Lect. Dr. Walaa Mahmoud Shakir 3- Asst. Lect. Firas Adel Abdul Hassan	
8. Course Objectives	
1- 1- Explain the nature of the political system formed by the Ba'ath Party, which the course describes as a totalitarian system comparable to the Nazi system in Germany, and examine the crimes associated with the Ba'ath era in Iraq. 2- Study the social and psychological effects resulting from mass killings, human-rights violations, forced displacement, mass graves, the draining of the marshes, and other events. 2-	
9. Course Outcomes, Teaching, Learning and Assessment Methods	
A1- Explain to students the crimes attributed to the Ba'ath regime and the corruption of its ideas, as presented in the course. A2- Provide appropriate awareness intended to prevent attempts to rehabilitate or whitewash the	A. Cognitive Objectives

Ba'ath regime's record. A3– Explain and define the concepts of the various crimes committed in Iraq during Ba'ath rule so students understand material related to the curriculum. A4– Explain the violations suffered by the Iraqi people under Ba'ath rule and the negative effects associated with the period from 1968 to 2003.	
B1– Acquire knowledge of the concepts of Ba'ath regime crimes according to the Iraqi High Tribunal Law of 2005. B2– Acquire knowledge of the categories of Ba'ath regime crimes according to the Iraqi High Tribunal Law of 2005. B3– Develop the ability to understand psychological and social crimes and their effects on Iraqi society. B4– Develop interaction and exchange of information related to the Ba'ath Regime Crimes course.	B. Course-Specific Skill Objectives
C1– Use theoretical material to develop students' awareness of the oppression experienced by members of Iraqi society during Ba'ath rule, as framed by the course. C2– Enhance the cognitive value of the course material through discussions. C3– Develop students' affective awareness by	C. Affective and Value Objectives

showing documentary films about Ba'ath regime crimes and reinforcing a sense of responsibility to understand the injustices described in the course.	
1– Through theoretical lectures. 2– Through documents used in the course to present crimes attributed to the Ba'ath regime. 3– Through modern presentation methods (Data Show), models, and written presentations. 4– Through practical course activities, including hosting university figures who experienced oppression under the Ba'ath regime.	D. Teaching and Learning Methods
E1– Apply knowledge acquired in the course by writing reports on living cases involving victims of the Ba'ath regime. E2– Acquire knowledge from the course to understand the scale of crimes and suffering described in relation to the Iraqi people under Saddam's regime. E3– Use acquired knowledge to preserve awareness and memory of the crimes attributed to the Ba'ath Party and draw lessons from them.	E. Skills
10. Course Structure	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical examinations. 3- Submit reports. 4- Applied examination.	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional units through activities and programs. 3- Cooperative and active learning.	Introduction to the Ba'ath Regime Crimes Course	Introduction to the Ba'ath Regime Crimes Course and Why It Was Added to the Curriculum	2	1
		Law of the Iraqi High Tribunal of 2005	Overview of the Iraqi High Tribunal Law of 2005	2	2
		Concept and Categories of Crimes	Definition and Categories of Crimes and Types of International Crimes	2	3
		Crimes of the Ba'ath Regime under International Law	Crimes of the Ba'ath Regime under International Law and Decisions Issued by the Iraqi High Tribunal	2	4
		Major Crimes Committed by the Ba'ath Regime	Introduction to the Major Crimes Committed by the Ba'ath Regime	2	5

		Major Crimes Committed by the Ba'ath Regime	Psychological Crimes and Their Effects	2	6
		Major Crimes Committed by the Ba'ath Regime	Social Crimes and Their Effects	2	7
		Major Crimes Committed by the Ba'ath Regime	Militarization of Society	2	8
		Major Crimes Committed by the Ba'ath Regime	The Ba'ath Regime's Position toward Religion	2	9
		Major Crimes Committed by the Ba'ath Regime	5- Violations of Iraqi Laws	2	10
		Major Crimes Committed by the Ba'ath Regime	6- Forms of Human-Rights Violations and Crimes of Authority	2	11
		Major Crimes Committed by	Some Decisions Concerning Political and	2	12

		the Ba'ath Regime	Military Violations of the Ba'ath Regime		
		Major Crimes Committed by the Ba'ath Regime	Prisons and Detention Sites of the Ba'ath Regime	2	13
		Semester Exam	Semester Exam	2	14
		Review	Comprehensive Review of the First Semester	2	15
		Environmental Crimes of the Ba'ath Regime in Iraq	Introduction to Environmental Crimes of the Ba'ath Regime in Iraq	2	16
		Environmental Crimes of the Ba'ath Regime in Iraq	1– War and Radioactive Pollution	2	17
		Environmental Crimes of the Ba'ath Regime in Iraq	2– Destruction of Cities and Villages	2	18
		Environmental Crimes of the Ba'ath Regime in Iraq	3– Draining of the Marshes	2	19

		Environmental Crimes of the Ba'ath Regime in Iraq	4– Destruction of Palm Groves and Trees	2	20
		Environmental Crimes of the Ba'ath Regime in Iraq	Discussion of Student Assignments Presenting Examples from Iraqi Cities Environmentally Damaged under the Ba'ath Regime	2	21
		Mass–Grave Crimes	Concept of Mass–Grave Crimes	2	22
		Mass–Grave Crimes	Events Related to Mass Graves and Mass Killings Committed by the Ba'ath Regime in Iraq	2	23
		Mass–Grave Crimes	Chronological Classification of Mass Graves in Iraq	2	24
		Mass–Grave Crimes	Screening of a Documentary Video about	2	25

			Some Mass Graves Discovered after the Fall of the Regime		
		Mass–Grave Crimes	Hosting Relatives of Victims of Mass Graves	2	26
		Presentation of Some Crimes of the Ba'ath Regime against Iraqi University Students and Professors	Presentation of Some Crimes of the Ba'ath Regime against Iraqi University Students and Professors	2	27
		Exam	Semester Exam	2	28
		Review	Review of Second–Semester Material	2	29
		Review	Review of the Entire Course	2	30

11. Course Assessment

Grades are distributed as follows: 25 marks for monthly and daily assessments in the first semester, 25 marks for monthly and daily assessments in the second semester, and 50 marks for the final examination.

12. Learning and Teaching Resources

1- Some documents concerning the crimes of the Ba'ath regime. 2- Some UN resolutions concerning crimes attributed to the Ba'ath regime.	Required Textbooks (if any)
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1- Crimes of the Ba'ath Regime in Iraq / authored by a committee from the Ministry of Higher Education and Scientific Research.	Recommended Supporting Books and References (scientific journals and reports)
1- Daily reports. 2- Review of research on the Ba'ath Regime Crimes course.	Electronic Websites and References

University of Basrah
College of Physical
Education and Sport

Course DescriptionComputers 2
SecondStage (2025-2026)

1. Course Name:	
Computers 2	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (2) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Prof. Dr. Rajaa Abdulsamad Asst. Lect. Sabah Abdulmuttalib	
8. Course Objectives:	
- Define the importance of office applications and teach their fundamentals. - Explain how to build programs using algorithms.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of office applications and programming fundamentals. A2- Enable students to acquire integrated knowledge for working as computer users. A3- Enable students to understand mathematical functions in office applications. A4- Enable students to understand practical computer applications and apply examples.	A. Cognitive Objectives

B1- Acquire knowledge of Microsoft Office concepts and algorithms. B2- Acquire knowledge of programming methods and their application. B3- Develop the ability to enter information and formulate examples and applications in Word, Excel, and PowerPoint. B4- Develop interaction and information exchange.	B. Course-Specific Skill Objectives
C1- Demonstrate the importance of office functions, built-in formulas, and algorithm steps. C2- Enhance cognitive values through discussions. C3- Improve students' programming efficiency and abilities. C4- Develop engagement through daily questions and tests.	C. Affective and Value Objectives
D1- Theoretical lectures and classroom discussions. D2- Practical and applied learning through practical examples. D3- Cooperative and active learning through teamwork, discussion, problem solving, and applied activities. D4- E-learning using internet pages and ready-made examples.	D. Teaching and Learning Methods
E1- Cognitive skills: understand and apply concepts and scientific principles related to Microsoft applications.	E. Skills

E2- Programming and application skills using algorithmic steps. E3- Analysis and evaluation skills: analyze programs, identify and correct errors, and evaluate students' level. E4- Communication and teamwork skills through homework and internet use.					
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical examinations. 3- Submit reports. 4- Practical examination in applying programs.	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional units. 3- Cooperative and active learning.	Types of Office Applications	Explain Office Applications	2	1
		Commands and Printing Functions 1	First Application: Word	2	2
		Commands and Printing Functions 2	First Application: Word	2	3
		Commands and Printing Functions 3	First Application: Word	2	4
		Practical Examples 1	First Application: Word	2	5
		Practical Examples 2	First Application: Word	2	6
		General Commands and Functions	Second Application: Excel	2	7
		Mathematical Commands and Functions	Second Application: Excel	2	8
		Statistical and Conditional Commands and Functions	Second Application: Excel	2	9

		Commands and Functions for Data Charts and Graphs	Second Application: Excel	2	10
		Practical Examples 1	Second Application: Excel	2	11
		Practical Examples 2	Second Application: Excel	2	12
		Practical Examples 3	Second Application: Excel	2	13
		Practical Examples 4	Second Application: Excel	2	14
		Semester Exam	Comprehensive First-Semester Theoretical Exam	2	15
		General Commands	Third Application: PowerPoint	2	16
		Ready-Made Templates	Third Application: PowerPoint	2	17
		Create Advertising Files 1	Third Application: PowerPoint	2	18
		Create Advertising Files 2	Third Application: PowerPoint	2	19
		Practical Examples 1	Third Application: PowerPoint	2	20
		Practical Examples 2	Third Application: PowerPoint	2	21
		Agility and Balance	Modern Technologies in Sports	2	22
		Its Types	Impact of Technology on Sports Performance	2	23

		Types and Examples	Tools and Applications Usable in Physical Sports through Computers	2	24
		Definition and Importance	Algorithms	2	25
		Explain Their Characteristics	Algorithm Properties	2	26
			Types of Algorithms	2	27
		General Examples	Algorithm Examples	2	28
		Semester Exam	Theoretical and Practical Semester Exam	2	29
		Final Exam	Final Theoretical Exam	2	30

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third/final component.

12. Learning and Teaching Resources:

1- Microsoft Office Applications	Required Textbooks (if any)
1- Daily reports. 2- Review of internet pages and YouTube.	Recommended Supporting Books and References (scientific journals and reports)
1- Microsoft websites. 2- Websites for learning office applications. 3- University of Basrah faculty portal.	Electronic Websites and References

University of Basrah
College of Physical
Education and Sport

Course Description - Men's
Gymnastics
Second Stage (2025-2026)

1. Course Name	
Artistic Gymnastics	
2. Course Code	
3. Semester / Year:	
Annual	
4. Date of this Description	
19 / 8 / 2026 for the Academic Year (2025 - 2026)	
5. Available Attendance Format	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours / Total Units:	
(4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned:	
Prof. Dr. Laith Mohammed Hussein laith.hussein@uobasrah.edu.iq Prof. Dr. Ali Jasim Karim ali.karim@uobasrah.edu.iq Prof. Dr. Kadhim Issa Kadhim kadhim.kadhim@uobasrah.edu.iqlaith.hussein@uobasrah.edu.iq ali.karim@uobasrah.edu.iq kadhim.kadhim@uobasrah.edu.iq	
8. Course Objectives	
1- Teach basic skills on the apparatus. 2- Develop specific physical qualities. 3- Learn the judging rules. 4- Learn how to connect skills. 5- Learn the basic concepts of gymnastics. 6- Identify official and auxiliary apparatus. 7- Learn safety procedures.	
9. Course Outcomes, Teaching, Learning and Assessment Methods	
A1- Demonstrate and explain the skill using a model, pictures, and video. A2- Use apparatus and auxiliary equipment. A3- Repetition and correction. A4- Manual assistance.	A. Cognitive Objectives

B1- Acquire knowledge of gymnastics concepts. B2- Acquire knowledge of sports training methods and how to apply them. B3- Understand the relationship between physical qualities and abilities and various training methods. B4- Develop interaction and information exchange.	B. Course-Specific Skill Objectives
C1- Develop students' familiarity with theoretical knowledge and its practical application. C2- Enhance cognitive values through discussions. C3- Improve students' teaching efficiency and abilities in physical education and sport sciences lessons through exchange of views. C4- Develop affective aspects through sports competitions and a sense of responsibility.	C. Affective and Value Objectives
D1- Theoretical lectures and classroom discussions to explain course concepts and scientific principles. D2- Practical and applied learning through exercises and sports skills in fields, halls, and laboratories. D3- Cooperative and active learning through teamwork, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance.	D. Teaching and Learning Methods
E1- Cognitive skills: understand and apply scientific concepts and principles of sports training. E2- Physical and technical skills: master motor performance and gymnastics skills. E3- Communication and teamwork skills: communicate effectively, work within a team, and apply skills in educational situations.	E. Skills
10. Course Structure	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
Practical and Theoretical Examinations	Demonstration and explanation of the skill using a live model and teaching aids	Floor Exercise	Balance + Types of Rolls	4	1
			Dive Roll + Headstand	4	2
			Handstand	4	3
			Cartwheel	4	4
			Linking Movements into a Routine	4	5
		Pommel Horse	Types of Support + Side Swing + Alternating Leg Entry and Exit	4	6
			Circle the Right Leg then the Left	4	7
			Front Scissors	4	8
			Side Dismount	4	9
			Linking Movements into a Routine	4	10
		Rings	Forward and Backward Swing	4	11
			Inverted Hang + Kip-Position Hang + L-Support	4	12
			Tucked Dismount	4	13
			Linking Movements into a Routine	4	14
			First-Semester Practical Exam + First-Semester Theoretical Exam	4	15
		Vault	Tuck Vault	4	16
			Straddle Vault	4	17
		Parallel Bars	Forward and Backward Swing + Swing from Upper-Arm Hang	4	18
			Mount from Forward and Backward Swing to Support	4	19

			Straddle Forward Roll	4	20
			Shoulder Stand from Swing	4	21
			Dismount from Forward and Backward Swing	4	22
			Linking Movements into a Routine	4	23
		Horizontal Bar	Swing + Backward Circle Mount	4	24
			Small Backward Circle	4	25
			From Support, Forward Swing to Dismount	4	26
			Linking Movements into a Routine	4	27
			Second-Semester Practical Exam	4	28
			Theoretical Lecture + Second-Semester Theoretical Exam	4	29
			Final Practical Exam on All Apparatus	4	30
11. Course Assessment					
Grades are distributed as follows: 25 marks for the first semester, 25 marks for the second semester, and 50 marks for the final examination.					
12. Learning and Teaching Resources					
1- Jurgen Leirich et al.: Theoretical Foundations of Gymnastics, 2nd ed., Baghdad, Munir Printing and Offset, 1978. 2- Mayouf Dhannoun Hantoush et al.: Technical and Educational Principles of Gymnastics and Physical Exercises, Mosul, University of Mosul Press, 1985.			Required Textbooks (if any)		
1- Monthly reports			Recommended Supporting Books and References (scientific journals and reports)		
1- Abdul Razzaq Kadhim and Nazim Ahmed Akkab: Artistic Gymnastics, 2022. International Judging Code, prepared by Basim bin			Electronic Websites and References		

Abdullah Al-Rajaan, 2022.

2- International Gymnastics Federation website.

**University of Basrah
College of Physical
Education and Sport**

**Course Description - Sports
Training
Second Stage (2025-2026)**

1. Course Name:
Sports Training Science
2. Course Code:
3. Semester: (Semester - Annual)
Annual
4. Date of this Description:
1-9-2025 for the Academic Year (2025-2026)
5. Available Attendance Format:
Daily attendance according to the weekly lecture schedule
6. Total Study Hours - Total Units
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually
7. Course Coordinator(s), if more than one name is mentioned
Prof. Dr. Majid Ali Musa (majid.mosa@uobasrah.edu.iq) Prof. Dr. Sabah Ibrahim Abdullah (sabahabdallah@uobasrah.edu.iq) Prof. Dr. Saeed Hussein Hassan (saeed.hassan@uobasrah.edu.iq) Prof. Dr. Hashim Shakir Abdul Karim Al-Mutawir (hashim.shakir@uobasrah.edu.iq) Lect. Mohammed Najim Abdullah (mohammed.najim@uobasrah.edu.iq) Asst. Lect. Angham Khazal Jabbar (angham.khazaal@uobasrah.edu.iq)
8. Course Objectives:
- Define the importance of track and field and teach its fundamentals. - Explain how to teach track and field skills. - Prepare programs and methods for teaching and training track and field events and skills. - Teach physical qualities and how to train them for each event.

9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge in track and field. A2- Enable students to acquire integrated knowledge for working as coaches in teams and sports. A3- Enable students to understand adaptations in track and field events and skills. A4- Enable students to understand the practical application of sports training in track and field.	A. Cognitive Objectives
B1- Acquire knowledge of track and field concepts. B2- Acquire knowledge of sports training methods and their application. B3- Understand the relationship between physical qualities and the type of sports event practiced. B4- Develop interaction and information exchange concerning different track and field events.	B. Course-Specific Skill Objectives
C1- Strengthen students' familiarity with theoretical knowledge and its practical application. C2- Enhance cognitive values through discussions. C3- Improve students' teaching efficiency and abilities during exchange of views. C4- Develop affective aspects through sports competitions and a sense of responsibility.	C. Affective and Value Objectives

D1- Theoretical lectures and classroom discussions. D2- Practical and applied learning through exercises and sports skills. D3- Cooperative and active learning through teamwork, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies.	D. Teaching and Learning Methods
E1- Cognitive skills: understand and apply scientific concepts and principles of track and field. E2- Physical and technical skills: master motor performance and event-related sports skills. E3- Analysis and evaluation skills: analyze performance, identify and correct errors, and evaluate level. E4- Communication and teamwork skills: communicate effectively, work in teams, and apply skills in educational situations.	E. Skills

10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional	Factors That Help Reach High Levels in Track and Field	Explain the Technical Phases of the 110 m Hurdles	2	1
		Technical Phases of the Skill	Practical Application of the Technical Phases of the 110 m Hurdles	2	2
		International Rules of the Event	Explain the Event Rules	2	3

examinations. 3- Submit reports. 4- Practical examination in exercise application.	units through exercises and programs. 3- Cooperative and active learning.	Practical Exam	Practical Exam	2	4
		Triple Jump Event	Explain the Technical Phases of the Triple Jump	2	5
		Technical Phases of the Skill	Practical Application of the Event after Breaking It into Phases	2	6
		International Rules of the Event	Explain the Event Rules	2	7
		Practical Exam	Practical Exam	2	8
		Review of Theoretical and Practical Aspects	Theoretical Review of the Two Events, Followed by a Theoretical Exam	2	9
		Discus Throw Event	Explain the Technical Phases of the Discus Throw and Apply It Practically without Equipment	2	10
		Technical Phases	Practical Application Using the Implement and Throwing	2	11
		International Rules of the Event	Explain the Rules	2	12
		Practical Exam	Practical Exam	2	13
		Perform the Event According to the Rules	Technique and Performance	2	14
		800 m and 1500 m Middle-Distance Events	Explain the Technical Phases and Rules of the 800 m and 1500 m Middle-Distance Events	2	15

		Technical Phases of Middle-Distance Races	Practical Application of the Event	2	16
		Practical Exam	Practical Exam	2	17
		Pole Vault Event	Explain the Pole Vault Theoretically after Practical Application of Pole Holding Only	2	18
		Technical Phases	Explain the Technical Phases of the Hammer Throw	2	19
		Technical Phases	Practical Application Using Training Aids without the Official Implement	2	20
		Technical Phases	Practical Application Using the Implement and Throwing	2	21
		International Rules of the Pole Vault	Explain the Rules	2	22
		3000 m Steeplechase	Explain the 3000 m Steeplechase	2	23
		Technical Phases of the Race	Practical Application over Barriers	2	24
		International Rules of the 3000 m Steeplechase	Explain the Rules	2	25
		4 x 400 m Relay	Explain the 4 x 400 m Relay	2	26
		Technical Phases of the Race	Break the Race into Its Basic Technical Phases	2	27

		General Review	Review of Second-Semester Skills	2	28
		Semester Exam	Second-Semester Theoretical Exam	2	29
		Final Exam	Final Practical Exam	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third/final component.					
12. Learning and Teaching Resources:					
1- Track and Field, prescribed textbook. 2- Modern Educational and Refereeing Foundations in Athletics. 3- Sports Training, by Fatima Abd Malih.			Required Textbooks (if any)		
1- Daily reports. 2- Review of research in track and field.			Recommended Supporting Books and References (scientific journals and reports)		
1- Electronic scientific journal websites. 2- Sports websites specialized in track and field. 3- University of Basrah faculty portal.			Electronic Websites and References		

**- Course Description
Teaching
MethodsDescription
Second Stage (2025-2026)**

1. Course Name:	
Teaching Methods	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Prof. Dr. Mohammed Ali Faleh Abdulhadi mhmd.ali@uobasrah.edu.iq Prof. Dr. Ghazi Lafta Hussein ghazi.lafta@uobasrah.edu.iq Lect. Dr. Awad Younis Oda Naim awad.oda@uobasrah.edu.iq	
8. Course Objectives:	
- Identify the importance of teaching. - Identify the parts of the lesson plan. - Identify physical exercises and commands. - Learn how to write instructional units.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Identify concepts of teaching methods. A2- Develop cognitive and practical experience. A3- Develop classroom teaching skills. A4- Identify the stages of teacher preparation and teaching-related qualities.	A. Cognitive Objectives

B1- Identify the parts of the instructional unit. B2- Acquire knowledge of teaching methods and styles and how to apply them. B3- Develop classroom and personal skills during teaching. B4- Develop command-giving skills, physical exercises, and lesson delivery.	B. Course-Specific Skill Objectives
C1- Strengthen students' familiarity with theoretical knowledge and its practical application. C2- Enhance cognitive values through discussions. C3- Improve students' teaching efficiency and abilities in physical education and sport sciences lessons through exchange of views. C4- Develop students' affective aspects through sports competitions and a sense of responsibility.	C. Affective and Value Objectives
D1- Theoretical lectures and classroom discussions to explain course concepts and scientific principles. D2- Practical and applied performance through exercises and classroom skills in fields and halls. D3- Microteaching and individual teaching. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance.	D. Teaching and Learning Methods
E1- Cognitive skills through understanding and applying scientific concepts and principles of teaching methods and direct/indirect styles. E2- Command-giving skill in physical exercises.	E. Skills

E3- Classroom skills and classroom management. E4- Communication and teamwork skills through effective communication and teamwork in practical situations.					
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through practical performance with synchronous feedback. 2- Daily, monthly, semester, and final theoretical and practical examinations. 3- Submit reports. 4- Practical examination in exercise application (performance evaluation).	1- Lecture explanation and discussion with students. 2- Practical application of commands during exercises. 3- Microteaching, individual teaching, PowerPoint presentations, and self-observation of performance.	Teaching: Science and Art	Is Teaching a Science or an Art?	2	1
		Concepts of Teaching Methods and Objectives of Physical Education	Identify the Objectives of Physical Education	2	2
		Physical Exercises	Teaching the Practical Performance of Physical Exercise	2	3
		Physical Exercises	Definition, Types, and Influencing Factors	2	4
		Physical Exercises	Teaching from Easy to Difficult Progressively	2	5
		Practical Exam	Theoretical Exam	2	6
		Types of Exercises	Implement and Apply Exercises According to Each Type	2	7
		Purposes and Classifications of Exercises	Identify the Purposes of Physical Exercises and Their	2	8

			Relationship to Sports Activities		
		Commands and Their Conditions	Explain the Sections of Commands	2	9
		Applications of Commands	Identify Command Procedures	2	10
		Applications of Commands	Develop and Improve Commands in Practical Performance	2	11
		Exam	Evaluate Performance in Commands	2	12
		Practical Exam	Theoretical Exam	2	13
		Physical Education Teacher	How to Prepare a Physical Education Teacher	2	14
		Duties of the Teacher in Physical Education	Qualities of a Physical Education Teacher	2	15
		General and Specific Methods in the Physical Education Lesson	Concept and Types of Circuit Training	2	16
		Varied Plan in the Physical Education Lesson	Teaching the Plan in the Physical Education Lesson	2	17
		Preparatory Section	Components of the Preparatory Section	2	18
		Main Section - Instructional Activity	Components of the Instructional Activity	2	19
		Applied Activity	Components of the Applied Activity	2	20

		Final Section	Components of the Final Section	2	21
		Theoretical Exam	Practical Exam	2	22
		Practical Performance Evaluation	Practical Application (Varied Plan)	2	23
		Instructional Unit Method	Explain the Steps of Instructional Units	2	24
		Preparatory Section	Procedures of the Preparatory Section	2	25
		Preparatory Section	Procedures of the Preparatory Section	2	26
		Applied Activity	Procedures of the Applied Activity	2	27
		Final Section	Procedures of the Final Section	2	28
		General Review	Comprehensive Practical Application	2	29
		Semester Exam - Practical + Theoretical	Semester Exam	2	30

11. Course Assessment:

Grades are distributed as follows: First semester (25 marks): practical 15, theoretical 10. Second semester (25 marks): practical 15, theoretical 10. Final exam (50 marks): theoretical 20, practical 30.

12. Learning and Teaching Resources:

Lamyaa Hassan Al-Diwan and Hassan Al-Sheikh: Principles of Teaching in Physical Education, 1st ed., Dar Maktabat Al-Basaer for Printing, Iraq, 2026.	Required Textbooks (if any)
1- Daily reports. 2- Review of research in teaching methods.	Recommended Supporting Books and References (scientific journals and reports)
1- Electronic scientific journal websites. 2- Sports websites related to curricula and teaching methods. 3- University of Basrah faculty portal.	Electronic Websites and References

University of Basrah
College of Physical
Education and Sport
Sciences

- Course Description
Volleyball / Second Stage
(2026-2025)

1. Course Name:	
Volleyball / Second Stage	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Prof. Dr. Muwafaq Sainakh Jaafar (muwafaq.jaafar@uobasrah.edu.iq) Asst. Prof. Dr. Mohanad Khairallah Jabbar (mohanad.jabbar@uobasrah.edu.iq) muwafaq.jaafar@uobasrah.edu.iq	
8. Course Objectives:	
- Teach students the technical performance of volleyball. - Develop complete knowledge of the rules of the game. - Understand the relationship between official rules and basic skills. - Develop volleyball-specific knowledge. - Keep pace with developments in the game.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of volleyball. A2- Enable students to acquire integrated knowledge for working as a coach in teams and sports.	A. Cognitive Objectives

A3- Enable students to understand adaptations in applying the rules of the game. A4- Encourage students to interact and exchange volleyball-related information with instructors.	
B1- Acquire knowledge of volleyball concepts. B2- Enhance knowledge of the course through discussion. B3- Develop the ability to understand the relationship between physical qualities and abilities and various training methods.	B. Course-Specific Skill Objectives
C1- Theoretical material develops students' awareness of knowledge and how to apply it practically. C2- Enhance the cognitive value of course material through discussions. C3- Improve students' teaching efficiency and abilities in physical education and sport sciences lessons through exchange of views. C4- Develop affective aspects through sports competitions and a sense of responsibility toward others.	C. Affective and Value Objectives
D1- Theoretical and practical lectures. D2- Use illustrations and demonstrations. D3- Cooperative and active learning through group work, discussion, problem solving, and applied activities. D4- E-learning and feedback using educational media and modern technologies to correct and develop performance. D5- Practical and applied learning through exercises and sports skills in courts, halls, and laboratories.	D. Teaching and Learning Methods

E1- Cognitive skills through understanding and applying scientific concepts and principles of the game. E2- Physical and technical skills through mastery of motor performance and volleyball skills. E3- Analysis and evaluation skills through analyzing sports performance, identifying and correcting errors, and evaluating performance level. E4- Communication and teamwork skills through effective communication, teamwork, and applying skills in educational situations.	E. Skills

10. Course Structure:

Assessment Method	Teaching Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Practical assessment of skills. 2- Semester theoretical and practical examinations. 3- Submit reports. 4- Practical and theoretical exam.	Lectures on the volleyball court. 1- Explain the lecture using presentation and discussion. 2- Practical application of selected instructional exercises. 3- Cooperative and active learning.	History and origin of volleyball and introduction to its main characteristics.	Explain the importance of volleyball.	4	1
		Introduce students to the main skills of the game.	Knowledge and Understanding	4	2
		Explain the court, team composition, and team equipment.	Knowledge and Understanding	4	3
		Explain the overhead finger pass.	Knowledge and Understanding	4	4
		Practical applications of the skill from different positions.	Knowledge and Understanding	4	5

		Explain and apply the forearm pass.	Knowledge and Understanding	4	6
		Combine overhead and forearm passing with serve reception.	Knowledge and Understanding	4	7
		Practical applications of forearm passing.	Knowledge and Understanding	4	8
		Explain the duties of the libero player.	Knowledge and Understanding	4	9
		Explain the volleyball serve.	Knowledge and Understanding	4	10
		Explain the objectives of the underhand serve and its official rules.	Knowledge and Understanding	4	11
		Combine the underhand serve with overhead and forearm passing.	Knowledge and Understanding	4	12
		Explain the overhead tennis serve.	Knowledge and Understanding	4	13
		First-Semester Practical Exam	First-Semester Theoretical Exam	4	14
		Review	Review	4	15
		Explain the spike.	Knowledge and Understanding	4	16
		Practical attack exercises from position 4.	Knowledge and Understanding	4	17
		Combine spiking with forearm passing and setting.	Knowledge and Understanding	4	18
		Practical attack exercises from positions 2-3.	Knowledge and Understanding	4	19
		Two-Team Play	Knowledge and Understanding	4	20
		Explain and apply blocking.	Knowledge and Understanding	4	21

		Practical exercises for different blocking formations.	Knowledge and Understanding	4	22
		Combine attacking with blocking.	Knowledge and Understanding	4	23
		Explain court defense.	Knowledge and Understanding	4	24
		Combine attack and block from position 4.	Knowledge and Understanding	4	25
		Combine attack and block from position 2.	Knowledge and Understanding	4	26
		Two-Team Play	Knowledge and Understanding	4	27
		Two-Team Play	Knowledge and Understanding	4	28
		Semester Exam	Second-Semester Theoretical Exam	4	29
		Semester Exam	Second-Semester Practical Exam	4	30
11. Course Assessment:					
Grades are distributed as follows: 25 marks for the first semester (theoretical and practical) and 25 marks for the second semester (theoretical and practical).					
12. Learning and Teaching Resources:					
1- Volleyball for the Second Stage, Dr. Nahida Abdul Zaid.			Required Textbooks (if any)		
1- Volleyball Between Theory and Practice, Dr. Saad Mohammed Qutb.			Recommended Supporting Books and References (scientific journals and reports)		
https://www.facebook.com/Right.volley.Academy			Electronic Websites and References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**Course Description - Physical
Fitness
Second Stage (2026-2027)**

1. Course Name:	
Physical Fitness	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2026 for the Academic Year (2026-2027)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Instructor: Asst. Prof. Dr. Sanaa Ali Ahmed Email: sana.ali@uobasrah.edu.iq	
8. Course Objectives:	
1- Define physical fitness, its importance, components, and types. 2- Explain how to perform aerobic and anaerobic exercises. 3- Teach female students to perform aerobic, anaerobic, and cardio exercises. 4- Teach female students how to design and train aerobic exercise groups.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of physical fitness science. A2- Enable students to acquire the knowledge required to work as physical fitness trainers. A3- Enable students to understand the different types of aerobic exercises. A4- Enable students to understand the practical application of physical fitness exercises.	A. Cognitive Objectives

B1- Acquire knowledge of concepts in physical fitness science. B2- Acquire knowledge of exercise types and how to apply them. B3- Develop the ability to recognize good posture and its relationship to various exercises. B4- Develop interaction and information exchange with physical fitness trainers. B5- Develop interaction and information exchange in sports training.	B. Course-Specific Skill Objectives
C1- Strengthen students' familiarity with theoretical knowledge and its practical application. C2- Enhance the cognitive value of course material through discussions and practical application. C3- Improve students' teaching efficiency and abilities in physical education lessons through exchange of views. C4- Develop students' affective aspects through sports competitions and a sense of responsibility toward others.	C. Affective and Value Objectives
1- Scientific lectures. 2- Use of illustrations and live demonstrations. 3- Use of modern presentation tools (Data Show), models, and written presentations. 4- Practical application of exercises and calculation of training volume.	D. Teaching and Learning Methods

E1- Apply the knowledge acquired in physical fitness. E2- Apply acquired knowledge in the practical performance of physical fitness exercises. E3- Benefit from acquired physical education knowledge in advanced stages of the physical fitness course. E4- Acquire physical fitness knowledge for use in daily life.	E. Skills
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10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical examinations. 3- Submit reports. 4- Practical examination in exercise application.	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Warm-up	Warm-up Exercises 1	2	1
		General Fitness	Warm-up Exercises 2	2	2
		Physical Fitness Components	Strength Development Exercises	2	3
		Physical Fitness Components	Speed Development Exercises	2	4
		Physical Fitness Components	Endurance Development Exercises	2	5
		Physical Fitness Components	Flexibility Development Exercises	2	6
		Aerobic Exercises	Step Aerobic Exercises 1	2	7
		Aerobic Exercises	Step Aerobic Exercises 2	2	8
		Cardiorespiratory Development Exercises	Cardio Exercises 1	2	9

		Cardiorespiratory Development Exercises	Cardio Exercises 2	2	10
		Deep Breathing Exercises	Yoga Exercises	2	11
		Therapeutic Exercises	Pilates Exercises	2	12
		Semester Exam	Semester Exam on All Previous Topics	2	13
		Review	Comprehensive Review of the First Semester	2	14
		Semester Exam	Semester Exam on All Previous Topics	2	15
		Strength Development Exercises	Weight Training Exercises	2	16
		Flexibility Development Exercises	Stick Exercises	2	17
		Therapeutic Exercises	Posture Correction Exercises 1	2	18
		Therapeutic Exercises	Posture Correction Exercises 2	2	19
		Special Exercises	Exercises for Childhood	2	20
		Special Exercises	Exercises for Homemakers	2	21
		Special Exercises	Exercises for Working Women	2	22
		Special Exercises	Exercises for Pregnant Women	2	23
		Special Exercises	Exercises for Infants	2	24
		Creative Exercise Group	Optional Exercise Group	2	25
		Creative Exercise Group	Innovative Exercise Group	2	26

		General Review	General Review of the First and Second Semesters	2	27
		Semester Exam	Semester Exam	2	28
		General Review	Final Practical Exam	2	29
		Comprehensive Exam	Final Theoretical Exam	2	30

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester, (25) marks for the second semester, and (50) marks for the third/final component.

12. Learning and Teaching Resources:

1- Sports Training: a book authored by the Sports Training Committee. 2- Sports Training, by Majid Ali Musa. 3- Sports Training, by Fatima Abd Malih.	Required Textbooks (if any)
1- Daily reports. 2- Review of research in sports training.	Recommended Supporting Books and References (scientific journals and reports)
1- Electronic scientific journal websites. 2- Sports websites specialized in physical fitness. 3- University of Basrah faculty portal.	Electronic Websites and References

**Arabic Language Course
Description
Second Stage (2025-2026)**

1. Course Name:	
Arabic Language	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) hours weekly - (60) hours annually / (4) units weekly - (120) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
1- Lect. Dr. Hazim Abdullatif Abdul Ridha 2- Lect. Dr. Walaa Mahmoud Shakir	
8. Course Objectives:	
1- Teach students the fundamentals of Arabic grammar. 2- Provide a brief overview of the literary eras. 3- Explain some common spelling errors.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of the fundamentals of Arabic grammar. A2- Enable students to acquire knowledge of literary eras. A3- Enable students to understand how to avoid spelling and linguistic errors in writing.	A. Cognitive Objectives
B1- Acquire knowledge of concepts in Arabic linguistics. B2- Acquire knowledge of Arabic grammar and how to apply it in writing. B3- Develop the ability to study and understand Arabic literature across literary eras.	B. Course-Specific Skill Objectives

B4- Acquire knowledge of some spelling and linguistic errors.					
C1- Enhance the cognitive value of course material through discussions. C2- Improve students' teaching efficiency and abilities in Arabic language lessons through exchange of views. C3- Develop students' affective aspects through sports competitions and a sense of responsibility toward others. C4- Further develop affective aspects through competitions and responsibility.		C. Affective and Value Objectives			
1- 1- Scientific lectures. 2- Use of illustrations and live demonstrations. 3- Use of modern presentation tools (Data Show), models, and written presentations. 2- 3-		D. Teaching and Learning Methods			
E1- Apply the knowledge acquired in Arabic language and literature. E2- Apply acquired knowledge in studying selected Quranic and literary texts.		E. Skills			
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through	1- Lecture explanation using	Origin of Language	Brief Overview of Theories on the Origin of Language	2	1

assignments and participation. 2- Semester and final theoretical examinations. 3- Submit reports. 4- Practical examination in exercise application.	teaching aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Importance of the Arabic Language	How Arabic Grammar Emerged; Major Arabic Linguists and Their Works	2	2
		The Holy Quran	The Holy Quran and Its Relationship to Arabic Grammar	2	3
		The Holy Quran	From Surat Al-Isra (23-29)	2	4
		The Holy Quran	Explanation of the Verses and the Main Principles Indicated by Them	2	5
		The Holy Quran	From Surat Yusuf, Verses (1-7)	2	6
		The Holy Quran	Explanation of the Verses and the Main Principles Indicated by Them	2	7
		Prophetic Hadith	Prophetic Hadith and Its Relationship to Arabic Grammar	2	8
		Prophetic Hadith	Explanation of the Prophet's Hadith on the Importance of Mastering Work and Its Main Principles	2	9
		Prophetic Hadith	Explanation of the Prophet's Hadith	2	10

			Prohibiting Envy and Hatred and Its Main Principles		
		Arabic Literature	Arabic Literature: Brief Overview of Literary Eras, Their Definition and Types	2	11
		Arabic Literature	Explanation of Abu Al-Ala Al-Maarri's Daliyya	2	12
		Arabic Literature	Poet Al-Jawahiri	2	13
		Arabic Literature	Poet Badr Shakir Al-Sayyab	2	14
		Course Review	Comprehensive Course Review	2	15
		Semester Exam	Semester Test for All Topics	2	16
		Quarter Break	Quarter Break	2	17
		Arabic Grammar	Arabic Grammar: Definition	2	18
		Arabic Grammar	Present-Tense Verb: Subjunctive and Jussive Cases	2	19
		Arabic Grammar	Genitive Forms	2	20
		Arabic Grammar	Accusative Forms	2	21
		Arabic Grammar	Numbers and Their Rules	2	22
		Arabic Grammar	Dependents	2	23
		Language Skills	Language Skills: Rules for Writing Ta	2	24
		Language Skills	Rules for Writing Alif	2	25

			(Mamdudah and Maqsurah)		
		Language Skills	Writing the Letter Dad	2	26
		Linguistic Dictionaries	Arabic Dictionaries: Brief Overview, Definition, and Types	2	27
		Linguistic Dictionaries	Lexical and Semantic Dictionaries	2	28
		Linguistic Dictionaries	Methodology of the Dictionaries Al-Maqayis and Al-Sihah and Practice in Extracting Words	2	29
		Semester Exam	Semester Test	2	30

11. Course Assessment:

Distribution: 25 marks for monthly and daily exams in the first semester, 25 marks for monthly and daily exams in the second semester, and 50 marks for final examinations.

12. Learning and Teaching Resources:

- 1- The Origin of Grammar and History of Famous Grammarians, Muhammad Al-Tantawi.
- 2- Sharh Ibn Aqil, Baha Al-Din Abdullah ibn Aqil.
- 3- History of Arabic Literature, Shawqi Dayf.
- 4- Qul wa La Taqul, Mustafa Jawad.

Required Textbooks (if any)

- 1- 1- Daily reports.
- 2- Review of research in Arabic language.

2-

Recommended Supporting Books and References (scientific journals and reports)

- 1- Specialized scientific journal websites.
- 2- Internet websites related to Arabic language.
- 3- University of Basrah faculty portal.

1-

Electronic Websites and References



**University of Basrah
College of Physical
Education and Sport**

**Course Description - Handball
Second Stage (2025-2026)**

1. Course Name:	
Handball	
2. Course Code:	
3. Semester: (Semester - Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5. Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(1) hour weekly - (30) hours annually / (2) units weekly - (60) units annually	
7. Course Coordinator(s), if more than one name is mentioned	
Prof. Dr. Usama Sbeeh Mustafa Zamil (usama.sbeeh@uobasrah.edu.iq) Prof. Dr. Kadhim Habib Abbas (kadhim.abass@uobasrah.edu.iq) Asst. Lect. Kadhim Noor Mahdi (kadhun.noor@uobasrah.edu.iq)	
8. Course Objectives:	
- Explain and apply the basic skills of handball. - Achieve proficiency in accordance with international rules. - Develop the ability to select young players, train players, and evaluate their performance. - Develop the ability to analyze performance and make decisions in game situations.	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
1- Identify the rules and recent amendments in handball. 2- Understand methods for training and developing basic handball skills.	A. Cognitive Objectives

3- Understand the fundamentals of refereeing and match management. 4- Understand methods for evaluating physical and skill performance.	
Apply basic and advanced handball skills efficiently.	B. Course-Specific Skill Objectives
1- Promote cooperation and teamwork. 2- Adhere to sports rules and regulations. 3- Develop sportsmanship and acceptance of winning and losing. 4- Promote responsibility and discipline during training and competitions. 5- Respect opponents, referees, and teammates.	C. Affective and Value Objectives
1- Lectures and scientific discussions. 2- Practical and applied learning on the court. 3- Cooperative learning and group work. 4- Presentation and analysis of exercise models and videos. 5- Practical training and applied exercises.	D. Teaching and Learning Methods
1- Motor and technical skills in handball. 2- Basic skills and decision-making. 3- Skills in conducting training units. 4- Observation, analysis, and evaluation skills.	E. Skills

10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignments and participation. 2- Semester and final theoretical examinations. 3- Submit reports. 4- Practical examination in exercise application.	1- Lecture explanation using teaching aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Handball	History of Handball	2	1
		Holding the Ball	Explanation of Basic Handball Skills	2	2
		Receiving the Ball	Explanation of Basic Handball Skills	2	3
		Receiving the Ball	Explanation of Basic Handball Skills	2	4
		Article One	Handball Rules	2	5
		Article Two	Handball Rules	2	6
		Article Three	Handball Rules	2	7
		Article Four	Handball Rules	2	8
		Passing	Explanation of Basic Handball Skills	2	9
		Passing	Explanation of Basic Handball Skills	2	10
		Passing	Explanation of Basic Handball Skills	2	11
		Dribbling	Explanation of Basic Handball Skills	2	12
		Dribbling	Explanation of Basic Handball Skills	2	13
		Exam	Semester Practical Exam	2	14
		Exam	Semester Theoretical Exam	2	15
		Article Five	Handball Rules	2	16
		Article Six	Handball Rules	2	17
		Article Seven	Handball Rules	2	18
		Article Eight	Handball Rules	2	19
		Article Nine	Handball Rules	2	20
		Shooting	Explanation of Basic Handball Skills	2	21
		Shooting	Explanation of Basic Handball Skills	2	22
		Shooting	Explanation of Basic Handball Skills	2	23
		Feinting	Explanation of Basic Handball Skills	2	24

		Feinting	Explanation of Basic Handball Skills	2	25
		Feinting	Explanation of Basic Handball Skills	2	26
		Goalkeeper	Characteristics and Duties of the Handball Goalkeeper	2	27
		Exam	Semester Theoretical Exam	2	28
		Semester Exam	Semester Practical Exam	2	29
		Final Exam	Final Practical Exam	2	30
11. Course Assessment:					
Grades are distributed as follows: 25 marks for each semester, divided into 15 marks for the practical exam and 10 marks for the theoretical exam.					
12. Learning and Teaching Resources:					
Handball, Dr. Kamal Arif and Saad Mohsen. International Handball Rules.			Required Textbooks (if any)		
1- Semester reports.			Recommended Supporting Books and References (scientific journals and reports)		
1- Electronic scientific journal websites. 2- Sports websites specialized in handball. 3- University of Basrah faculty portal.			Electronic Websites and References		

**University of Basrah
College of Physical
Education and Sport
Sciences**

**Boxing Course Description
Second Stage (2026-2027)**

1- Course Name:	
Boxing	
2- Course Code:	
3- Semester: (Semester - Annual)	
Annual	
4- Date of this Description:	
1-9-2026 for the Academic Year (2026-2027)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- Total Study Hours - Total Units	
60 hours / 2 units per week	
7- Course Coordinator(s), if more than one name is mentioned	
- Prof. Dr. Abdul-Kadhim Jalil Hassan - abdall_kadim.jaleel@uobasrah.edu.iq - Assoc. Prof. Dr. Fouad Abdul-Mahdi Mahmoud - fouad.mahdy@uobasrah.edu.iq - Asst. Lect. Mahdi Zuhair Khalaf Jabr - mahde.zoheer@uobasrah.edu.iq - -	
8- Course Objectives	
- Teach basic skills using the equipment. - Develop boxing-specific physical attributes. - Learn the refereeing rules. - Learn how to link skills through movement sequences. - Understand the basic concepts of boxing. - Identify equipment used in the sport. - Identify measures and means for boxer safety. - - - - -	
9- Course Outcomes, Teaching, Learning and Assessment Methods:	
A- Cognitive Objectives	A1- Enable students to acquire knowledge of boxing. A2- Provide integrated knowledge for working as a coach in teams and sports. A3- Enable students to understand adaptations occurring in boxers' performance.

	A4- Enable students to understand and perform the practical application of boxing effectively.
B- Course-Specific Skill Objectives	B1- Acquire knowledge of the history of boxing. B2- Learn and master boxing punches. B3- Develop knowledge of boxing refereeing and bout management inside the ring. B4- Develop interaction, information exchange, and performance in boxing.
C- Affective and Value Objectives	C1- Strengthen integration between boxing theory and practice, emphasizing motor and legal knowledge and its application in the ring. C2- Enhance boxing-related cognitive and sporting values through classroom discussion and movement analysis of bouts. C3- Improve students' teaching and coaching competence through exchange of views and constructive critique of skill performance. C4- Develop affective and psychological qualities such as discipline, self-control, and courage through participation in bouts and competitions and taking responsibility for them.
D- Teaching and Learning Methods	D1- Theoretical lectures and classroom discussions to clarify concepts, scientific principles, and boxing rules related to the course. D2- Practical learning through boxing exercises and skills such as attack, defense, and footwork in sports halls and fields. D3- Cooperative and active learning through teamwork (paired training), discussion, problem solving, and practical ring activities. D4- E-learning and feedback using educational media and modern technologies such as video display and recording to correct and develop motor performance.
E- Skills	E1- Cognitive skills: understand and apply scientific concepts, principles, and boxing tactics.

	E2- Physical and skill abilities: master boxing motor performance, punches, defenses, and footwork. E3- Analysis and evaluation skills: analyze performance, identify and correct errors, and evaluate boxers' level. E4- Communication and teamwork skills: communicate effectively, work within a team, and apply training and tactical skills in teaching situations and bouts.
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10- Course Structure:

Week	Hours	Required Learning Outcomes	Unit / Topic	Learning Method	Assessment Method
1	2	Historical Overview of Boxing	Boxing Stance and Movement	1- Explanation and demonstration. 2- Practical application.	1- Dialogue with students. 2- Application, performance, questions and discussion. 3- Reports. 4- Practical exam in punches and refereeing.
2	2	Fist Technique and Boxing Stance	Boxing Stance and Movement		
3	2	Adjustments to the Boxing Stance	Boxing Stance and Movement		
4	2	Boxing Movement Forward, Backward, and Sideways	Boxing Stance and Movement		
5	2	Rules: Articles 1-4	Boxing Stance and Movement		
6	2	Offensive Skills: Left Straight Punch	Offensive Skills		
7	2	Offensive Skills: Right Straight Punch	Offensive Skills		
8	2	Rules: Articles 5-7	Offensive Skills		

9	2	Theoretical Test on Rules Articles 1-7	Offensive Skills		
10	2	Performing the Right Straight Punch While Moving	Offensive Skills		
11	2	Performing the Left Straight Punch While Moving	Offensive Skills		
12	2	Practical Test on All Previously Covered Skills	Offensive Skills		
13	2	Rules: Articles 9-11	Offensive Skills		
14	2	Offensive Skills: Hook Punch	Offensive Skills		
15	2	Uppercut Punch	Offensive Skills		
16	2	Review of Previous Rules	Offensive Skills		
17	2	Exercises to Develop Key Physical and Skill Attributes	Offensive Skills		
18	2	Defensive Skills and Their Types	Defensive Skills		
19	2	Physical, Technical, Tactical, and Psychological Preparation	Defensive Skills		
20	2	Rules: Articles 12-15	Defensive Skills		
21	2	Ring Familiarization and Introductory Boxing with a Partner	Defensive Skills		

22	2	Rules: Articles 16-19	Defensive Skills		
23	2	Tactical / Combined Exercises for Multiple Offensive Skills	Defensive Skills		
24	2	Theoretical Test / Practical Test	Refereeing Skills		
25	2	Refereeing Tests in the Ring	Refereeing Skills		
26	2	Complete Refereeing Rules, Articles 20-23	Refereeing Skills		
27	2	Theoretical Test on All Rules	Refereeing Skills		
28	2	Second-Semester Practical Exam	Second-Semester Practical Exam		
29	2	Theoretical Lecture + Second-Semester Theoretical Exam	Theoretical Lecture + Second-Semester Theoretical Exam		
30	2	Final Practical Exam on All Equipment	Final Practical Exam on All Equipment		
11- Course Assessment:					
The grade is distributed out of 100 according to assigned tasks such as daily preparation, daily, oral, monthly and written examinations, reports, etc.					
12- Learning and Teaching Resources:					
Required Textbooks (if any)					
Main References (Sources)		1- Amateur Boxing Rulebook. 2- Teaching Basic Skills in Boxing.			
Recommended Supporting Books and References (scientific journals, reports, etc.) / Electronic References and Websites		1- Electronic scientific journal websites. 2- Sports websites specializing in boxing. 3- University of Basrah faculty portal.			

Academic Program and Course Syllabus
College of Physical Education and Sports Sciences
University of Basrah
2026–2025
Third Year

University of Basrah
College of Physical
Education and Sport

Course Description - Scientific
Research
almrhla althaltha(2025-2026)

1-Course Name:	
Scientific Research	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(30) saaa Annuala /	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d. ryad nwry abas a.d. mhmd rhym fayl mohammed.rahim@uobasrah.edu.iq a.d. wathq abd alsahb abyd riyadh.abbas@uobasrah.edu.iq mohammed.rahim@uobasrah.edu.iq wathiq.obaid@ uobasrah.edu.iq	
8. Course Objectives:	
Teach students ass ktaba mshrwa Scientific Research Teach students alya akhtyar almshkla how to syagha alanwan walrbt byn almtghyrat Teach students ma ttdmnh alfswl alkhmsa fy albhth	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge Scientific Research. a2-Enable students to acquire knowledge llaml fy mshrwa albhth. a3-Enable students to acquire knowledge wfhm wApply ass Scientific Research a4-tmkynd students ala fhm alApply alamlly llbhth alalmy bswra falya .	a-Cognitive Objectives
b1-Students acquire knowledge bmfhaym Scientific Research	b-Course-Specific Skill Objectives

b2-Students acquire knowledge bkhtwat albhth almtslsa wApplyha b3-aktsab students alqablya ala how to bna almqayss wTests b4-Develop students' interaction and exchange of information ma alkhbra walmkhtsyn					
j1-thaky almwad theoretical shawr students balilmam balnwahy almarfya whow to apply them practically j2-Enhance the cognitive value of course materials through discussions j3-rfa kfaa students wqablythm albhthya fy drws altrbya albdnya and Sport Sciences athna tbadl alara j4-Develop students' affective aspects mn khlal iqama almnaqshat albhthya bshkl jmaay wtazyz althqa balnfs					
1d-Theoretical lectures and classroom discussions ltwdyh almfehym walmbadi alalmya almrta balmqrr 2d-Practical and applied learning mn khlal alqa alwajbat albhthya 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya 4d-altalm alalktrwny wFeedback using educational media and modern technologies ma tqdym Feedback to correct and improve performance					
h-1-mharat alApply lmnahj Scientific Research h-2- mharat alalqa waltdth amam lina almnaqsha h-3-mharat althlyl walnqash wtrh alasila h-4-mharat albhth walqraa waltdwyn llmsadr alalmya					
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week

1-Assess students through assignments and participation 2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply alwajbat	1-Lecture explanation using teaching aids 2-Apply amly llwajbat 3-Cooperative Learning walnsht	Scientific Research almfhwmm walDefinition of	Concept of Scientific Research ahmyth Types of Research	2	1
		how to akhtyar almwdwa wsyagha almshkla	mqwmmat akhtyar almwdwa hdatha almshkla and its importance	2	2
		Research Plan	its types alkhta albhtya anasrha almkhtsra walkamla	2	3
		ktaba anwan albht walsfhat albhtya alawla	alanwan alaya alahda alshkr waltqdyr almstkhls almhtwyat	2	4
		Semester alawl alDefinition of balbht	mqdma albht wahmyth Research Problem alahdaf alfrwd almjalat	2	5
		Semester Exam	Semester Exam nzry	2	6
		Theoretical and Previous Studies	Definition ofha shrwt ktabtha fwaidha mnaqshtha	2	7
		ktaba wtdwyn almalwmmat theoretical	alqraa altdwyn btaqat alDefinition of llmsadr alaqtbas	2	8
		alya ktaba Sources and References	alhamsh altrqym harfrd wqwaad ktabtha	2	9
		Semester althalth Research Methodology and Field Procedures	almnhj almstkhdm Definition ofh anwaah khtwath	2	10
		Descriptive Method	mfhwmmh khtwath anmata	2	11

		Experimental Method	mfhwmmh Definition ofh dbt altjrba	2	12
		Semester Exam	Semester Exam nzry	2	13
		Review	Review shamla llfsl alawl	2	14
		Semester Exam	Comprehensive First-Semester Theoretical Exam	2	15
		Scientific Research Tools	alastbyan Definition ofath anwaah tsmymh	2	16
		Interview and Observation	mfhwmmha-its types-khtwatha almzaya walaywb	2	17
		Tests	Definition ofha shrwtha alass alalmya	2	18
		ijraat albhth almydanya	thdyd almtghyrat wTests wkthbatha	2	19
		Pilot and Main Experiments	Definition ofha its types alawaml almuthra fyha alastfada mnha	2	20
		Semester Exam	Semester Exam nzry	2	21
		Presentation, Analysis and Discussion of Results	tsmym aljdawl wardha mnaqsha kl mtghyr wazw alاسباب waldam balmsadr	2	22
		Conclusions and Recommendations	how to astnbatha waltfryq bynha wbyn alntaij waltwsyat	2	23
		Arabic and Foreign References	trtybha wktabtha	2	24
		Appendices	how to tsllha btwafq ma mhtwa albhth	2	25

		Statistical Methods	how to astkhdamha bhsb nwa almnhj almstkhdm	2	26
		wajb bna mqyas	mnaqsha alwajbat	2	27
		General Review	General Review II Semestern	2	28
		Semester Exam	Semester Exam nzry wamly	2	29
		Final Exam	Final Theoretical Exam	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja alsay II Semestern					
12-Learning and Teaching Resources:					
asasyat ktaba Scientific Research fy altrbya albdnya and Sport Sciences Ildktwr hydr abd alrzaq asasyat wqwaad Scientific Research Ildktwra nahda abd zyd			Required Textbooks (almnhjya an wjdt)		
1-Daily reports 2-Review albhwth walrsail alalmya			Recommended Supporting Books and References (almjlat alalmya, altqaryr)		
1-Electronic scientific journal websites 2-mwaqa Imjlat ryadya khasa baltrbya alryadya 3-mwaqa University of Basrah bwaba altdrysyn			Electronic Websites and References		

**University of Basrah
College of Physical
Education and Sport**

**Course Description - Physical
Injuries and Rehabilitation
almrhla althaltha (2025-2026)**

1-Course Name:	
Physical Injuries and Rehabilitation	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d. kaml shnyn mnahy (kammil.munahi@uobasrah.edu.iq) kammil.munahi@uobasrah.edu.iq a.d. slam jabr abdallh) salam.jaber@uobasrah.edu.iq (salam.jaber@uobasrah.edu.iq	
8. Course Objectives:	
Introduce the student to balasabat albdnya wahm its causes whow to alajha tryf altalb ala trq altahyl whow to altahyl	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy alisabat albdnya waltahyl a2-Enable students to acquire knowledge llaml almtkaml llaml fy altahyl wastkhdam altmaryn alalajya a3-Enable students to acquire knowledge wfhm altkyfat alhasla fy Apply altahyl a4-tmkyn students ala fhm alApply lltahyl bswra falya .	a-Cognitive Objectives
b1-Students acquire knowledge bmfahym alisabat albdnya waltahyl	b-Course-Specific Skill Objectives

b2-Students acquire knowledge ma hy trq wasalyb altahyl whow to Applyha b3-aktsab students alqablya ala how to hswl alisabat albdnya walwqaya mnha b4-Develop students' interaction and exchange of information maa fy alisabat albdnya	
j1-thaky almwad theoretical shawr students balilmam balnwahy almarfya whow to apply them practically j2-Enhance the cognitive value of course materials through discussions j3-rfa kfaa students wqablythm altdrysya fy drws altrbya albdnya and Sport Sciences athna tbadl alara j4-Develop students' affective aspects mn khlal iqama almnafsat alryadya wsense of responsibility atjaha.	j-Affective and Value Objectives
1d-Theoretical lectures and classroom discussions ltwdyh almfahym walmbadi alalmya almrtbta balmqrr 2d-Practical and applied learning mn khlal ada altmaryn wSkills alryadya fy almlaab walqaaat walmkhtbrat 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya 4d-altalm alalktrwny wFeedback using educational media and modern technologies ma tqdym Feedback to correct and improve performance	d-Teaching and Learning Methods
h-1-Skills almarfya mn khlal Power ala fhm wApply almfahym walmbadi alalmya alkhasa balasabat albdnya waltahyl 2--mharat alatsal walaml aljmaay mn khlal Power ala altwasl alfaal walaml dmn fryq wApply Skills fy almwaqf altalymya alkhasa balasaafat alawlya	h--Skills
10-Course Structure:	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Assess students through assignments and participation 2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply altmryn timer	1-Lecture explanation using teaching aids 2-Apply amly lbad alwhdat altalymya mn khlal Apply altmryn timer walbramj 3-Cooperative Learning walnsht	Nutrition	Explain alm Nutrition mkwnat alm Nutrition	2	1
		Vitamins	anwaa Vitamins faidtha aarad alnqs fy jsn alansan	2	2
		Minerals Athlete Nutrition	its types faidtha aarad alnqs fy jsn alansan ma yhtajh alryady mn ghdha qbl wathna wbad alsbaq	2	3
		Sports Injuries and Their Types	Definition ofha - its types - alawaml almuthra fyha wmethods of prevention walalaj	2	4
		Skin Injuries	ahm Skin Injuries wits causes wmethods of prevention and treatment	2	5
		Muscle Injuries	ahm isabat aladlat wits causes wmethods of prevention and treatment	2	6
		Bone Injuries	ahm isabat alazam wits causes wmethods of prevention and treatment	2	7

		Joint Injuries	ahm Joint Injuries wits causes wmethods of prevention and treatment	2	8
		Upper-Limb Injuries (alktf waltrqwh)	ahm isabat altrf alalwy wits causes wmethods of prevention and treatment	2	9
		almrfq walyd	ahm isabat altrf alalwy wits causes wmethods of prevention and treatment	2	10
		Lower-Limb Injuries (alhwd walfkhdh)	ahm isabat altrf alsfly wits causes wmethods of prevention and treatment	2	11
		Knee	ahm isabat altrf alsfly wits causes wmethods of prevention and treatment	2	12
		Leg and Foot	ahm isabat altrf alsfly wits causes wmethods of prevention and treatment	2	13
		Spinal and Nerve Injuries	ahm isabat alamwd alfqry walaasab wits causes wmethods of prevention and treatment	2	14
		Semester Exam	Comprehensive First-Semester	2	15

			Theoretical Exam		
		alisabat alty la tshml Muscular System walazmy	ahm isabat alras walrqba wits causes wmethods of prevention and treatment	2	16
		Eye Injuries	ahm isabat alayn wits causes wmethods of prevention and treatment	2	17
		Ear	ahm isabat Ear wits causes wmethods of prevention and treatment	2	18
		Abdomen and Lungs	ahm isabat wits causes wmethods of prevention and treatment	2	19
		Doping and Its Types	Definition of walanwaa wtrq alkshf anha	2	20
		Medications	its types and its benefits wmdarha	2	21
		Heat Illnesses	alDefinition of wits causes wmethods of prevention and treatment	2	22
		Life-Threatening Conditions in Athletes	altarf walasbab wtrq alwqaya	2	23
		Cardiac Arrest	alasbab wtrq anaash alqlb walrityn	2	24
		First Aid	alisaafat alawlya lasabat almlaab	2	25
		alisaafat alwlya	alisaafat alawlya llhrwq	2	26

		First Aid	alisaafat alawlya ltnawl almwad aldara wldgh alhshrat walafaay	2	27
		Joint Taping Methods	talm how to rbt almfasl bad alasaba	2	28
		Review llmwad alsabqa	altrkyz ala almwad alsaba	2	29
		Final Exam	Final Theoretical Exam	2	30
11.Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany -					
12-Learning and Teaching Resources:					
1- ktab altb alryad lldktwr abdalrhmn aqb 2- ktab wsail alalaj altbyay lldktwra smyaa khlyl			Required Textbooks (almnhjya an wjdt)		
1-Daily reports			Recommended Supporting Books and References (almjlat alalmya, altqaryr)		
1-Electronic scientific journal websites 2-mwaqa ryadya khasa balasabat alryadya waltahyl 3-mwaqa University of Basrah bwaba altdrysyn			Electronic Websites and References		

**University of Basrah
College of Physical
Education and Sport**

**- Course Description
aljmnastrk alfnv llnsa
almrhla althaltha (2025-2026)**

1-Course Name:	
Women's Artistic Gymnastics	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a. zynb sbah ibrahym raft zainab.sabah@uobasrah.edu.iq	
8. Course Objectives:	
-1- Introduce the student toat bass wmbadi aljmbaz alfnv wajhzth alkhassa balnsa. 2- iksab female students Skills alhrkya alasasya ala alajhza (alardy, Balance Beam, alqfz, Uneven Bars). 3-tnmya anasr Physical Fitness almrta baljmbaz mthl Force, almrwna, Balance, alrshaqa, altwafq. 4-talym qwaad Safety and Security walwqaya mn alisabat athna alada waltdryb. 5-tazyz althqa balnfs wPower ala alabtkar alhrky waljraa fy alada. 6-ghrs qym altaawn, alandbat, walrwh alryadya lda female students	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1 – Learn about tarykh aljmbaz alfnv llnsa wttwrh. a2- alilmam balqwanyn aldwlya alkhassa baljmbaz alfnv (ajhza alnsa: Vault, Uneven Bars, Balance Beam, alardy). a3-fhm almbadi almykanykya walbdnya almrta bada alhrkat. a4- marfa trq Refereeing wanasr altqyym fy aljmbaz alfnv llnsa.	a- Cognitive Objectives

b1-atqan Skills alasasya ala ajhza aljmbaz alfny alkhassa balnsa. b2-tnmya Power ala Balance, alrshaqa, Force, almrwna, waltwafq aladly alasby. b3- aktsab Power ala tadya altmaryn alhrkya bslyasa wjmalya. b4-talm rbt alhrkat wtkwyn slasl hrkya qsyra ala alajhza almkhtlfa.				b-Course-Specific Skill Objectives	
j1-tazyz althqa balnfs wPower ala mwajha althdyat alhrkya. j2-ghrs qym alandbat, alsbr, waldqa fy alada. j3-tnmya aldhwq aljmaly wPower ala altabyr alhrky. j4-tazyz alaml aljmaay mn khlal altdryb almshtk waltshjya almtbadl				j-Affective and Value Objectives	
1 -mn khla l ilqa almhadrat alalmya. 2 - mn khla l alastaana balrswm altdyhy walard alfdyw. 3 - mn khla l astkhdam wsail alard alhdythaData Show)) walmjmat walard alktaby				d-Teaching and Learning Methods	
d 1_qan Skills alasasya ala alard mthl aldhrjat, Handstand, alajlat, alshqlbat alamamya walkhlfya. d2-talm mharat jhaz alqfz kaljry walartqa alshyh, altyran almstqym, alqfz almtkwm walmtqata, walhbwt alslym. d3-aktsab mharat Balance Beam kalmshy ala alaarda, awdaa alwqwf, alqfzat wRotationat, walhbwt. d4-mmarsa mharat Uneven Bars mthl altalq, altarjh, alantqal byn alaardtyn, walhbwt alamn. d5-tnmya Skills albdnya almsanda: Force, almrwna, Balance, alrshaqa, waltwafq alasby aladly.				h-Skills	
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
iata bad alasila mn qbl mdrsa almada wmnashtha ma female students	ard almhadra ala shasha alard ma altdyhy mn qbl mdrsa almada	International Rules llnsa	iata nbdha mkhtsra an qanwn Women's Artistic Gymnastics	2	1
Explain Skills wardha ala female students	iata tghdhya rajaa lmharat alaam alsabq lghrd tdhkyr female students abha	alhrkat alasasya	Review llnharat alhrkya ala jhaz bsat Floor Exercise alty	2	2

			akhdht alaam alsabq		
qyam tl talba bada kafa Skills ma mtabaa mdrsa almada wtshyh alakhta	asdkhdam shasha alard lard mhara almyzan bits types wmn thm Applyha mn qbl nmwdhj hy wbad dhlk mn qbl female students	mjmwaa alhrkat alasasya ala bsat Floor Exercise	Teach female students ala mhara almyzan banwaaa	2	3
Apply female students lmharat alrbt wmn thm rbt almwazyn ma hrkat alrbt	Teach female students mjmwaa mn hrkat alrbt kRotationat walybat walty tqa dmn mjmwaa C		Teach female students ala mharat alrbt	2	4
ajra amthan ywmy bSkills alsabqa ma Skills alhalya	iata tghdhya rajaa llmharat alsabqa wmn thm Explain aldhrjat wApplyha mn qbl female students wtshyh alakhta mn qbl mdrsa almada		talym aldhrjat alardya (alamamya _alkhlfya almkwra ‘ aljanbya)	2	5
Apply female students llmharat ma tshyh alakhta mn qbl almdrsa	ard Skills ala shasha alard ma twdyh mn qbl mdrsa almada		iata mhara alghts wmhara Forward Roll walkhlfya ftha	2	6

Apply female students lImharat ma tshyh alakhta mn qbl almdrsa ma iata wajb lImhadra alqadma bada kafa alhrkat alsabqa ma hrkat alrbt	ard Skills ala shasha alard ma twdyh mn qbl mdrsa almada		talm mharty Handstand wCartwheel	2	7
twdh mdrsa almada mstwa ada kl talba wFaults almrkba lkl talba iata wajb byty ytdmn almada theoretical	qyam kl talba bada alwajb almtlwb mnha ma mtabaa mdrsa almada wtshyh alakhta		tnfydh female students llwajb almtlwb	2	8
trh alasila mn qbl mdrsa almada wmnaqshtha mn qbl ma female students ltqyym mstwa fhm female students iata wajb byty	Explain qanwn aljmnastk walghrd mn drasth ‘hqwq allaabat wwajbathn walajhza	International Rules lljmnastk	Learn about qanwn qanwn aljmnastk almada (1.2.3)	2	9
ajra amthan ywmy lltalbat lmarfa mda fhm female students lImhadra	1 iata tghdhya rajaa thm Explain almada aljdyda qyam mdrsa almada bada alslsla alhrkya		Explain almada (3.4.5) mn qanwn aljmnastk	2	10

ada female students llsisla bad ma tm ardha mn qbl almdrsa wtshyh alakhta	qyam mdrsa almada bada alsisla alhrkya almsahba llmwsyqa amam female students ma Explain mbst				
		bsat Floor Exercise	tkwyn slsila ala jhaz bsat Floor Exercise	2	11
tqyym mstwa female students mn khlal alamthan	ajra amnhan nzry llfsl alawl	International Rules lljmnastk	amthan balmada (1.2.3.4.5)	2	12
tqyym mstwa female students mn khlal adaihn wiata drja altqyym	ajra Semester Exam lltalbat balsisla alhrkya ma almwsyqa	bsat Floor Exercise	Practical Exam balsisla alhrkya	2	13
tqyym mstwa female students mn khlal adaihn wiata drja altqyym	ard alhrkat ala shasha alard wmn thm Applyha mn qbl mdrs almada	jhaz Balance Beam	alsawd dma ala jhaz Balance Beam wakhdh wda albdaya	2	14
Apply female students lmhara alsawd ala alaarda wtshyh alakhta female students ala altkrar ‘	iata tghdhya rajaa llmharat alsabqa wmn thm Explain Skills aljdyda ma alApply alamly		alsyr ala alaarda wBalance athna alsyr	2	15
Apply Skills mn qbl female students wmn thm Apply Skills alsabqa waljdyda maa ltqyym	ajra tghdhya rajaa sryaa bSkills alsabqa wmn thm Explain almhara ma alApply alamly wkhtwat aljlws thm ada almhara		Forward Roll almkwra ala alaarda	2	16
iata wajb byty nzry	shh tryqa astkhraj aldrja alnhaiya llaaba mn khlal ljna E,	International Rules lljmnastk	tryqa astkhraj	2	17

			aldrja alnhaiya llaaba		
iata wajb byty mjmwaa mn alasila litalbat lmarfa mda astyaab female students	iata tghdhya rajaa lljna E wbad dhlk Explain ljna D wtryqa astkhraj almttlbat walsawbat		tkmla Explain almsail wljna D	2	18
iata almjal litalbat ltrh alasila walastfsarat walajaba alyha mn qbl mdrsa almada	iata tghdhya rajaa wbad dhlk tkmla Explain ljna D jdwl alrbt wtryqa astkhraj qym alrbt		tkmla Explain almsail wljna D	2	19
Apply Skills mn qbl female students ma mtabaa mdrsa almada llada wtshyh alakhta	ard almhara ala shasha alard wbad dhlk ardha mn qbl nmwdhj hy ma alrshh almfsl ltryqa alada		alqfz ala albqaa ma tbdyl alrjlyn ma iaada alhrka alsabqa ‘ qfza alkhtwa	2	20
Apply female students llmharat ala aljهاز lmarfa mda talm female students llmharat	ard almhara ala shasha alard ma shh tfsyly mn qbl mdrsa almada an khtwat ada Skills wbad dhlk ardha mn qbl nmwdhj hy ma alrshh almfsl ltryqa alada	jhaz Balance Beam	talm almyzan mn alwqwfw – almyzan mn aljlws ala jhaz alaarda walhbwt alqfz ma nsf lfa	2	21
Apply female students llmharat ala aljهاز lmarfa mda talm female students llmharat	qyam mdrsa almada brbt jmya alhrkat alsabqa ltkwyn slsla hrkya ma almwsyqa ala jhaz Balance Beam		tkwyn slsla hrkya ala jhaz alaarda	2	22

Teach female students ala alsisla alhrkya wtshyh alakhta wtqyym mstwa altalm	astmrrar tdryb female students ala alsisla alhrkya liata frsa lltalbat lltiqan Skills wtqlyl alkhwf mn jhaz alaarda		tdryb female students ala alsisla alhrkya	2	23
twzya astmara tqyym ala female students lmarfa drja sawba Skills mn khlal alijaba ala alastmara (mtwst ‘saba ‘ saba jda)	iata Review sryaa llmada theoretical alsabqa (tghdhya rajaa) wbad dhlk Explain mwsfat alajhza walamwmyat walada alfny walwqt almstghrq llada ala kl jhaz		akhdh mada nzry jhazy mnsa alqfz walmtwazy mkhtlf alartfaa	2	24
iata alfrsa lltalbat ltrh alasila walmsarka balijaba alyha mn qbl baqy female students lmarfa mda astyaab wfhm female students llmhadra	Explain mwsfat alajhza walamwmyat walada alfny walwqt almstghrq llada ala kl jhaz	International Rules lljmnastk	tkmla baqy alajhza (Balance Beam wbsat Floor Exercise)	2	25
trh alasila wmnashtha mn qbl mdrsa almada wfemale students ‘ iata wajb byty baadad tqryr an almhadrtn alsabqtyn	ajra Review sryaa llmada theoretical whow to astkhraj aldrja alnhaiya llaaba wamwmyat alajhza		mrhlha - nmadhj albramj altdrybya almkhtara Review almada theoretical	2	26
mn khlal Review female students ytm tqyym mstwa female students wthdyrh lllamthan alnzry	ajra alamthan alnzry llfsl althany		Theoretical Exam Semestery	2	27

tqyym female students mn khla adaihn llslsa alhrkya ala jhaz Balance Beam	ajra amthan Semester althany llmada alamly ala jhaz Balance Beam	Balance Beam	Practical Exam Semester	2	28
tqyym female students mn khla adaihn llsasl alhrkya wdqa ada altalba llmharat bshkl shyh ma aliyqaa	ajra alamthan alnha iy balslsa alajbarya walakhtyarya ma almwsyqa	jhaz bsat Floor Exercise	alamthan alnha iy alamly	2	29
altqyym alnha iy lltalbat	ajra alamthan alnha iy fy alqaaat aldrasya	International Rules lljmnastk	alamthan alnzry alnha iy	2	30
11.Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja Semester althalth					
12-Learning and Teaching Resources:					
International Rules lljmnastk alfn y llnsa 2024 (alathad aldwy lljmbaz)				Required Textbooks (almnhjya an wjdt)	
1- Daily reports 2- mrajaat albhwth fy aljmnastk alfn y				Recommend ed Supporting Books and References (almjlat alalmya· altqaryr)	
https://en.wikipedia.org/wiki/International_Gymnast?utm_source=chatgpt.com https://en.wikipedia.org/wiki/International_Gymnast?utm_source=chatgpt.com				Electronic Websites and References	
1- mwaqa almwaaq almjlat 2- alalmya althkssya. 3- mwaqa antrnt alkhassa bWomen's Artistic Gymnastics. 4- mwqa University of Basrah bwaba altdrysyn					

**University of Basrah
College of Physical
Education and Sport**

**Course Description - Motor
Analysis
Third Stage (2025-2026)**

1-Course Name:	
Motor Analysis	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d nahdh hamd mshkwr nahidah.hamid@uobasrah.edu.iqnahidah.hamid@uobasrah.edu.iq a.d. qswr abd alhmyd abd alwahd (qaswer.abdulwhed@uobasrah.edu.iq)qaswer.abdulwhed@uobasrah.edu.iq a.d. mhdy salh zalan (@uobasrah.edu.iq mahdi.zaalan)@uobasrah.edu.iq	
8. Course Objectives:	
--thlyl alhrkat alryadya wtwdyhha. - bhth alqwanyn wshrwat alhrkat alryadya wttwyrha. - thsyn alhrkat alryadya aw altknyk alryady. - Motor Analysis ystaml lhl almshklat alty ttalq bMotor Learning walinjaz alryady alaaly. - Motor Analysis ysaad almdrb ala tswr alhrka awla thm iysalha ala almtalm thanya	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a-1 Enable students to acquire knowledge fy alm Motor Analysis a-2-tmkyn students mn alhswl ala almalwmat alty tsaadhm ala thlyl alhrkat	a-Cognitive Objectives

a-3- marfa students btraiq Motor Analysis bkl anwaaha					
a-4 Learn about astkhdam wtwzyf Motor Analysis fy practical altdrybya waltalymya					
b-1 Students acquire knowledge ma hy trq Motor Analysis whow to Applyha. b-2 aktsab students alqablya ala marfa alaqa Motor Analysis balalwm alakhra b 3- iksab students altfaal wtbadl almalwmat ma altdrysy fy Motor Analysis			b-Course-Specific Skill Objectives		
j-1 thaky almwad theoretical shawr students balilmam balnwahy almarfya whow to apply them practically j-2- Enhance the cognitive value of course materials through discussions j-3 Improve students' teaching efficiency and capabilities fy drws altrbya alryadya athna tbadl alara j -4 Develop students' affective aspects mn khlal aqama almnafsat alryadya wsense of responsibility atjah			j-Affective and Value Objectives		
-Through scientific lectures. 2 - mn khlal alastaana balrswm altwdyhya wmqata alfydyw 3-mn khlal astkhdam wsail alard alhdytha walmjmat walard alktaby. 4- alApply alamly lastkhraj alqym mn khlal Filming			d-Teaching and Learning Methods		
d-1- Apply ma aktsbh students mn marfa fy Motor Analysis d-2- Apply ma aktsbh students mn marfa fy alApply alamly llthlyl alhrky d -3alifada mn ma aktsbh students mn marfa fy mjal Motor Analysis fy mjalat altkhss			h-Skills		
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week

tqyym students mn khlal alwajbat walmsharka 2-nshat khlal aldrs 3-alamthanat alywmya walshhrya wSemestery a walnhaiya	Explain almhadrat nzrya bastkhdam wsail aliyydah walard alhdytha	Motor Analysis: mfhwmh, Definition ofh, asalybh, qwaadh, ahmyth, aqsamh	Explain mana Motor Analysis: mfhwmh, Definition ofh, asalybh, qwaadh, ahmyth, aqsamh	2	1
	2- Apply amly lbad altmryn timer walwhdat	alhrka: mfhwmha, Definition ofha, abaadha, ashkalha mn nahya msarha (alhndsy, alzmany), alhrkat alwhyda walmrkba	alhrka: mfhwmha, Definition ofha, abaadha, ashkalha mn nahya msarha (alhndsy, alzmany), alhrkat alwhyda walmrkba	2	2
		alm altshryh walaqth baltrbya albdnya and Sport Sciences, alhrkat alasasya lmfasl jsm alansan, almhawr walmstwyat	alldkhwlm lmdwa alm altshryh walaqth baltrbya albdnya and Sport Sciences, alhrkat alasasya lmfasl jsm alansan, almhawr walmstwyat	2	3
		khtwat Motor Analysis fy almdjal alryady bastkhdam Filming alsynmaiyy walfydywy	ard khtwat Motor Analysis fy almdjal alryady bastkhdam Filming alsynmaiyy walfydywy	2	4
		althlyl albywkynmatyky alkhity/ how to astkhraj mtghyrat almsafa walartfaa wVelocity	Explain mana althlyl albywkynmatyky alkhity/ how to astkhraj mtghyrat almsafa walartfaa	2	5

		walazman wAcceleration	wVelocity walazman		
		Semester Exam	Semester Exam nzry	2	6
		amthla Applyya lastkhraj qym almtghyrat albywkynmatyky a alkhtya	aatastudents amthla Applyya lastkhraj qym almtghyrat albywkynmatyky a alkhtya	2	7
		althlyl albywkynmatyky alzawy/ alzwawya almtlqa walzwawya alnsbya fy althlyl whow to astkhraj mtghyrat zwawya mfasl jsm alansan walantqal alzwawy wVelocity alzwawya wzawya alnhwd walhbwt wzawya altyran	twdyh althlyl albywkynmatyky alzawy/ alzwawya almtlqa walzwawya alnsbya fy althlyl whow to astkhraj mtghyrat zwawya mfasl jsm alansan walantqal alzwawy wVelocity alzwawya wzawya alnhwd walhbwt wzawya altyran	2	8
		amthla Applyya lastkhraj qym almtghyrat albywkynmatyky a alzwawya	amthla Applyya lastkhraj qym almtghyrat albywkynmatyky a alzwawya	2	9
		brmjyathlyl fy llmharat alryadya	brmjyathlyl fy llmharat alryadya	2	10
		Apply amly lbramj Motor Analysis whow to thlyl dqaiq alhrkat llmharat alryadya	Apply amly lbramj Motor Analysis whow to thlyl dqaiq alhrkat llmharat alryadya	2	11

		mrkz thql aljism: mfhwmmh, Definition ofh, thdydh (lajsam almntzma walghyr mntzma), jsm alansan alsakn	mrkz thql aljism: mfhwmmh, Definition ofh, thdydh (lajsam almntzma walghyr mntzma), jsm alansan alsakn	2	12
		Semester Exam	Semester Exam nzry wamly	2	13
		tayyn mrkz thql aljsm llryadyyn fy alhrkat wSkills alryadya	tayyn mrkz thql aljsm llryadyyn fy alhrkat wSkills alryadya	2	14
		Semester Exam	amthan Semester alawl alnzry alshaml	2	15
		amthla Applyya lastkhraj wtayyn mrkz thql aljsm llryadyyn	Explain amthla Applyya lastkhraj wtayyn mrkz thql aljsm llryadyyn	2	16
		iata wajb lastkhraj qym almtghyrat albywkynmatyky a alkhtya walzawya aw tayyn mrkz thql aljsm llryadyyn	iata wajb lastkhraj qym almtghyrat albywkynmatyky a alkhtya walzawya aw tayyn mrkz thql aljsm llryadyyn	2	17
		thdyd almsar alhrky lmrkz thql aljsm wajzah mrkz thql aljsm wajzah	thdyd almsar alhrky lmrkz thql aljsm wajzah mrkz thql aljsm wajzah	2	18
		amthla Applyya lthdyd almsar	amthla Applyya lthdyd almsar	2	19

		alhrky lmrkz thql aljism llryadyyn	alhrky lmrkz thql aljism llryadyyn		
		thdyd almsar alzmany lljism wajzah	thdyd almsar alzmany lljism wajzah	2	20
		Semester Exam	Semester Exam nzrywamly	2	21
		amthla Applyya lthdyd almsar alzmany lljism wajzah	amthla Applyya lthdyd almsar alzmany lljism wajzah	2	22
		Force mmyzatha wajhza qyasha mnhna Force – alzm	Force mmyzatha wajhza qyasha mnhna Force – alzm	2	23
		tayyn Force fy alhrkat alryadya wazmanha/ aqsa qwa msjla wadna qwa msjla wazmanha	tayyn Force fy alhrkat alryadya wazmanha/ aqsa qwa msjla wadna qwa msjla wazmanha	2	24
		amthla Applyya fy how to astkhraj aqsa qwa msjla wadna qwa msjla wazmanha	amthla Applyya fy how to astkhraj aqsa qwa msjla wadna qwa msjla wazmanha	2	25
		iata wajb lthdyd almsar alhrky walmsar alzmany lmrkz thql aljism llryadyyn aw aqsa qwa msjla wadna qwa msjla wazmanha	iata wajb lthdyd almsar alhrky walmsar alzmny lmrkz thql aljism llryadyyn aw aqsa qwa msjla wadna qwa msjla wazmanha	2	26

		tayyn dfa Force fy alhrkat alryadya	tayyn dfa Force fy alhrkat alryadya	2	27
		tayyn Energy alhrkya lhrka jsm alryady athna ada Skills	tayyn Energy alhrkya lhrka jsm alryady athna ada Skills	2	28
		Semester Exam	Semester Exam nzry wamly	2	29
		Final Exam	Final Theoretical Exam	2	30
11.Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja Semester althalth					
12-Learning and Teaching Resources:					
Motor Analysis alryady talyf (yasr njah hsyn – ahmd thamr mhsn(2015			Required Textbooks (almnhjya an wjdt)		
Daily reports 2-Review albhwth fy Motor Analysis			Recommended Supporting Books and References (almjlat alalmya, altqaryr)		
mwaqa almwaqa almjlat alalmya altkhssya. 2-mwaqa antrnt alkhassa bMotor Analysis 3-mwqa University of Basrah bwaba altdrysyn			Electronic Websites and References		

**University of Basrah
College of Physical
Education and Sport
Sciences**

**Course Description - Motor
Learning
Third Stage (2025-2026)**

1-Course Name:	
Motor Learning	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d mntzr mjyd aly (montader.@uobasrah.edu.iq) a.d aly frhan hsyn (ali.hussain@uobasrah.iq) a.d najy mtshr azt (naji.azzat@uobasrah.edu.iq)naji.azzat@uobasrah.edu.iq a.d sbah abdallh abrahym (sabahabdallh.66@gmail.com)sabahabdallh.66@gmail.com a.m.d aly mhmd hady (ali.mohammed-hadi@uobasrah.edu.iq)ali.mohammed-hadi@uobasrah.edu.iq m. amar nasr ywns (amma.younes@uobasrah.ed)amma.younes@uobasrah.ed	
8. Course Objectives:	
- Learn about mfhwm altalm wMotor Learning wkl ma ytalq btalm Skills fy alalaab alryadya -Learn about Mental Processes wdwrrha fy Motor Learning -Learn about ahm almtghyrat fy Motor Learning -Learn about Skill Classification walasalyb almstkhdma fy talymha.	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy Motor Learning	a-Cognitive Objectives

a2-Enable students to acquire knowledge llaml fy mjal talym alalaab wSkills alryadya a3-Enable students to acquire knowledge wfhm amlya Motor Learning a3-tmkyn students mn nqla almalwma theoretical ala waqa Applyy	
b1-Students acquire knowledge bmfahym Motor Learning b2-Students acquire knowledge hwl trq wasalyb talym Skills alryadya b3-aktsab students alqablya ala marfa alaqa alsfat albdnya walqdrat alhrkya btrq wasalyb Motor Learning b4-aktsab students Power ala nql almalwmat theoretical fy Motor Learning ala alApply alamly	b-Course-Specific Skill Objectives
j1-thaky almwad theoretical shawr students balilmam balnwahy almarfya whow to apply them practically j2-Enhance the cognitive value of course materials through discussions j3-rfa kfaa students wqablythm altdrysya fy drws altrbya albdnya and Sport Sciences athna tbadl alara j4-Develop students' affective aspects mn khlal iqama almnafsat alryadya wsense of responsibility atjaha.	j-Affective and Value Objectives
1d-Theoretical lectures and classroom discussions ltwdyh almfahym walmbadi alalmya almrtbta balmqrr 2d-Practical and applied learning mn khlal ada altmaryn almrtbta btalm Skills alryadya fy almlaab walqaaat 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya 4d-altalm alalktrwny wFeedback using educational media and modern technologies fy ard alnmadhj altalymya ma tqdym Feedback to correct and improve performance	d-Teaching and Learning Methods

h-1-Skills almarfya mn khlal Power ala fhm wApply almfahym walmbadi alalmya almrta bMotor Learning h-2-aljanb almhary mn khlal atqan alada alhrky lmharat alryadya almrta bamlya Motor Learning h3--mharat alatsal walaml aljmaay mn khlal Power ala altwasl alfaal walaml dmn fryq wApply Skills fy almwafq altalymya			h--Skills		
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Assess students through assignments and participation 2- alamthanat Semesterya walnhaiya theoretical 3-Submit reports	1-Lecture explanation using teaching aids 3- Cooperative Learning walnsht	altalm-Motor Learning- awaml Motor Learning	Explain wtdydh mfhwm altalm wMotor Learning	2	1
		mfhwm altwafq alhrky	altwafq alhrky	2	2
		nzrya msarat Motor Learning	nzryat Motor Learning	2	3
		mrahl altaaml ma almalwmat	nzam almalwmat	2	4
		nzam altwafq alhrky albsyt- nzam almqarna	anzma altwafq alhrky	2	5
		nzam thlyl almalwmat – nzam altsrf alhrky	anzma altwafq alhrky	2	6
		mkhtt lahda Motor Learning	alrby byn altalm wMotor Learning wahdafh	2	7
		Definition of mnhna altalm – anwaah – alashkal alahsaiya lmnhnyat altalm	twdyh mnhna altalm	2	8
		anwaa Feedback – fwaidha - shrwtha	twdyh Feedback	2	9
		alfal alhrky- alfal alkamn	twdyh Mental Processes	2	10
		Attention – altrkyz- rd alfal	twdyh Mental Processes	2	11

		aladrak – aldhka - altswr	twdyh Mental Processes	2	12
		alabdaa – altfkyr- altdhkr	twdyh Mental Processes	2	13
		Review	Review shamla llfsl alawl	2	14
		Semester Exam	Comprehensive First-Semester Theoretical Exam	2	15
		(albsr- alsma –allms)	twh alafaal alhrkya walhwas	2	16
		albna alhrky walshkl alzahry	almzahr alhrkya	2	17
		albna alhrky almykanyky	almzahr alhrkya	2	18
		ahtmalat alnql alhrky	twdyh alnql alhrky	2	19
		wajb alras altwjyhy – amthla llnql alhrky	alnql alhrky	2	20
		abaad alansyabya (mjal alhrka –almsar alhrky –zmn alhrka)	twdyh alansyabya	2	21
		(dynamykya alhrka –aqda alantqal – tqwym alansyabya)	alansyabya	2	22
		alayqaa alhrky khlal alada – antqal alayqaa alhrky	twdyh alayqaa alhrky	2	23
		halat altwqa alhrky	altwqa alhrky	2	24
		asalyb Practice Scheduling	twdyh altmryn	2	25
		Skills almnfsla walmstmra- walmtslsla	twdyh Skill Classification	2	26
		Skills almghlqa wSkills almftwha- alsghyra walkbyra	Skill Classification	2	27
		General Review	General Review II Semestern	2	28
		Semester Exam	Semester Exam nzry	2	29

		Final Exam	Final Theoretical Exam	2	30
11.Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja alamthan alnhaity					
12-Learning and Teaching Resources:					
1-ktab Motor Learning: ktab mulfa mn qbl mhmd ansys waly mhmd 2-ktab aswl Motor Learning: talyf wjyh mhjwb wahmd bdry			Required Textbooks (almnhjya an wjdt)		
1-Daily reports 2-Review albhwth fy Motor Learning			Recommended Supporting Books and References (almjlat alalmya' altqaryr)		
1-Electronic scientific journal websites 2-mwaqa ryadya khasa bMotor Learning 3-mwaqa University of Basrah bwaba altdrysyn			Electronic Websites and References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**Course Description - Teaching
Methods
almrhla althaltha (2025-2026)**

1-Course Name:	
Teaching Methods	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
alasm altdrysy: a. d lmya hsn mhmd alaymyl lamyaa.hassan@uobasrah.edu.iq alasm altdrysy: a.d lqman amran shnyn alaymyl luqman.shnaeen@ uobasrah.edu.iq alasm altdrysy: a.d sad laydh abd alkrym alaymyl Saad.layedh@ uobasrah.edu.iq alasm altdrysy: a.d antsar ahmd athman alaymyl intsar.ahmed@uobasrah.edu.iqintsar.ahmed@uobasrah.edu.iq alasm altdrysy: a. d mshtaq hmyd abd allh alaymyl mushtaq.hameed@uobasrah.edu.iq mushtaq.hameed@uobasrah.edu.iq	
8. Course Objectives:	
1- Definition of ahmya Teaching Methods wtalym asasyath. 2- how to aadad alwhdat altalymya alkhassa bdrs alryada. 3- aadad Physical Education Teacher 4- Teach students tryqa akhraj Physical Education Lesson.	
9- Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy Teaching Methods a2-Enable students to acquire knowledge llaml almtkaml kmdrs ryada.	a-Cognitive Objectives

a3-tmkyn students alhswl ala almarfa likhraj Physical Education Lesson .	
b1 - Students acquire knowledge bmfahym alm Teaching Methods. b2 -Students acquire knowledge ma hy Teaching Methods whow to Applyha. b3- aktsab students alqablya ala marfa ahm sfat mdrs alryada. b4- iksab students altfaal wtbadl almalwmat ma badhm fy Teaching Methods. b 4-Develop students' interaction and exchange of information maa fy altdryb alryady	b-Course-Specific Skill Objectives
j1- thaky almwad theoretical shawr students balilmam balnwahy almarfya whow to apply them practically j2- Enhance the cognitive value of course materials through discussions byn students walmdrs. j3- Improve students' teaching efficiency and capabilities fy drws altrbya alryadya athna tbadl alara athna aldrs j4- Develop students' affective aspects mn khlal sense of responsibility atjah njah Physical Education Lesson.	j-Affective and Value Objectives
Through scientific lectures. mn khlal alastaana balarwd altqdymya alhdytha (Data show) mn khlal Apply altmaryn practical	d-Teaching and Learning Methods
d1- Apply ma aktsbh students mn marfa fy Teaching Methods. d2- Apply ma aktsbh students mn marfa fy alApply alamly lTeaching Methods d3- alifada mma aktsbh students mn marfa alwm altrbya alryadya fy Teaching Methods	h--Skills

d4- Provide students with knowledge balm Teaching Methods llifada mnha fy alhyaa practical.					
10-Course Structure:					
Assessme nt Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assess students through assignme nts and participati on 2- alamthan Semestery a walnhaiya alnzry 3- Submit reports 4- amthan almy fy Apply altmryn timer	1-Lecture explanatio n using teaching aids 2-Apply amly lbad alwhdat altalymya mn khlal Apply altmryn timer walbramj 3- Cooperativ e Learning walsht	alawdaa alasasya walmshtqa	Explain alawdaa alasasya walmshtqa	2	1
		khta altdrys waqsamha	Explain aqsam khta aldrs	2	2
		khta altdrysya lmrhla almtwsta walaadadya	Explain khta drs almrhla almtwsta	2	3
		alkhta altdrysya lmrhla almtwsta walaadadya	Explain khta aldrs lmrhla alaadadya	2	4
		khta alwhdat altalymya	Explain mmyzat waywb khta alwhdat	2	5
		aadad wtnfydh aldrs	Explain mttlbat tnfydh Physical Education Lesson	2	6
		alkhta almnwaa badwat wbdwnha	Explain mmyzat waywb alkhta almnwaa	2	7
		alwsail altalymya	mahy alwsail altalymya anwaa alwsail altalymya	2	8
		mbadi altdrys	mahy mbadi altdrys	2	9
		altryqa alklya	Definition of Teaching Methods mmyzat waywb altryqa alklya	2	10

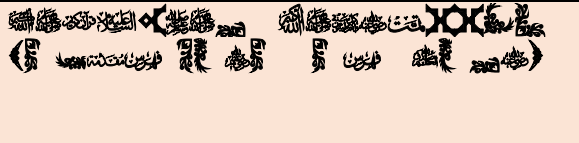
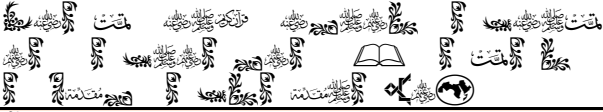
		altryqa aljiya	mmyzat waywb altryqa aljiya	2	11
		altryqa almkhtla	mahy altryqa almkhtla	2	12
		Feedback	Definition of Feedback anwaa Feedback wmmyzatha waywbha	2	13
		Review	Review shamla lfls alawl	2	14
		Semester Exam	Comprehensive First-Semester Theoretical Exam	2	15
		alajhza waladwat almstkhdma fy Physical Education Lesson	alajhza alty tstkhdm fy aldrs	2	16
		alasiwb alamry	Explain alasiwb alamry mmyzat waywb alasiwb alamry	2	17
		alasiwb altdryby	mmyzat waywb alasiwb altdryby	2	18
		alasiwb altbody	mmyzat waywb alasiwb altbody	2	19
		altdmyn wfhs alnfs	Explain altdmyn wfhs alnfs	2	20
		Review alasalyb alhdytha	Review lmya alasalyb	2	21
		alalaab alsghyra	alalaab alsghyra almnasba lkl mrhla	2	22
		amthan	amthan	2	23
		drws likhraj Physical Education Lesson lfiat alkhasa	Definition of drs alryada tryqa akhraj drs alryada	2	24
		drws khasa fy akhraj Physical	tryqa akhraj drs alryada baljw almmtr	2	25

		Education Lesson / aljw almmtr albard			
		altrbya practical (alApply almydany)	Apply amly likhraj drs alryada	2	26
		tknwlwjya altalym	Explain tknwlwjya altalm wtathyrha ala drs alryada	2	27
		tqwym altalb	tryqa tqwym altalb baldrs	2	28
		Review shamla	Review shamla	2	29
		amthan shaml	Final Exam	2	30

11.Course Assessment:

Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja Semester althalth

12- Learning and Teaching Resources:

	
	
	
1-mwaqa almwaqa almjlat alalmya altkhssya. 2-mwaqa antrnt alkhassa bTeaching Methods. 3-mwqa University of Basrah bwaba altdrysyn	almraja alilktrwnya' mwaqa alantrnyt

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description
Volleyball
Third Stage (2025-2026)**

1-Course Name:	
Volleyball Rules	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d. qswr abd alhmyd abd alwahd (qaswer.abdulwhed@uobasrah.edu.iq)qaswer.abdulwhed@uobasrah.edu.iq a.d. mhdy salh zalan (@uobasrah.edu.iq mahdi.zalan)@uobasrah.edu.iq a.d. mhmd rhym fayl (@uobasrah.edu.iq mohammed.rahim)mohammed.rahim a.d. wathq abd alsahb abyd (@uobasrah.edu.iq wathiq.obaid@uobasrah.edu.iqwathiq.obaid a.d rja abd alsmd @uobasrah.edu.iq rajaa.abdul_samad) rajaa.abdul_samad	
8. Course Objectives:	
-Definition of ahmya qanwn laba Volleyball - alqwaad alrsmiya llkra altaira - alasharat Refereeingya - tryqa Refereeing .	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy International Rules fy Volleyball a2-Enable students to acquire knowledge llaml khkm awl a3- Enable students to acquire knowledge llaml khkm thany	a-Cognitive Objectives

a4- Enable students to acquire knowledge llaml kmraqb kht Enable students to acquire knowledge llaml hkm tawla .					
b1-Students acquire knowledge lhow to adara almbaryat b2-Students acquire knowledge how to ansha mlab Volleyball		b-Course-Specific Skill Objectives			
j1- zra althqa balnfs mn khlal tnmya rwh alqyada j2- tnmya alshawr baladara alaadla llmbarat j3-rfa kfah altlab wsql shkhsythm alqyadya waladarya .		j-Affective and Value Objectives			
1d-Theoretical lectures and classroom discussions ltwdyh almfehym walmbadi alalmya almrta balmqrr 2d-Practical and applied learning mn khlal ada almaryn wSkills alryadya fy alqaaa alryadya 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya 4d-altalm alalktrwny wFeedback using educational media and modern technologies ma tqdym Feedback to correct and improve performance		d-Teaching and Learning Methods			
h-1-Skills almarfya mn khlal Power ala fhm wApply almfehym walmbadi alalmya alkhasa bVolleyball Rules h-2- Skills albdnya walmharya mn khlal atqan alada alhrky wSkills alryadya almrta bmada Volleyball h3--mharat alada alfaly llasharat Refereeingya h4--mharat altsjyl khkm tawla		h--Skills			
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Assess students through	1-Lecture explanation using	altjhyzat waladwat	Playing Area ,alabaad, sth almlab ,	2	1

assignments and participation 2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply altnrynay	teaching aids 2-Apply amly lbad alwhdat altalymya mn khlal Apply altnrynay walbramj 3- Cooperative Learning walnsht		alkhtwt ala almlab, almsahat walmnatq, drja alhrara , alidaa		
		altjhyzat waladwat	Net and Posts , irtfaa alshbka, alashrta aljanbya, alasa alhwaiya,	2	2
		alkrat . almqayys, twhyd alkrat , nzam alkhms krat	alkrat . almqayys, twhyd alkrat , nzam alkhms krat	2	3
		almsharkwn	Teams, tkwyn alfryq, tkwyn alfryq. tghyyr aladwat	2	4
		almsharkwn	qada alfryq, riys alfryq almdrb , msaad almdrb	2	5
		Semester Exam	Semester Exam nzry wamly	2	6
		shkl allab	ltsjyl nqta walfwz balshwt walmbaraa , altkhlf walfryq ghyr almktml	2	7
		shkl allab	nzam allab: Draw , frtat alahma	2	8

		shkl allab	trtyb Rotation alasasy : khta Rotation , khta almrkz	2	9
		halat allab	drbat alfryq, alakhta fy lab Ball	2	10
		Ball and alshbka	Ball and alshbka: abwr Ball llshbka, lms Ball llshbka. Ball fy alshbka	2	11
		allaab and alshbka	alwswl khlf alshbka,ijtyaz asfl alshbka, lms alshbka , akhta allaab and alshbka	2	12
		Semester Exam	Semester Exam nzry wamly	2	13
		alirsal	alirsal alawl fy alshwt, trtyb Serve ,ikhfa alirsal akhta alirsal wakhta almrkz	2	14
		Semester Exam	amthan Semester alawl alnzry walamly alshaml	2	15
		Attack Hit	,khsais Attack Hit, qywd Attack Hit akhta Attack Hit	2	16

		alsd	ada alsd, lmsa alsd alsd dakhl mjal almnafs alsd wdrbat alfryq sd alirsal , akhta ada alsd	2	17
		altwqfat	add twqfat allab alaadya, taaqb twqfat allab alaadya, tlb twqfat allab alaadya, altbdyl	2	18
		takhyrat allab	anwaa altakhyrat ,jzaat altakhyr , twqfat allab alistthnaiya , alisaba / almrđ	2	19
		alawqat	ftrat alraha wtghyyr almLaab	2	20
		Semester Exam	Semester Exam nzrywamly	2	21
		allaab alhr	tayyn allaab alhr, alhrkat almtalqa ballaab alhr, iaada tayyn laab hr jdyd	2	22
		slwk almsharkwn	mttlbat alslwk , alslwk alryady, allab alnzyf	2	23
		slwk almsharkwn	sw alslwk wj a zath . sw alslwk albsyt,	2	24

			sw alsawk almudy ila aljzaat		
		slwk almsharkwn	jdwl aljza : Apply jzaat sw alsawk, sw alsawk qbl wbyn alashwat	2	25
		alhkam alrsmyn	alhkam: fryq Refereeing walijraat	2	26
		alhkm alawl	alslta w almsuwlyat	2	27
		alhkam alrsmyn	alhkm althany : alslta w almsuwlyat , hkm althdy , hkm alahtyat, almsjl	2	28
		Semester Exam	Semester Exam nzry wamly	2	29
		Final Exam	Final Theoretical Exam	2	30

11.Course Assessment:

Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja Semester althalth

12-Learning and Teaching Resources:

1-ktab International Rules lkra altaira	Required Textbooks (almnhjya an wjdt)
1-Daily reports	Recommended Supporting Books and References (almjlat alalmya' altqaryr)
1-Electronic scientific journal websites 2-mwaqa ryadya khasa balathad aldwy lkra altaira	Electronic Websites and References

3-mwaqa University of Basrah bwaba altdrysyn	
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University of Basrah
College of Physical Education
and Sport Sciences

Course Description - Physical
Fitness
almrhla althaltha (2025-2026)

1-Course Name:	
Physical Fitness	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9 -2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly - (60) saaa Annuala (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s)	
a.m.d sna aly ahmd sana.ali@uobasrah.edu.iq a.m fatma hsn mhmd fatma.hasan@uobasrah.edu.iq	sana.ali@uobasrah.edu.iq
8. Course Objectives:	
1- Teach female students adara tdrybat wtmryn Physical Fitness almkhtlfa. 2- Teach female students thdyd tshwhat alqwm wmaaljtha. 3- Teach female students tshkhys alsmna walnhafa whsab mushr ktla aljism 4- Teach female students altabyr alhrky walmsahba almwsyqya lltmryn	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
1-tmkyn female students mn alhswl ala almarfa fy alm Physical Fitness 2- tmkyn female students mn alhswl ala almarfa llaml almtkaml llaml kmdb lyaqa bdnya 3 - tmkyn female students mn alhswl ala almarfa wfhm alanwaa almkhtlfa mn altmryn alhwaiya . 4- tmkyn female students ala fhm alApply alamly ltmryn Physical Fitness bswra falya	a-Cognitive Objectives

1 -Students acquire knowledge bmfahym balm Physical Fitness. 2 - Students acquire knowledge ma hy anwaa altmryn timer how to Applyha. 3- aktsab students alqablya ala marfa alqwam aljyd walaqth bmkhtlf altmryn almtnwaa. 4- iksab students altfaal wtbadl almalwmat ma mdrby Physical Fitness.	b-Course-Specific Skill Objectives
1-- thaky almwad theoretical shawr students balilmam balnwahy almarfya timer how to apply them practically 2- Enhance the cognitive value of course materials through discussions 3- Improve students' teaching efficiency and capabilities fy drws altrbya alryadya athna tbadl alara 4- Develop students' affective aspects mn khlal aqama almnafsat alryadya wsense of responsibility atjah alakhryn.	j-Affective and Value Objectives
1 -Through scientific lectures. 2 - mn khlal alastaana balrswm altwdyhya walard almbashr. 3 - mn khlal astkhdam wsail alard alhdytha (Data Show) walmjmat walard alktaby. 4- alApply alamly ltmryn timer .	d- Teaching and Learning Methods
1- Apply ma aktsbh students mn marfa fy Physical Fitness. 2- Apply ma aktsbh students mn marfa fy alApply alamly ltmryn Physical Fitness 3- alifada mn ma aktsbh students mn marfa alwm altrbya alryadya llmrahl almtqdma fy mada Physical Fitness. 4- Provide students with knowledge balm Physical Fitness llifada mnha fy alhyaa alywmya.	h--Skills
10-Course Structure:	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-tqyym students mn khlal alwajbat walmsarka 2-nshat khlal aldrs 3- alamthanat alshhrya wSemesterya walnhaiya	1-Explain almhadrat nzrya bastkhdam wsail aliydah walard alhdytha 2- Apply amly lbad altmryn timer walwhdat	almaryn alhwaiya	tmryn Cardio Exercise1	2	1
		almaryn alhwaiya	tmryn 2 Cardio Exercise	2	2
		tmryn alajya	tmryn1 Pilates Exercise	2	3
		tmryn alajya	tmryn2 Pilates Exercise	2	4
		tmryn hrq aldhwn	tmryn Burning Fat 1	2	5
		tmryn hrq aldhwn	tmryn Burning Fat 2	2	6
		tdryb tmryn aljhaz aldwry altnfsy	tsmym mjmwaaw tmryn klrdyw	2	7
		tdryb tmryn albylats	tsmym mjmwaaw tmryn bylats	2	8
		tmryn alayqaa alhrky	tmryn ZOMBA	2	9
		tmryn altnfs alamyq	tmryn alywgha	2	10
		tdryb tmryn alzwmba	tsmym tmryn ZOMBA	2	11
		tdryb tmryn alywgha	tsmym tmryn ywgha	2	12
		Semester Exam	Semester Exam	2	13
		Review	Review shamla llfsl alawl	2	14

		Semester Exam	Semester Exam ljmaya almwad	2	15
		tmaryn Force	tmaryn Boxing Exercise	2	16
		tdryb tmaryn Force	tsmym tmaryn Boxing Exercise	2	17
		tdryb alrshaqa	tmaryn bBall almtwazna	2	18
		tmaryn alajya	tmaryn lalaj sqwt alras amama	2	19
		tmaryn alajya	tmaryn lalaj alanhna aljanby	2	20
		Semester Exam	amthan Semester althany	2	21
		tmaryn alajya	tmaryn lalaj astdara alktfyn	2	22
		tmaryn alajya	tmaryn lalaj astdara alzhrr	2	23
		tmaryn alajya	tmaryn lalaj fltha alqdmyn	2	24
		tmaryn alajya	tmaryn shd alqwam	2	25
		tmaryn khasa	tmaryn lkbar alsn	2	26
		General Review	General Review llfsl althany	2	27
		Semester Exam	Semester Exam	2	28
		General Review	Review aamla lSemester	2	29

			alawl walthany		
		amthan shaml	alamthan alnhaiy	2	30
11.Course Assessment:					
twzya aldrja mn 25 ala wfq almham almkifa bha altalb mthl althdyr alywmy walamthanat alywmya walshfwya walshhrya practical walthryrya waltqaryr fy Semester alawl (10 nzry – 15 amly) .w25 drja llfsl althany(10 nzry – 15 amly) amthanat ywmya wshhrya amlya wthryrya wtqaryr , w50 drja alamthan alnhaiy alamly walnzry.					
12-Learning and Teaching Resources:					
1- lyla zhran.alass alalmya wpractical lltmryn timerat w altmryn timerat alfnyadar alfkralarby .alqahra.1997 2-aly bshyr alfandy wakhrwn.almrshd alryady altrbwy.almnshia alaama llshr waltwzya walaalan.lybya.1983.			Required Textbooks (almnhjya an wjdt)		
1- d.hany mhmd hjr wd. mhmwd asmaayl: alryada wsha almjtma.alqahrh -2014 2- Daily reports 3- Review albhwth fy altdryb alryady			Recommended Supporting Books and References (almjlat alalmya' altqaryr)		
1- mwaqa almwaqa almjlat alalmya altkhssya. 2-mwaqa antrnt alkhassa bPhysical Fitness			Electronic Websites and References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description
Physiology
almrhla althaltha (2025-2026)**

Course Name :	
Physiology	
Course Code :	
Study System : (Semester) (Annual)	
Annual	
Date of Preparation of this Description :	
1-9-2025 for the Academic Year 2025-2026	
Available Attendance Formats :	
Daily attendance according to the classroom lecture schedule	
add Hours aldrasya (alkly) / add alwhdat (alkly) :	
(2) saaa asbwaya ‘ (60) saaa Annuala ‘(4) whda asbwaya ‘ (120) whda Annuala	
Course Coordinator(s) (if more than one name is mentioned):	
alasm althlathy 1-a.d amar jasm mslm ammam.msilm@uobasrah.edu.iq 2-a.d yasyh hbyb azal yassein.azzal@uobasrah.edu.iq 3- a.d sbah mhdyy krym sabah.kreem@uobasrah.edu.iq sabah.kreem@uobasrah.edu.iq 4-a.d majd sbar mhmmd majad.sabar@uobasrah.edu.iq alaymyl ammam.msilm@uobasrah.edu.iq yassein.azzal@uobasrah.edu.iq	
1- Course Objectives :	
1-talm students asasyat alm wzaif alaada	
2-talm students ala altathyrat waltghyrat alty thdth fy ajhza aljasm ntyja alnshat albdny	
2- Course Outcomes, Teaching, Learning and Assessment Methods :	
a1-tmkyn students mn marfa ajza aljasm alryady a2-astkhdam alwsail altalymya fy Explain wfhm mfrdat almnhy aldrasy a3-tmmya qdrat students fy how to mnaqsha almwadya	a-Cognitive Objectives
b1 -Students acquire knowledge bmfahym mfrdat almada aldrasya . b2 -aktsab students alqablya ala marfa wzaif alajhza almkhtlfa fy aljasm alryady .	b-Course-Specific Skill Objectives

b3- iksab students altfaal wtbadl almalwmat fy mada Physiology .	
j1- rfa almstwa almarfy llmada aldrasya mn khlal trh alara almkhtlfa wmnaqshtha j2- Improve students' teaching efficiency and capabilities fy drws altrbya alryadya athna tbadl alara j3- thsyn alnwahy alwjdanya lltlba wsense of responsibility batjah alakhryn .	j-Affective and Value Objectives
1 -Through scientific lectures. 2 - alastaana balfdywat altwdyhya . 3 -astkhdam wsail alard alhdytha (Data Show).	Teaching and Learning Methods
d1- Apply ma aktsbh students mn marfa ala alajhza kqyas aldght aldmwy . d2- alastfada mn ma aktsbh students mn marfa fy mada Physiology ma almjtna .	d-Skills

3- Course Structure

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
alamthanat Weekya walshhrya walywmya kdhlk alwajbat waltqaryr albytya wamthan nhaya alsna.	alExplain alnzry bmkhtlf wsail alExplain walaydah	Physiology	The Cell and Its Components	2	1
		Physiology	Cell Function Mechanism	2	2
		Physiology	Circulatory System / Heart Muscle	2	3
		Physiology	Blood Vessels	2	4
		Physiology	Nervous System alkhas bHeart Muscle	2	5

		Physiology	Athlete's Heart	2	6
		Physiology	Electrocardiography	2	7
		Physiology	tathyr altdryb ala Heart Muscle	2	8
		Physiology	aldwra aldmwya / alshrayyn	2	9
		Physiology	aldwra aldmwya / alawrda	2	10
		Physiology	sraa jryan aldm	2	11
		Physiology	tathyr aljadhbya ala hrka aldm	2	12
		Physiology	alnbd wtathyr altdryb alryady	2	13
		Physiology	aldght aldmwy wtathyr altdryb alryady	2	14
		Physiology	amthan	2	15
		Physiology		2	16
		Physiology	trkybat aldm	2	17
		Physiology	Respiratory System / alria	2	18

	Physiology	mykanykya altnfs	2	19
	Physiology	aldwra aldmwya alriwya	2	20
	Physiology	trkyb hwa altnfs walsaa alhywya	2	21
	Physiology	altnzym alasby llnfs	2	22
	Physiology	alnshat alryady waltnfs	2	23
	Physiology	tathyr aldght aljwy ala altnfs	2	24
	Physiology	Muscular System / aladlat almkhtta walmlsa	2	25
	Physiology	alatsal alasby aladly	2	26
	Physiology	altab aladly /astraha aladla	2	27
	Physiology	alnshat alryady waladlat	2	28
	Physiology	alswail / wzaif alma/ hrara aljrm	2	29
	Physiology	amthan	2	30

4- Course Assessment :

Distribution is as follows: 25 drja amthanat alshhrya walywmya llfsl alawl. /25 drja amthanat alshhrya walywmya llfsl althany./ 50 drja llamthanat alnhaiy

5- Learning and Teaching Resources:

ktab Physiology – tarq abd almlk alamyn wqys
ibrahym aldwry

Required Textbooks (almnhjya
an wjdt):

ktab almrja fy alfyzywlvjya altbya - ghaytwn whwl (trjma) sadq alhlaly	almraja alriysa :
ktab qlb alryady – d. amar jasm mslm	alktb walmraja alsanda alty ywsa bha (almjlat alalmya ‘ altqaryr) :
msadr alantnt almjlat alakadymya alaraqya mwqa University of Basrah bwaba altdrysyyn	almraja alalktrwnya ‘ mwqa alantnt

University of Basrah
College of Physical
Education and Sport Sciences

Course Description - Football
almrhla althaltha (2025-2026)

1- Course Name :
Football / Third Stage
2- Course Code :
3- Study System : (Semester) (Annual)
Annual
4- Date of Preparation of this Description :
1-9-2025 for the Academic Year 2025-2026
5- Available Attendance Formats :
Daily attendance according to the lecture schedule
6- add Hours aldrasya (alkly) / add alwhdat (alkly) :
(2) saaa asbwaya ‘ (60) saaa Annuala ‘(2) whda asbwaya ‘ (60) whda Annuala
7- Course Coordinator(s) (if more than one name is mentioned):
alasm althlathy 1-a.d amar jasm mslm ammar.msilm@uobasrah.edu.iq 2-a.d ahmd kazm fhd ahmed.fahd@uobasrah.edu.iq 3-a.d majd sbar mhmd majad.sabar@uobasrah.edu.iq 4-m.d mazn aly lazam mazin.ali@uobasrah.edu.iq 5-m.hdhyfh njm khzal hothifa.najem@uobasrah.edu.iq 6-m.m zyad jlal khdyr ziad.jalal@uobasrah.edu.iq 7-m.m samy awda salh sami.aoda@uobasrah.edu.iq alaymyl ammar.msilm@uobasrah.edu.iq ahmed.fahd@uobasrah.edu.iq majad.sabar@uobasrah.edu.iq hothifa.najem@uobasrah.edu.iq
8- Course Objectives :
1- Explain almfehym alasasya fy tdryb Football almkshwfa wApplyha practically: mthl alwhda altdrybya wtrq wasalyb altdryb alryady bFootball almkshwfa.

- 2- Explain and apply mfahym aldfaa walhjwm bFootball wtdrybat hars almrma wkhtt wtshkylat allab almstkhdm bFootball almkshwfa.
- 3- marfa tghdhya ryadyy Football khasa qbl wathna wbad altdrybat aw almbaryat walasabat alshaiaa bFootball whow to alwqaya mnha kdhk how to ajra alisaaf alawly fy hala hdwth alasaba
- 4- almarfa waldryb ala alhalat althabta bFootball wExplain qanwn Football dakh alsalat

9- Course Outcomes, Teaching, Learning and Assessment Methods :

- a1-Enable students to acquire knowledge alasasya bmfahym trq wasalyb altdryb alryady alkhasa bFootball.
- a2-tmkyn students mn Learn about mttlbat alaml almtkaml llmdrb fy mjal Football mn alnwahy albdnya, almharya, walkhttya.
- a3-tmkyn students mn fhm altkyfat albdnya walfsywlvjya alty yhqqa altdryb alryady and laaby Football.
- a4-tmkyn students mn idrak alass alalmya lApply altdryb alamly fy Football bswra falya dakh almlab.
- a5-tmkyn students mn marfa alisabat alshaiaa bFootball whow to alwqaya mnha kdhk marfa alisaaf alawly llisaba
- a6-tmkyn students mn marfa anzma Nutrition almnasba llaaby Football khasa qbl wathna wbad altdrybat aw almbaryat

a-Cognitive Objectives

- b1- tmkyn students mn atqan alqyam bktaba whda tdrybya bFootball wApplyha practically
- b2- tmkyn students Power ala Apply trq wasalyb altdryb alryady bFootball almkhtlfa wmarfa kyf tstkhdm wmta khlal almwsn altdryby (kaltdryb alftry, altdryb altkrary , almstmr , aldairy wghyrha) wmarfa tayrha wntaijha ttwyr mharat Football.
- b3- tnmya qdra students ala alrbt byn alqdrat albdnya (Velocity, Force, althml, almrwna) wmttlbat alada almhary fy Football.
- b4- iksab students mhara altfaal waltwasl aljmaay mn khlal Apply altmaryn walkhtt altktykya dakh almlab.
- b5- tmkyn altalb mn Power ala ktba brnamj ghdhay llaab Football

b-Course-Specific Skill Objectives

b6- tmkyn allaab mn Power ala alisaaf alawly lasaba ytarad lha aw ytarad alyha llaab zmyl	
j1- tnmya shawr students balthqa fy Apply almaarf theoretical lFootball mn khlal almmarsa practical dakhil almlab. j2- tazyz alqym alryadya lda students abr almnaqshat alsfya hwl mwaqf allab walslwkyat alshyha fy Football. j3- ttwyr alqablyat altdrysya ltlba watjahathm aliyjabya nhw almsharka alfaala wibda alray athna alanshta aljmaaya fy drws Football. j4- ghrs rwh almsuwlya walantma mn khlal almsharka fy almbaryat walmnafsat ma mraaaa alqwanyn walrwh alryadya.	j-Affective and Value Objectives
1-alExplain alnzry lImada bastkhdam mkhtlf wsail alExplain walaydah (sbwrh – data shw – ard swry aw fydywy)wftb bab almnaqsha ma students 2-altdryb alamy lImada theoretical alty tm Explainha	Teaching and Learning Methods
d1- tmkyn students mn Apply ma aktsbwh mn maarf nzrya fy tdryb Football ala ard almlab. d2- tdryb students ala thwyl almfaahym theoretical ila mmarsat amlya mthl tsmym alwhdat altdrybya wtnfydhha fy Football. d3- tnmya qdra students ala twzyf maarfhm fy altrbya albdnya lttwyr alada almhary walkhty llaaby Football fy almrhl almtqdma. d4- iksab students mharat tdrybya tsaadhm ala alwqaya walasaaf llasabat kdhk marfa althqafa alghdhaiya alkhassa	d-Skills

10- Course Structure

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
alamthanat Weekya walshhrya	alExplain alnzry bmkhtlf	qanwn Football almkshwfa	mraah lqanwn Football almkshwfa	2	1

walywmya (alshfhya walthryrya wpractical) kdhlk alwajbat waltqaryr albytya wamthan nhaya alsna.	wsail alExplain walaydah walApply alamly alfaly fy almlab	Football	alwhda altdrybya bFootball	2	2
		Football	anwaa alwhdat altdrybya	2	3
		Football	how to ktaba wansha whda tdrybya	2	4
		Football	trq altdryb alryady bFootball tryqa altdryb balhml almstmr	2	5
		trq altdryb alryady bFootball	tryqa altdryb alftry 1- almnkhfd alshda	2	6
		trq altdryb alryady bFootball	tryqa altdryb alftry 2- almrta alshda	2	7
		trq altdryb alryady bFootball	tryqa altdryb alkrary	2	8
		trq altdryb alryady bFootball	tryqa altdryb aldairy	2	9
		hars almrma bFootball	tdrybat hars almrma albdnya	2	10
		hars almrma bFootball	tdrybat hars almrma almharya walkhttya	2	11
		Nutrition	tghdhya laaby Football	2	12
		Nutrition	tkmla ltghdhya laaby Football	2	13
			Practical Exam	2	14
			Theoretical Exam	2	15
		alisabat	alisabat alshaiaa llaaby Football	2	16
		aldfaa bFootball	tdrybat aldfaa bFootball	2	17
		aldfaa bFootball	khtt aldfaa bFootball tdrybat ala tlk alkhtt	2	18
		alhjwm bFootball	tdrybat ala alhjwm bFootball	2	19
		alhjwm bFootball	khtt alhjwm bFootball tdrybat ala alhjwm bFootball	2	20

	tshkylat allab bFootball	Explain wtdrybat	2	21
	khtt allab bFootball	Explain wtdrybat	2	22
	alhalat althabth bFootball	Explain wtdrybat ala alrkla alhra almbashra jwanb wmsafat mtadda alrkla alhra alghyr mbashra	2	23
	alhalat althabth bFootball	alhalat althabth bFootball Explain wtdrybat ala alrkla alrknya rkla altmas rmya almrma drba albdaya	2	24
	qanwn Football llsalat	almwad alkhmsa alawla	2	25
	qanwn Football llsalat	almwad alkhmsa althanya	2	26
	qanwn Football llsalat	almwad alakhyra	2	27
	qanwn Football llsalat	thkym students mbaryat lFootball llsalat	2	28
		Practical Exam	2	29
		Theoretical Exam	2	30

11- Course Assessment :

Distribution is as follows: 25 drja amthanat alshhrya walywmya (practical wtheoretical) llfsl alawl. 25 drja amthanat alshhrya walywmya(theoretical wpractical) llfsl althany. 50 marks for final examinations (alnzyr alnhaiy 20 drja) (alamly alnhaiy 30 drja)

12- Learning and Teaching Resources:

1- ktab Football l zhyr alkhshab walktb almsaada	Required Textbooks (almnhjya an wjdt):
1-Football talym wtdryb l aadl trky wslam jbar 2-aldlyl altdryby alshaml lFootball l amyn hlal	almraja alriysa :
tqaryr asbwaya wwajbat bytya ttalq balmada	alktb walmraja alsanda alty ywsa bha (almjlat alalmya ‘ altqaryr) :

msadr alanttrnt waltmryn timer nat almarwda ala shbkat alanttrnt almjlat alakadymya alaraqya mwqa University of Basrah bwaba altdrysyyn	almraja alalktrwnya ‘ mwqa alanttrnt
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**University of Basrah
College of Physical Education
and Sport Sciences**

**Course Description - Handball
almrhla althaltha (2025-2026)**

1-Course Name:	
Handball	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2025 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(1) hours weekly -(30) saaa Annuala / (2) units weekly – (60) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d. kazm hbyb abas (kadhim.abass@uobasrah.edu.iq) a. m.d. hydr jasm mhmd (prof.haideriassim@gmail.com)	
8. Course Objectives:	
-Explain Apply Offensive and Defensive Tactics and Formations mmyzath waywbh . -itqan thkym widara mbaryat Handball wfq International Rules. -ttwyr Power ala antqa alnashiyn w tdryb allaabyn wtqwym adaihm. ☐ tnmya Power ala thlyl alada watkhadh alqrar fy mwaqf allab.	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
1- Learn about alqwanyn waltadylat alhdytha fy Handball. 2- fhm Offensive and Defensive Tactics and Formations. 3- marfa asalyb tdryb wttwyr Skills alasasya fy Handball. 4- fhm ass thkym widara almbaryat. 5-marfa asalyb tqwym alada albdny walmhary walkhtty.	a-Cognitive Objectives

1- Apply Skills alasasya walmtqdma fy Handball bkfaa. 2- tnfydh Offensive and Defensive Tactics and Formations. 3- idara wthkym mbaryat Handball wfq alqanwn. 4- tsmym wtnfydh whdat tdrybya mnasba. 5- thlyl wtqwym alada almhary walkhtty llaabyn.	b-Course-Specific Skill Objectives
1- tazyz rwh altaawn walaml aljmaay. 2- alaltzam balqwanyn walanzma alryadya. 3- tnmya alrwh alryadya wtqbl alfwz walkhsara. 4- tazyz almsuwlya walandbat athna altdryb walmnafsat. 5- ahtram almnafs walhkam walzmla.	j-alahdaf alwjdanya walqyma
1- almhadrat walmnaqshat alalmya. 2- Practical and applied learning fy almlab. 3- Cooperative Learning walaml dmn mjmwaat. 4- ard wthlyl nmadhj wfydywhat almbaryat. 5- altdryb alamly walmbaryat alApplyya.	d-Teaching and Learning Methods
1- Skills alhrkya walmharya fy Handball. 2- Skills alkhttya watkhadh alqrar. 3- mharat Refereeing wMatch Management. 4- mharat altdryb wqyada alwhdat altdrybya. 5- mharat almlahza walthlyl waltqwym.	h--Skills

10-Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Assess students through assignments and participation	1-Lecture explanation using teaching aids 2-Apply amly lbad	Handball Defense	Handball Defense	2	1
		Handball Defense	tryqa aldfaa an almntqa(almzaya walaywb)	2	2
		Handball Defense	altshkylat aldfaaya fy dfaa almntqa	2	3
		Handball Defense	altshkyl aldfaay (6-0)	2	4

2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply altnrynay	alwhdat altalymya mn khlal Apply altnrynay walbramj 3- Cooperative Learning walnsht	Handball Defense	altshkyl aldfaay (5-1)	2	5
		Handball Defense	altshkyl aldfaay (4-2)	2	6
		Handball Defense	altshkyl aldfaay (3-3)	2	7
		Handball Defense	altshkyl aldfaay (3-2 -1)	2	8
		Handball Defense	tryqa aldfaay rjl lrlj washkal aldfaay rjl lrlj	2	9
		Handball Defense	tryqa aldfaay almkhtlt	2	10
		Handball Defense	tshkylat aldfaay almkhtlt	2	11
		halat allab	Explain qanwn halat allab	2	12
		halat allab	Explain qanwn halat allab	2	13
		Semester Exam	Practical Exam Semester	2	14
		Semester Exam	Theoretical Exam Semester	2	15
		Handball Offense	Handball Offense	2	16
		Handball Offense	alhjwm alsrya alfrdy	2	17
		Handball Offense	alhjwm alsrya aljmaay	2	18
		Handball Offense	bnal hlywm walakhtraq	2	19
		Handball Offense	altshkylat alhlywmya	2	20
		Handball Offense	altshkyl alhlywmy (5-1)	2	21
		Handball Offense	altshkyl alhlywmy (4-2)	2	22
		Handball Offense	altshkyl alhlywmy (3-3)	2	23
		Handball Offense	altshkyl alhlywmy (2-4)	2	24
		halat allab	Explain qanwn halat allab	2	25
		halat allab	Explain qanwn halat allab	2	26

		halat allab	Explain qanwn halat allab	2	27
		Semester Exam	alamthan alnzry Semestery	2	28
		Semester Exam	alamthan alamly Semestery	2	29
		Final Exam	alamthan alamly alnhaity	2	30
11.Course Assessment:					
Grades are distributed as follows: lkl fsl 25 drja tqsm ala 15 llamthan alamly w 10 drjat llamthan alnzry					
12-Learning and Teaching Resources:					
ktab Handball d. ahmd arby International Rules lHandball			Required Textbooks (almnhjya an wjdt)		
1-tqaryr Semestera			Recommended Supporting Books and References (almjlat alalmya' altqaryr)		
1-Electronic scientific journal websites 2-mwaqa ryadya khasa bHandball 3-mwaqa University of Basrah bwaba altdrysyn			Electronic Websites and References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**Course Description - almsaraa
almrhla althaltha (2026-2027)**

1-Course Name:	
Wrestling	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2026 for the Academic Year (2026-2027)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.m.d ryad abd aly hsyn	Riyadh.alsaeed@uobasrah.edu.iq
a.m aly kazm abd alqadr	ali.kadhumi@uobasrah.edu.iq
8. Course Objectives:	
- alDefinition of blaba Wrestling and its importance -how to atqan Skills walmskat -Learn about alqanwn alkhasa ballaba -talym ahm alsfat albdnya whow to ttwyrha bma ytlaim ma tbyaa allaba	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy laba Wrestling alhra walrwmany a2-Enable students to acquire knowledge alkhasa bidara Boutat alkhasa ballaba a3-Enable students to acquire knowledge wfhm ahm altadylat walttwyr alhasl fy allaba a4-tmkn students ala fhm alApply alamlly llmskat wSkills alkhasa ballaba	a-Cognitive Objectives
b1-aktsab students mfahym laba Wrestling wqanwnha	b-Course-Specific Skill Objectives

b2-Students acquire knowledge ma hy trq wasalyb alty ymkn mn khlalha atqan Skills walmskat b3-aktsab students alqablya ala marfa alaqa alsfat walqdrat albdnya wmda alfaalya fy ada almskat b4-Develop students' interaction and exchange of information lthqyq amlya talm afdl	
j1-thaky almwad alqanwnya shawr students balilmam balnwahy almarfya whow to Applyha widara Boutat j2-Enhance the cognitive value of course materials through discussions wtbadl almalwmat ma badhm j3-rfa kfaa students wqablythm altdrysya fy aldrws practical wtbadl alkhbrat j4-Develop students' affective aspects mn khlal iqama Boutat alryadya wsense of responsibility walmkhafza ala anasr alsлама	j-Affective and Value Objectives
1d-mhadrat nzrya wamlya ltwdyh almfahym walmbadi alalmya almrta bmqrr mada Wrestling 2d-Practical and applied learning mn khlal ada almskat wSkills alkhasa blaba Wrestling ala bsat Wrestling 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya byn altlab 4d-Feedback using educational media and modern technologies ma tqdym Feedback to correct and improve performance walarwd ala alshasha	d-Teaching and Learning Methods
h-1-Skills almarfya mn khlal fhm Power how to Apply almfahym walmbadi alalmya alkhasa blaba Wrestling h-2- Skills albdnya walmharya mn khlal atqan alada wSkills alryadya walmskat fy Wrestling	h--Skills

h-3-mharat althlyl waltqwym mn khlal Power ala thlyl alada alkhas balmskat waktshaf alakhta wtshyh walada h-4-mharat alatsal walaml aljmaay mn khlal Power ala altwasl alfaal walaml dmn fryq wApply Skills fy almhadra					
10-Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-tqyym students mn khlal alada wmsaada alzmyl 2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply almskat	1-alExplain llmhadra bastkhdam wsail aldmya walard 2-Apply amly lbad almskat wSkills 3-Cooperative Learning walaml kmjmwaat	The Seven Basic Skills	Explain Basic Skills	2	1
		tqsym ala its types wApplyha	Explain and apply Standing Skill	2	2
		twdyh anwaa aljlws wtrq ada kl nwa	Explain and apply Sitting Skill wanwaaha		3
		althrk lada atjahat whow to Applyh btryqa shyha	Explain and apply althrk bWrestling	2	4
		alqws wanwaah wadaih	Explain and apply Bridge Skill	2	5
		anwaah wastkhdamh alamthl	Explain and apply mhara Defensive Bridge	2	6
		anwaah whow to mqawmth	shr wApply mhara Offensive Bridge	2	7
		mn alwqwf waljlws wlljanb walamam	talym Balance Hold	2	8
		twdyh ahd fha walmskat almshtqa	talym Arm-and-Head Hold	2	9
		mn alastlqa whow to alada	talym Abbasiya Hold	2	10
		atkhadh alawdaa almnasba lljlws	talym mska Neck Lock	2	11
		dqa alatqan walhrka alshyha llaril	talym Mat Hold	2	12

		Semester Exam	Semester Exam nzry	2	13
		alDefinition of alaam balqanwn	International Rules of the Game	2	14
		alqyasat aldwlya alrsmiya	Explain Court Dimensions	2	15
		almatmda mn alathad ma alshaarat alrsmiya	Explain mlabs wtrq fhs almsara	2	16
		Definition of bqanwn allaba	alDefinition of bhalat mmnwah fy Bout	2	17
		how to tmnh alrkhsa wmta	Explain rkhsa alaabyn	2	18
		ahtsab alafdlya	Explain nqat altrtyb	2	19
		1w2w4w5w nqat	Explain ahtsab alnqat	2	20
		lab badd aql 5 msarayn	Explain aldwry	2	21
		how to tnzym nzalat	Explain Draw	2	22
		alastmara almatmda dwlya	Explain Registration Form	2	23
		talym wakhtbar	nzal ma thkym	2	24
		talym wakhtbar	nzal ma thkym	2	25
		talym wakhtbar	nzal ma thkym	2	26
		talym wakhtbar	nzal ma thkym	2	27
		General Review	General Review llSemestern	2	28
		Semester Exam	Semester Exam nzry wamly	2	29
		Final Exam	Final Theoretical Exam	2	30

11.Course Assessment:

Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja alamthan alnhaiy

12-Learning and Teaching Resources:

1- altdryb fy Wrestling :talyf abd aly nsyf 2-altalm waltdryb alrydy fy Wrestling :talyf hmdan rhym alkbysy 3- asasyat Wrestling :talyf salh abdaljbar	Required Textbooks (almnhjya an wjdt)
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1-Daily reports 2-Review albhwth fy Wrestling	Recommended Supporting Books and References (almjlat alalmya' altqaryr)
1-Electronic scientific journal websites 2-mwaqa ryadya khasa btalym wtdryb Wrestling 3-mwaqa University of Basrah bwaba altdrysyn	Electronic Websites and References

University of Basrah
College of Physical Education
and Sport Sciences

Course Description - Fencing
almrhla althaltha (2026-2027)

1-Course Name:	
Fencing	
2-Course Code:	
3-Semester: (Semester – Annual)	
Annual	
4-Date of this Description:	
1-9-2026 for the Academic Year (2025-2026)	
5- Available Attendance Format:	
Daily attendance according to the weekly lecture schedule	
6- add Hours aldrasya (alkly) - add alwhdat (alkly)	
(2) hours weekly -(60) saaa Annuala / (4) units weekly – (120) whda Annuala	
7-Course Coordinator(s) (if more than one name is mentioned)	
a.d. slam jabr abdallh) salam.jaber@uobasrah.edu.iq (salam.jaber@uobasrah.edu.iq a.d. mhmd abd alrzaq nama (mohammed.neemha@uobasrah.edu.iq)mohammed.neemha@uobasrah.edu.iq a.d. mshtaq hmyd abd allh (mushtaq.hameed@uobasrah.edu.iq)mushtaq.hameed@uobasrah.edu.iq a.d. aly abd allh aysa (ali _abdullah@uobasrah.edu.iq)	
8. Course Objectives:	
-Definition of ahmya Fencing wtalym asasyatha wanwaa aslha Fencing -talym Skills alhjwmya waldfaaya lmharat llmbarza -Applly ma talmh altalb mn mharat fy Boutat -talym Refereeing lltlba wAppllyh.	
9-Course Outcomes, Teaching, Learning and Assessment Methods:	
a1-Enable students to acquire knowledge fy Fencing a2-Enable students to acquire knowledge llaml almtkaml a3-Enable students to acquire knowledge wfhm altkyfat alhasla fy Applly Skills wRefereeing	a-Cognitive Objectives

a4-tmkyn students ala fhm alApply alamly lImharat wRefereeing bswra falya .	
b1-Students acquire knowledge bmfahym mharat ryada Fencing b4-Develop students' interaction and exchange of information maa fy Apply mharat Fencing	b-Course-Specific Skill Objectives
j1-thaky almwad theoretical shawr students balilmam balnwahy almarfya wpractical whow to apply them practically j2-Enhance the cognitive value of course materials through discussions j3-rfa kfaa students wqablythm altdrysya fy drws altrbya albdnya and Sport Sciences athna tbadl alara j4-Develop students' affective aspects mn khlal iqama almnafsat wBoutat alryadya wsense of responsibility atjaha.	j-Affective and Value Objectives
1d-Theoretical lectures and classroom discussions ltwdyh almfahym walmbadi alalmya almrtbta balmqrr 2d-Practical and applied learning mn khlal ada altmaryn wSkills lryada Fencing fy almlaab bqaaa Fencing 3d- Cooperative Learning wActive Learning mn khlal alaml aljmaay walmnaqsha whl almshklat walanshta alApplyya lImharat Fencing 4d-altalm alalktrwny wFeedback using educational media and modern technologies ma tqdyw Feedback ltshyh alada alshyh lada Skills lImbarza	d-Teaching and Learning Methods
h-1-Skills almarfya mn khlal Power ala fhm wApply almfahym walmbadi alalmya alkhasa bryada Fencing h-2- atqan Skills albdnya walmharya mn khlal atqan alada alhrky walmharay lryadya Fencing h-3-mharat althlyl waltqwym mn khlal Power ala thlyl alada lImharat ryada Fencing waktshaf alakhta wtshyh wtqwym mstwa alltlba	h--Skills

h-4-mharat alatsal walaml aljmaay mn khlal Power ala altwasl alfaal walaml dmn fryq wApply Skills fy almwafq altalymya					
10-Course Structure:					
Assessme nt Method	Learning Method	Unit / Topic	Required Learning Outcomes	H o u r s	W e e k
- Assess students through assignment s and participatio n practical walApply llmharat 2-alamthan Semesterya walnhaiya alnzry 3-Submit reports 4- amthan almy fy Apply altmryn timerat	1-Lecture explanation using teaching aids 2-Apply amly lbad alwhdat altalymya mn khlal Apply altmryn timerat walbramj 3- Cooperativ e Learning walnsht	mdkhl aam lryada Fencing	mfhw m ryada Fencing tarykh ryada Fencing balaalm –tarykh ryada Fencing balwtn alarby –tarykh Fencing balaraq	2	1
		altjhyzat	tjhyzat laab ryada Fencing	2	2
		Skills	Basic Skills lryada Fencing	2	3
		drs aam	Definition ofha -its types -alawaml almuthra fyha	2	4
		alawdaa alasasya	alwda alasasy lryada Fencing	2	5
		Semester Exam	Semester Exam nzry	2	6
		mharat Fencing	alawdaa aldfaaya alryada lryada Fencing	2	7
		mharat Fencing	anwaa aldfaa lryada Fencing mhara altan lryada Fencing	2	8
		mharat Fencing	anwaa alhjwm lryada Fencing	2	9
		mharat Fencing	altana ytghyralatjah	2	10
		mharat Fencing	alhjwm almrkb	2	11

		mharat Fencing	alhjma aladdya	2	12
		Semester Exam	Semester Exam nzry	2	13
		mharat Fencing	alhjma aldairya	2	14
		mharat Fencing	alhjwm almdad	2	15
		mharat Fencing	hjma alayqaf	2	16
		mharat Fencing	alhjma alzmnya	2	17
		mharat Fencing	alhjwm alkadhb	2	18
		mharat Fencing	alhrkat altmhydya llhjwm	2	19
		mharat Fencing	alhjmat alnslya aldrb –aldght -alshq	2	20
		mharat Fencing	almskat alnslya almsk altdad –almsk balatfaf –alrd	2	21
		mharat Fencing	alrd albsyt almbashr –alrd albsyt alghyr mbashr-alrd almrkb -alrd alsrya –alrd almtakhr-alrd almdad	2	22
		Apply amly	Refereeing bryada Fencing	2	23
		Explain nzry wamly	alqanwn	2	24
		Explain nzry	Explain astmara Refereeing	2	25
		mnafsat	ajra mnafsat byn allaabyn	2	26
		lab	almnafsat bryada Fencing	2	27
		Review	General Review llfswl	2	28
		Semester Exam	Semester Exam nzry wamly	2	29
		Final Exam	Final Theoretical Exam	2	30
11.Course Assessment:					
Grades are distributed as follows: (25) drja Semester alawl - (25) drja Semester althany - (50) drja Semester althalth					
12-Learning and Teaching Resources:					

1-ktab ass ryada Fencing: mulfa mn a.d fatma abd malh a.d byan aly m.d asra qhtan 2-ktab talm Fencing wqwaadha : talyf d aadl fadl d. ala abdallh	Required Textbooks (almnhjya an wjdt)
1-Daily reports 2-Review Skills wBoutat fy alywtywb walaqras almdmja	Recommended Supporting Books and References (almjlat alalmya· altqaryr)
1-Electronic scientific journal websites 2-mwaqa ryadya khasa balm ryada Fencing 3-mwaqa University of Basrah bwaba altdrysyn	Electronic Websites and References

**University of Basrah
College of Physical
Education and Sport**

**Course Description -
Racket Sports
Third Stage 2026 – 2027**

1. Course Name :	
Racket Sports	
2. Course Code :	
3. Semester: (Semester) (Annual)	
Annual	
4. Date of Preparation of this Description.	
1-9-2026 for the Academic Year (2026-2027)	
5. Available Attendance Format.	
Daily attendance according to the weekly lecture schedule	
6. add Hours aldrasya (alkly) / add alwhdat (alkly).	
(2) hours weekly (60) saaa Annuala , (2) units weekly	
7. Course Coordinator(s) (if more than one name is mentioned)	
a.d mntzr mjoyd aly montader.ali@uobasrah.edu.iq montader.ali@uobasrah.edu.iq a.d qsy salh mal allh qusai.mallalah@uobasrah.edu.iq qusai.mallalah@uobasrah.edu.iq a.d mky jbar awda maky.jabbr@uobasrah.edu.iq maky.jabbr@uobasrah.edu.iq a.m.d hdham abd alamyry amyn hutham.ameen@uobasrah.edu.iq hutham.ameen@uobasrah.edu.iq m.m mhnd qasm khdyr mohanned.kasim@uobasrah.edu.iq mohanned.kasim@uobasrah.edu.iq	
8. Course Objectives:	
- yhtm almqrr bLearn about Skills alhrkya llalaab almdrb (Tennis – Badminton) - talm waktsab Basic Skills wttwyrha llalaab almdrb(Tennis – Badminton) - yrkz almqrr bshkl khas ala talm asasyat allaba wqanwn allaba walmrahl alfnya - talm alsfat albdnya mn tmarny wtrq whow to tdrybha	
9. Course Outcomes, Teaching, Learning and Assessment Methods:	
a1- Enable students to acquire knowledge fy Racket Sports a2- Enable students to acquire knowledge llaml almtkaml llaml kmdb fy alalaab alryadya .	a. Cognitive Objectives

a3- Enable students to acquire knowledge wfhm altkyfat alhasla and talm alhrkat alryadya. a4- tmkyn students ala fhm alApply alamly llmharat alasasya bswra falya. a5- Develop students' interaction and exchange of information maa fy Racket Sports. a6- Students acquire knowledge an trq wasalyb altdrys waltdryb llalaab almdrb.					
b1- Students acquire knowledge bmifahym Racket Sports. b2- Students acquire knowledge ma hy trq talym Skills whow to Applyha. b3- aktsab students alqablya ala marfa alsfat albdnya walhrkya. b4- aksab students altfaal wtbadl almalwmat ma alalwm alakhra.				b- Course-Specific Skill Objectives	
j1- thaky almwad theoretical wshawr students balilmam balnwahy almarfya whow to apply them practically. j2- Enhance the cognitive value of course materials through discussions . j3- Improve students' teaching efficiency and capabilities fy drws altrbya alryadya athna tbadl alara. j4- Develop students' affective aspects mn khlal aqama almnafsat alryadya wsense of responsibility atjah alakhryn.				j- Affective and Value Objectives	
d1- Through scientific lectures d2- mn khlal alastaana balrswm altdwyhya walard albshry. d3- mn khlal astkhdam alwsail alhdytha (Data Show) walmjsmat walard alktaby. d4- alApply alamly lltmryn timerat whsab alhjm.				d. Teaching and Learning Methods	
h-1- Apply ma aktsbh students mn mharat fy Racket Sports walqanwn. h-2- Apply ma aktsbh students mn marfa fy alApply alamly litalym Skills. h-3- alafada mma aktsbh students mn marfa alwm altrbya alryadya llmrahl almtqdma walaqtha balaab almdrb. h-4- Provide students with knowledge blaba altns walrysha llifada mnha fy alhyaa almhnya.				h- Skills	
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
		alDefinition of balaab almdrb	Introduction to the Game	2	1

1-Assess students through assignments and participation balmhadrat walada alamly 2. alamthanat Weekya walshhrya walywmya walthryrya wamthan nhaya alsna 3-Submit reports 4. Practical Exam nhaya alsna	1-Lecture explanation using teaching aids walmdarb walkrat walrysh 2. almhadra practical	wHistorical Overview			
		wda alastadad wanwaah wbad mn mwad alqanwn	Basic Principles lltns	2	2
		wda alastadad wanwaah wbad mn mwad alqanwn	Basic Principles lltns	2	3
		wda alastadad wanwaah wbad mn mwad alqanwn	Basic Principles lltns	2	4
		alDefinition of ala almstlhat walqwanyn	ahm mstlhat allaba	2	5
			Basic Skills	2	6
		Serve and Reception wanwaahm wFaults alshaiaa lkl mnhma	Basic Skills	2	7
		Serve and Reception wanwaahm wFaults alshaiaa lkl mnhma	New Skills	2	8
		Forehand and Backhand wanwaahm wFaults alshaiaa lklyhma	asalyb aldrbat	2	9
		Smash wanwaaha-drba allwb- aldrba alnsf taira-wanwaahm wFaults alshaiaa	mmarsat wApply	2	10
		aaada nfs Skills latqanha	mmarsat wApply	2	11
		bad mn mwad alqanwn	Rules Explanation	2	12
		bad mn mwad alqanwn	Rules Explanation	2	13
		Practical Exam	Practical Exam	2	14

		lmthan nzry	Theoretical Exam	2	15
		Introduction to the Game – Historical Overview an Badminton- qyasat almlab	Badminton	2	16
			Basic Principles	2	17
		alqbda mska almdrb-thrkat alqdmyn- wqfa alastadad	Basic Principles	2	18
		almada 2 mn alqanwn- altjhyzat almatrf bha- almada3 mn alqanwn(Draw)	Rules Explanation	2	19
		almada 2 mn alqanwn- altjhyzat almatrf bha- almada3 mn alqanwn(Draw)	Rules Explanation	2	20
		mharat tlab mn asfl hzam alhwd- Serve banwaah- drba alrfa alqwsya amamya wkhlfya	Basic Skills	2	21
		mharat tlab mn asfl hzam alhwd- Serve banwaah- drba alrfa alqwsya amamya wkhlfya	Basic Skills	2	22
		aaada nfs Skills litqanha	aaada	2	23
		almada alkhamisa walsadsa mn alqanwn Serve	Rules Explanation	2	24
		mharat tlab mn fwq alras- drba alabaad alamamya walkhlfya drba alasqat amamya	New Skills	2	25

		wkhlfya Smash alamamya walkhlfya			
		aaada nfs Skills litqanha	iaada	2	26
		alaab ltlba wjmaya almwad alqanwnya almtbqya	Rules and Regulations	2	27
		mharat tlab bmtswa aldhraa janbya alamamya walkhlfya – drbat aldfa almwjha – aldrbat almstqyma – lab alshbka – drbat amamya wkhlfya	New Skills	2	28
		Rules Explanation baltryqa theoretical ward mbaryat	Referees and Decisions	2	29
		Theoretical Exam wamly	alamthan	2	30
		11. Course Assessment:			
		Distribution is as follows: 25 drja amthanat alshhrya walywmya llfsl alawl. 25 drja amthanat alshhrya walywmya llfsl althany. 50 marks for final examinations.			
		12. Learning and Teaching Resources:			
		alktb: Racket Sports talyf tarq hmdy amyn	Required Textbooks (almnhjya an wjdt)		
		alktb: Racket Sports talyf tarq hmdy amyn	Main References:		
		1- Daily reports 2- Review albhwth fy Racket Sports	Recommended Supporting Books and References (almjlat alalmya· altqaryr):		
		1- Electronic scientific journal websites 2- mwaqa ryadya khasa balaab almdrb 3- mwaqa University of Basrah bwaba altdrysyn	Electronic Websites and References		

Academic Program and Course Syllabus
College of Physical Education and Sports Sciences
University of Basrah
2026–2025
Fourth Year

University of Basrah
College of Physical Education and
Sport Sciences

- Course Description Sociology of Sport
Fourth Stage (2026-2027)

1. Course Name:	
Sports Sociology	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1/9/2026	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (4) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
Ism : .d frs Hsn `bd IHsyn firas.hasan@uobasrah.edu.iq)) Ism: .d Hydr `wfy Hmd ((haidar.offy@uobasrah.edu.iqhaidar.offy@uobasrah.edu.iq Ism : .d `mr `bs `ys~ (amer.essa@uobasrah.edu.iq)	
8. Course Objectives:	
- teaching students on principles basic wlmwDw` t specialized ldwr w'hmy@ Sports Sociology in field sports.</li> <li>- study students all topics lty tkhS md@ Sports Sociology.</li> <li>- demonstrating role and importance hdh l`lm in analysis wm`lj@ b`D phenomena historical lty qd tHSl in thn practice mathematical `nd all groups age.</li> <li>- definition importance Sports Sociology and teaching its fundamentals</li> <li>- how to building programs Sports Sociology</li> <li>- `dd Try'q Sports Sociology	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
'1-Enable students to acquire knowledge in Sports Sociology	A. Cognitive Objectives
'2-Enable students to acquire knowledge ll`ml lmtkml ll`ml academic and educational	
'3-Enable students to acquire knowledge bSports Sociology	

'4-teaching writing reports in lmjtm` sports	
'5-teaching students about steps identify problem social	
b1-Students acquire knowledge bmfhym bSports Sociology how to Practical Applicationh. b2-ktsb students ability on m`rf@ details mwDw`t `Im ljt看` various b3-ksb students interaction wtbdI information with in ljt看` sports.	B. Course-Specific Skill Objectives
j1-tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh practically j2-rf` lqym cognitive llmwd academic from khll discussions dkhl classroom academic j3-Enhance students' competence wqblythm teaching in lessons physical education mathematical from khll exchange views j4-rf` aspects lwjdny@ lITlb@ from khll conducting discussions dkhl classroom academic.	C. Affective and Value Objectives
d1-from khll delivering lectures scientific d2-from khll using blrswm explanatory and display demonstration d3-from khll stkhdm methods presentation modern (Data Show) and display written presentation	D. Teaching and Learning Methods
h1-Practical Application m ktsbh students from m`rf@ in theories ljt看` sports. h2-Practical Application m ktsbh students from m`rf@ in lPractical Application l`mly lSports Sociology h3-lfd@ from m ktsbh students from m`rf@ `lwm physical education mathematical llmrHl lmtqdm@ . h4-'ksb students knowledge b`lm Sports Sociology llfd@ mnh in life daily.	E. Skills

10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-tqyym students from khll lwjbt	1- Explain the lecture using teaching	Concept of Sports Sociology	Concept of Sports Sociology	2	1
		Development of Sports Sociology	Development of Sports Sociology	2	2

wlmshrk@ 2-nshT khll ldrs 3- lmtHnt lshhry@ wlfSly@ wlnhy'y@	aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	objectives and importance Sports Sociology	objectives content and importance study Sports Sociology	2	3
		Theories of Sports Sociology	Theories of Sports Sociology	2	4
		Social Institutions	Social Institutions 1) family 2) school 3) state 4) institutions religious centers youth wl'ndy@ mathematical	2	5
		Sports Sociology Scholars	scholars `lm ljt看` in Iraq wl`rb wl'jnb: 1) Dr. `ly lwrdy 2) lfrby 3) bn khldwn 4) 'wkst kwmt 5) myl role khym hrbrt sbnsr	2	6
		Approaches in Sports Sociology	Approaches in Sports Sociology (approach ltrykhy, approach comparative mnhj survey field)	2	7
		Research Methods in Sports Sociology	Research Methods in Sports Sociology	2	8
		Social Functions of Sport - Part 1	Social Functions of Sport - Part 1 1)function psychological 2)function educational	2	9

			3) IryD@ a tool for unity and interaction ljt看`y		
		Social Functions of Sport - Part 2	Social Functions of Sport - Part 2 4) IryD@ a tool for control ljt看`y 5) IryD@ a tool for representation ljt看`y 6) IryD@ a tool for coexistence peaceful byn peoples	2	10
		Sports Sociology Terminology	terms and concepts `lmy@ in Sports Sociology	2	11
		Sports Group	group team sports wkhSy'Sh dynamics group andSports Group and its application in field sports	2	12
		wlshGb and fanaticism sports	wlshGb and fanaticism in field sports(causes ljt看`y@, combating it) .	2	13
		Socialization - Part 1	IryD@ andSocialization - Part 1	2	14
		First-Semester Examination	First-Semester Examination	2	15
		-socialization social(j2) -control ljt看`y	-IryD@ wltynshy'@ social(j2) -control ljt看`y in field sports (t`ryfh, mHddth, methods)	2	16

		Practical Application	Practical Application	2	17
		Practical Application	Practical Application	2	18
		Practical Application	Practical Application	2	19
		Practical Application	Practical Application	2	20
		Practical Application	Practical Application	2	21
		Practical Application	Practical Application	2	22
		Social Deviance	IryD@ and Social Deviance (nature , theories , forms	2	23
		Social Cheating	Social Cheating (causes and factors control bh)	2	24
		-relations social - cohesion and fragmentation groups mathematical	-relations social in group team sports - cohesion and fragmentation groups mathematical	2	25
		- intelligence ljt看`y sports - interaction ljt看`y sports	- intelligence ljt看`y in field sports( definition , types , tests ) - interaction ljt看`y in field sports(definition , types , theories , tests)	2	26
		- integration ljt看`y sports - skills social sports	- integration ljt看`y l看jt看` sports(definition , types , fields , theories)	2	27

			- skills social in field sports (definition , types , measurements , theories)		
		-leisure and recreation sports - IryD@ and its role in combating terrorism and extremism	-leisure and recreation sports - IryD@ and its role in combating terrorism and extremism	2	28
		- Social Problems	-role Social Problems wltrwyHy@ in reducing from activity sports `nd youth -women wlnshT sports	2	29
		Second-Semester Examination	Second-Semester Examination	2	30

11. Course Assessment:

mtHnt fSly@ andAnnual@.25 drj@ mtHnt lshhry@ wlywmy@ llfSI lwl 25 drj@ mtHnt lshhry@ wlywmy@ ll/fSI second/ 50 drj@ llmtHnt lnhy'y@

12. Learning and Teaching Resources:

book Sports Sociology / authored by Professor Dr. frs Hsn `bd IHsyn	Required Textbooks (if any)
1- book Sports Sociology / from authored by Professor Dr. frs Hsn `bd IHsyn 2- Daily reports 3- Review of research in Sports Sociology	Recommended Supporting Books and References (scientific journals, reports)
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bSports Sociology 3-University of Basrah faculty portal	Websites and Electronic References

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description Sports
Management
Fourth Stage (2025-2026)**

1. Course Name:	
Sports Management	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@	
7. Course Coordinator(s):	
1- .d `bd lHlym jbr nzl abdhaleem.nazzal@uobasrah.edu.iq 'd. `qyl jrH @uobasrah.edu.iq aqel.jareh 'd. shhb Glb shhb shabealasdiy@gmail.com 'm. d. fw'd `bd lmhdy fouad.mahdy@uobasrah.edu.iq 'd sn `ly Hmd sana.ali@uobasrah.edu.iq	
8. Course Objectives:	
1- teaching students 'ssyt management mathematical wfSwlh. 2- how to work ldry. 3- management mathematical from l`wml lmhm@ dht l'thr lkbyr in practical training wfy khfq interaction lnsny llzm ltHqyq l'hdf ll`b wlfryq. 4- demonstrating importance management mathematical llmjtm`.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
1- Enable students to acquire knowledge in management mathematical. 2- Enable students to acquire knowledge ll`ml lmtkml ll`ml kdry in institutions mathematical. 3- Enable students to acquire knowledge wfhm ltkyft lHSl@ lPractical Application management mathematical.	A. Cognitive Objectives

4- tmkyn students on understanding lPractical Application l'mly for management mathematical bSwr@ f'ly@ .	
1- Students acquire knowledge bmfhy 'lm management mathematical. 2- Students acquire knowledge bm hy 'nSr management mathematical wkyfy@ Practical Applicationh. 3- ktsb students ability on m`rf@ `lq@ l'nSr ldry@ bPractical Applicationt management mathematical. 4- ktsb students interaction wtbdl information m`an in management mathematical	B. Course-Specific Skill Objectives
1- tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh `mlyan. 2- rf` lqym cognitive llmwd academic from khll discussions. 3- Enhance students' competence wqblythm teaching in lessons physical education mathematical during exchange views. 4- rf` aspects lwjdney@ llTlb@ from khll qy'm@ discussions mathematical wltmt` bHs responsibility tjh lakhryn. Try'q teaching wltmZym	C. Affective and Value Objectives
1 from khll delivering lectures scientific. 2- from khll using blrswm explanatory and display lfydywy. 3- from khll stkhdm methods presentation modern (Data Show) wlmjsmt and display written presentation . 4-E-learning wltGdhy@ lrj`@ using lwsy'T lt'lymy@ wltqnyt modern with tqdym ltGdhy@ lrj`@	D. Teaching and Learning Methods
1- Practical Application m ktsbh students from m`rf@ in `nSr management mathematical.	E. Skills

2- Practical Application m ktsbh students from m`rf@ in lPractical Application l`mly for management mathematical.					
3- lfd@ mm ktsbh students from m`rf@ `lwm physical education mathematical llmrHl lmtqdm@ in management mathematical.					
4- Students acquire knowledge b`lm management llfd@ mnH in life daily.					
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments and participation 2-semester and final theoretical examinations 3- submission of reports 4- Final Examination	1- Explain the lecture using teaching aids. 2- Use modern presentation methods (Data Show), models, and written presentations.	mfhwm ldr@, definition ldr@, `nSr management (wZy'f management)	mqdm@ in management	-	1
		hl management `lm 'm fn, nsh'@ management	definition l`m for management mathematical	2	2
		mdrs ldr@, l'Swl general lldr@, mjlT management	importance management mathematical	2	3
		mstwyt ldr@, skills ldry@	ltkHTyT	2	4
		definition l`m for management mathematical	mqwmt ltkHTyT	2	5
		importance management lryDy@, l`nSr lry'ysy@ ll`ml ldry in field lryDy, Sft management mathematical lf'l@	lkHT@	2	6
		ltkHTyT, mfhwm ltkHTyT, importance ltkHTyT, definition ltkHTyT	ltnZym	2	7
		steps lmnTqy@ lltkHTyT, fwy'd Practical Application ltkHTyT lslym	'nmT ltnZym lrsmy	2	8

		mqwmt ltkhTyT, types ltkhTyT, mbdy' w'ssyT ltkhTyT	ltnsyq	2	9
		importance ltnZym, definition ltnZym, steps ltnZym, mbdy' ltnZym	ltwjyh	2	10
		khSy'S ltnZym llyd, 'ss w'shkl tnZym lmnZm@ (types ltnZym)	lqyd@	2	11
		ltnZym (types ltnZym), 'nmT ltnZym lrsmy, ltnZym Gyr lrsmy	theories lqyd@	2	12
		mfhwm ltnsyq, definition ltnsyq, qw`d ltnsyq	tkhdh decision	2	13
		khSy'S ltnsyq lf`l, types ltnsyq	Sn` decision	2	14
		mfhwm ltwjyh, rky'z ltwjyh	-	2	15
					`TI@
		mfhwm lqyd@, definition lqyd@, mSdr qw@ lqyd@ wt'thyrh, mwSft wlmhrt lqydy@, l'nmT and methods lqydy@, types lqyd@ in field sports	communication	2	16
		mfhwm decision in ldr@, definition lqrr, mfhwm Sn` decision	lshrf	2	17
		types lqrrt, mrHl Sn` and making decision	lrqb@	2	18
		theories Sn` lqrr, m`wqt tkhdh decision lrshyd	ltswyq sports	2	19
		Sft mtkhdh lqrr, methods ts`d lmdyr on Sn` and making lqrrt, l`wml lmw'thr@ in mtkhdh decision	tnZym wdr@ lbTwlt mathematical	2	19

		Practical Application: lsHb individual - lsHb lzwjy - ldwry - lmhrjnt mathematical	tnZym ldwrt mathematical	2	20
		Practical Application	lHtrf wltswyq sports	2	21
		Practical Application	-	2	22
		Practical Application	-	2	23
		Practical Application	-	2	24
		Practical Application	-	2	25
		lsHb@ lfrdy@ .lsHb@ lzwjy@ .ldwry			
		lmhrjnt mathematical			
		Final Examination	End-of-Year Theoretical Examination		

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third component

12. Learning and Teaching Resources:

1-'ssyt work in management mathematical authored by '.d 'bd lHlym jbr wakhrwn. 2- management mathematical book mnhyj for students klyt wqsm physical education physical w'lwm lryD@ tlyf .d 'bd lHlym jbr nzl ..d 'ly mHmd jwd lSy'G	Required Textbooks (if any)
lktb wlmrj` lsnd@ lty ywS~ bh (journals l'lmy@, reports) Daily reports, Review of research in management mathematical	Recommended Supporting Books and References (scientific journals, reports)
1- websites journals scientific lmtkhSS@. 2- websites lntnt specific in management mathematical. 3- mwq` jm`@ lbSr@ portal ltdrysyn.	Websites and Electronic References

University of Basrah
College of Physical Education
and Sport Sciences

Course Descriptions for Sports
Training Fourth Stage (2025-2026)

1. Course Name:	
Sports Training Science	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (4) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
'.d. Hsm mHmd jbr (hussa.jaber@uobasrah.edu.iq)hussa.jaber@uobasrah.edu.iq '.d. Hydr `bd lrzq kZm (haidar.abdalrazzaq@uobasrah.edu.iq )haidar.abdalrazzaq@uobasrah.edu.iq '.d. qSy mHmd `ly rkhyS (qusay.mohammed@uobasrah.edu.iq) '.d. `bd `ly j`fr mHmd sjt ( abdali.mohammed@uobasrah.edu.iqabdali.mohammed@uobasrah.edu.iq '.d hshm shkr `bd lkrym lmTwr (hashim.shakir@uobasrah.edu.iq)	
8. Course Objectives:	
-definition importance training sports and teaching its fundamentals -how to building program ltdryby sports -`dd Try'q training sports -teaching lSft physical wkyfy@ tdrybh.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of sports training science. A2- Enable students to acquire integrated knowledge for working as coaches in teams and sports. A3- Enable students to understand adaptations	A. Cognitive Objectives

occurring in the application of sports training. A4- Enable students to understand the practical application of sports training.	
b1-Students acquire knowledge of Sports Training Science b2-Students acquire knowledge of methods and approaches training sports b3-Students develop their ability on practical application b4-Students develop their ability on physical training and approaches training various b5-Students develop their interaction with information together in training sports	B. Course-Specific Skill Objectives
j1-Students develop awareness of students' learning practically j2-Students develop cognitive learning from academic discussions j3-Enhance students' competence in teaching in lessons physical education physical j4-Students develop aspects of learning from mathematical and awareness of learning	C. Affective and Value Objectives
1d-Theoretical lectures and classroom discussions 2d-Students develop concepts and principles scientific related to the course 3d-Students develop practical application from learning performance 4d-Students develop learning mathematical in learning 5d- Cooperative and active learning from learning work teamwork and solving problems and activities 6d-E-learning using modern technology	D. Teaching and Learning Methods

h1-skills cognitive from khll ability on understanding and Practical Application concepts and principles scientific specific bSports Training Science h2- skills physical wlmhry@ from khll tqn performance lHrky wlmhrt mathematical lmrtd@ bSports Training Science h3-mhrt analysis and evaluation from khll ability on analysis performance sports wktshf errors and correct wtqwym level llb@ h4-mhrt communication and work teamwork from khll ability on ltwSl lf1 and work Dmn fryq and Practical Application skills in lmwqf lt`lymy@	E. Skills
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10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments and participation 2-semester and final theoretical examinations 3- submission of reports 4- mtHn `lmy in Practical Application ltmrynt	1- Explain the lecture using teaching aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	lHtmIt lty ts`d llwSwl to lmstwytl`ly wlnsjm sports	explanation wtwDyH lHtmIt - twDyH mfhwm lnsjm sports	2	1
		mkwnt llyq@ physical	tqsm lSft physical wmkwnt llyq@ physical	2	2
		lHml ltdryby wTrq stkhrij mkwnth	twDyH types lHml ltdryby wTrq stkhrij mkwnth wlkhtlft in `nSr llyq@ physical	2	3
		lqw@ l`Dly@	t`ryfh -'nw`h - l`wml lmw'thr@ fyh	2	4
		tdrybt lqw@ l`Dly@	tdrybt types lqw@ l`Dly@ - frwqt lqw@ l`Dly@ byn ljnsyn	2	5

		Semester Examination	Semester Examination nZry	2	6
		lmTwl@	t`ryfh -nwh - 'hmyth-l`wml lmw'thr@ fyh	2	7
		tdrybt lmTwl@	lt`rf on methods lmstkhdm@ in tdrybt lmTwl@ -lt`rf on nsb@ mshm@ lmTwl@ in lf`lyt mathematical	2	8
		Tryq@ training lmstmr	twDyH Tryq@ training lmstmr andTypes in l'l`b mathematical	2	9
		methods training lftry	twDyH Tryq@ training lftry lmnkhfD lshd@	2	10
		methods training lftry	twDyH Tryq@ training lftry lmrtf` lshd@	2	11
		Tryq@ training ltkrry	mfhwm wtwDyH stkhdm training ltkrry in lf`lyt mathematical	2	12
		Semester Examination	Semester Examination nZry	2	13
		review	review shml@ llfSl lwl	2	14
		Semester Examination	Comprehensive First-Semester Theoretical Examination	2	15
		training ldy'ry	mfhwm training ldy'ry wnw`h	2	16

		training ldy'ry bTryq@ lmstmr	explanation training ldy'ry bTryq@ training lmstmr	2	17
		lsr`@	mfhwmh- 'nw`h-mkwnth- methods training lsr`@- jtyz Hjz lsr`@	2	18
		lmrwn@	t`ryfh -'nw`h - l`wml lmw'thr@ fyh	2	19
		training lmrwn@	methods training lmrwn@	2	20
		Semester Examination	Semester Examination nZry	2	21
		Agility and Balance	t`ryfhm- nw`hm- methods tdrybhm	2	22
		Practical Application 'mly	Practical Application 'mly lTrq training	2	23
		tkhTyT training sports	twDyH how to tkhTyT training sports	2	24
		ldwy'r training	twDH ldwy'r (lSGyr@ – lmtwsT@ – lkbyr@)	2	25
		lkhT@ training lAnnual@	mrHlh -models programs training lmkhtr@	2	26
		lwHd@ training	building lwHd@ training daily- shklh	2	27
		review general	review general llfSlyn	2	28

		Semester Examination	Semester Examination nZry w`mly	2	29
		Final Examination	End-of-Year Theoretical Examination	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) drj@ lnhy'y					
12. Learning and Teaching Resources:					
1-book training sports: book mw'lf@ from qbl ljn@ training sports 2-book training sports: authored by mjd `ly mws~ 3- book training sports: authored by fTm@ `bd mlH			Required Textbooks (if any)		
1-Daily reports 2-Review of research in training sports			Recommended Supporting Books and References (scientific journals, reports)		
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bSports Training Science 3-University of Basrah faculty portal			Websites and Electronic References		

University of Basrah
College of Physical Education and
Sport Sciences

- Course Description The Science of
Properties Fourth Stage (2025-2026)

1. Course Name:	
Adapted Physical Education	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (4) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
'd. Hzm jsm khz`l (hazem.kazal@uobasrah.edu.iq) m.d mHmd ryD Mohammad.riyad@uobasrah.edu.iq	
8. Course Objectives:	
-definition importance Adapted Physical Education -mfhwml`q@ wkyfy@ Hdwthh wlf`lyt mathematical llm`qyn -ltSnyft lTby@ llm`qyn. -types l`qt wthylh.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
'1-Enable students to acquire knowledge in Adapted Physical Education '2-Enable students to acquire knowledge ll`ml lmtkml ll`ml with lm`qyn in clubs wmrkz lt'hyl '3-Enable students to acquire knowledge wfhm ltSnyft lTby@ llm`qyn '4-tmkyn students on understanding lPractical Application l`mly lAdapted Physical Education bSwr@ f`ly@ .	A. Cognitive Objectives
b1-Students acquire knowledge bmfhym Adapted Physical Education	B. Course-Specific Skill Objectives

b2-Students acquire knowledge in many types of learning activities b3-ktsb students ability on mathematical learning b4-ktsb students interaction with information together Adapted Physical Education.	
j1-tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh practically j2-rf lqym cognitive lmwd academic from khll discussions j3-Enhance students' competence with teaching in lessons physical education physical learning exchange views j4-rf aspects of learning from khll mathematical and awareness blmsw'wly@ tjh.	C. Affective and Value Objectives
1d-Theoretical lectures and classroom discussions on concepts and principles scientific related to the course 2d-It is mainly with Practical Applicationy from khll performance in learning mathematical in learning with learning 3d- Cooperative and active learning from khll work teamwork and solving problems and activities Practical Applicationy@ 4d-E-learning with learning@ using learning T learning@ with modern with learning@ learning@ learning performance with learning	D. Teaching and Learning Methods
h1-skills cognitive from khll ability on understanding and Practical Application concepts and principles scientific specific Adapted Physical Education. h2- skills physical learning@ from khll learning performance learning mathematical Adapted Physical Education	E. Skills

h3-mhrt analysis and evaluation from khll ability on analysis performance sports wktshf errors and correct wtqwym level llb@ h4-mhrt communication and work teamwork from khll ability on ltwSl lf l and work Dmn fryq andPractical Application skills in lmwqf lt`lymy@					
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments and participation 2-semester and final theoretical examinations 3- submission of reports	1- Explain lectures theoretically using teaching aids and modern presentation methods. 2- Cooperative and active learning.	mdkhl trykhy lryD@ lm`qyn	ltjht nHw lm`qyn in l`Swr lqdyM@ ltjht nHw lm`qyn in l`Swr lwsT~ ltjht nHw lm`qyn in l`Swr modern trykh l'l`b mathematical llm`qyn	2	1
		l`q@	mfhwm l`q@ lm`q types l`q@ tSnyf l`q@ 'sbb l`q@	2	2
		lt'hyl	mbrtt lt'hyl mfhwm lt'hyl mbdy' lt'hyl types lt'hyl	2	3
		GrD physical education mathematical llm`qyn	hmy@ l`wml lmw'thr@ on performance l'nshT@ mathematical llm`qyn lt'hyl sports llm`q ll`b w'hmyth llm`q	2	4

			steps t'hyl lm`q ryDy methods njH lt'hyl sports llm`q		
		l`q@ ljsdy@ ( motor _ physical ) definition b`D terms	lbtwr mfhwmm lbtwr ltqsynt lTby@ llbtwr ltSnyf lTby llbtwr	2	5
		Semester Examination	Semester Examination nZry	2	6
		ltmryn llm`qyn	ltmrynt l`lly@ llbtwr with wjwd Trf Sn`y or bdwnh 'ss building ltmrynt specific blbtwr mwSft lTrf lSn`y	2	7
		lshll	types lshll ltqsynt lTby@ lshll l'Trf lsfl~ wlshll lrb`y nZm lnqT wfq lkhtbr qw@ l`Dlt lmSb@	2	8
		lshll	shll l'Tfl mfhwmm shll l'Tfl types shll l'Tfl	2	9
		lshll ldmGy	lshll ldmGy types lshll ldmGy ltSnyf lTby llshll ldmGy role mdrs physical education mathematical with lmshlwlyn l'l`b ltnfsy@ lSbt lshll	2	10
		l`q@ l`qly@	l`q@ l`qly@ mfhwmmh tSnyf ltkhlf l`qly according to nsb@ intelligence	2	11

			tSnyf ltkhlf l`qly according to drj@ intelligence tSnyf ltkhlf l`qly according to ltshryH lfsywlwjy lmSHwb bnqS intelligence tSnyf ltkhlf l`qly `tmd on md~ lnkhfD in lqdrf l`qly@ general tSnyf ltkhlf l`qly ldhy ytm on		
		l`q@ l`qly@	`q@ ltwHd mtlzm@ dwn (lmnGwly)	2	12
		Semester Examination	Semester Examination nZry	2	13
		review	review shml@ llfSl first	2	14
		Semester Examination	Comprehensive First-Semester Theoretical Examination	2	15
		l`q@ lsm`y@	l`q@ lsm`y@ lSm 'sbb l`q@ lsm`y@ lSm wlbkm lG@ lSm wlbkm l'nshT@ mathematical lty ttnsb with lSm wlbkm	2	16
		l`q@ lbSry@	l`q@ lbSry@ lkfyf D`f lbSr l`ywb wltshwht lqwmy@ lty yt`rD lh lkfyf ltqsym lTby sports llkfyf role mdrs physical education mathematical with lm`qyn bSry	2	17

			role mdrs physical education mathematical with lm`qyn bSry		
		tqsymt technical	ltqsymt technical lryD@ lm`qyn lD`f lbSr l'nshT@ mathematical lty ttnsb with lmkfwfyn 'ss building program sports llmkfwfyn	2	18
		programs mathematical lm`d@ ldhwy l`q@	1- lryD@ l`lgy@ 2- lryD@ ltrwyHy@ 3- lryD@ ltnfsy@	2	19
		lmnfst mathematical llm`qyn	ltdrybt and competitions mathematical llm`qyn lt'thyrt lfsywlwjy@ for training sports llm`qyn evaluation wlqys in ryD@ lm`qyn whmyth	2	20
		Semester Examination	Semester Examination nZry	2	21
		tools lmstkhdm@ from qbl lm`qyn	lkrsy lmtHrk krsy lryDyyn nw`h 'hmyth importance lkrsy wkyfy@ training 'lyh	2	22
		Practical Application `mly	Practical Application `mly lTrq training	2	23

		I'l`b mathematical lm`dl@ lm`tmd@ in I.P.C	I'l`b mathematical lm`dl@ lm`tmd@ in I.P.C kr@ lhdf mnfst rf` lthql	2	24
			Football lkhmsy@ llSm Football ldsy@ llSm	2	25
			Football lsb`y ldhwy lshll ltns l'rDy on lkrsy lmtHrk@	2	26
			Football lsb`y ldhwy lshll ltns l'rDy on lkrsy lmtHrk@	2	27
			I`b lqw~ ldhwy l`q@ lkhmsy@ llmkfwfyn lthlthy llmkfwfyn	2	28
		Semester Examination	Basketball on lkrsy lmtHrk@ ljwdw llm`qbn	2	29
		Final Examination	End-of-Year Theoretical Examination	2	30

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third component

12. Learning and Teaching Resources:

1-ryD@ lm`qyn, mws`@ ryD@ lm`qyn authored by : 'm.d mrwn `bd lmjyd .	Required Textbooks (if any)
1-Daily reports 2-Review of research in Adapted Physical Education	Recommended Supporting Books and References (scientific journals, reports)
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bAdapted Physical Education	Websites and Electronic References

3-University of Basrah faculty portal	
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University of Basrah
College of Physical Education
and Sport Sciences

**- Course Description The Arena and
the SquareFourth Stage (2025-2026)**

1. Course Name:	
Track and Field	
2. Course Code:	
Track and Field	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1 / 9 / 2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(4) weekly hours / (4) weekly units	
7. Course Coordinator(s):	
1- 'd. fIH mhdy `bwd dr.falah.abood@uobasrah.edu.iq 2- 'd Hydr mhdy `bd lSHb hyder.mahdi@uobasrah.edu.iqhyder.mahdi@uobasrah.edu.iq 3- 'd qSy mHmd `ly rkhyS qusay.mohammed@uobasrah.edu.iqqusay.mohammed@uobasrah.edu.iq 4- 'd nhd@ Hmd mshkwr nahidah.hamid@uobasrah.edu.iqnahidah.hamid@uobasrah.edu.iq 5- 'm.d. `bd llh shnt@ frj abdullah.shinta@uobasrah.edu.iq	
8. Course Objectives:	
- t`lm students lyt understanding andPractical Application phases technical llf lyt Track and Field .	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of track and field. A2- Enable students to understand the practical application of track and field events.	A. Cognitive Objectives
b1-Students acquire knowledge lnZry@ in l`b@ Track and Field	B. Course-Specific Skill Objectives

b2-ktsb students ability on Practical Application of lyt Track and Field	
C1- Raise the students' cognitive level in track and field. C2- Improve students' teaching efficiency and abilities in physical education and sport sciences lessons while applying track and field events.	C. Affective and Value Objectives
1d-lt`lm l`mly wlp Practical Applicationy from khll performance lHrkt lf lyt Track and Field 2d-lt`lm using lwsy'T lt`lymy@ ltSHyH performance wtTwyrh	D. Teaching and Learning Methods
h1-skills cognitive from khll ability on understanding and Practical Application concepts and principles scientific specific lf lyt Track and Field h2-mhrt analysis and evaluation from khll ability on analysis performance sports wktshf errors and correct wtqwym level performance lf lyt Track and Field .	E. Skills

10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-lmtHn lfSly wlnhy'y lnZry 3- mtHn l`mly in Practical Application lf lyt Track and Field	1- Explain the lecture using teaching aids. 2- Practical application of track and field events.	Decathlon and Heptathlon Track and Field	Explanation of the 100 m, 400 m, and 1500 m Running Events	4	1
			Practical Application phases technical for event 100m,200m	4	2

			Practical Application phases technical for event 1500 m	4	3
			Practical Examination bf ly@ 100m , 400m running	4	4
			Practical Examination bf ly@ 1500m running	4	5
			Explanation of the 110 m Hurdles	4	6
			Practical Application phases technical running 110m hurdles	4	7
			Practical Examination for event	4	8
			Explanation of the Long Jump	4	9
			Practical Application phases technical for event	4	10

			Practical Examination in event	4	11
			Explanation of the Discus Throw	4	12
			Practical Application phases technical lrmv discus	4	13
			Practical Application phases technical lrmv discus	4	14
			Practical Examination for event	4	15
			Theoretical Examination llfSl lwl		16
			Explanation of the Javelin Throw	4	17
			Practical Application phases technical lrmv javelin	4	18
			Practical Examination for event	4	19

			Explanation of the Shot Put	4	20
			Practical Application phases technical Army shot put	4	21
			Practical Application phases technical Army shot put	4	22
			Practical Examination for event	4	23
			Explanation of the High Jump	4	24
			Practical Application phases technical jump high	4	25
			Practical Examination for event	4	26
			Explanation of the Pole Vault	4	27
			Practical Application phases technical jump pole vault	4	28

			Practical Examination for event	4	29
			Second-Semester Examination		30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester wtqsm to (10) drj@ Theoretical Examination (15) Practical Examination - (25) marks for the second semester wtqsm to (10) drj@ Theoretical Examination (15) Practical Examination - (50) marks for the final examination					
12. Learning and Teaching Resources:					
book l' b lqw~ (book lmnhjy) lmwlf : d rysn khrybT mjyd – mTb` teaching high -1989- jm` @ lbSr@			Required Textbooks (if any)		
			Recommended Supporting Books and References (scientific journals, reports)		
			Websites and Electronic References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description volleyball
Fourth Stage(2025-2026)**

1. Course Name:
Volleyball
2. Course Code:
3. Semester: (Semester / Annual)
Annual
4. Date of this Description:
1-9-2025 for the academic year (2025-2026)
5. Available Attendance Mode:
Daily attendance according to the weekly lecture schedule
6- `dd Hours academic ( lkly) - `dd units (lkly)
(2) weekly hours -(60) s`@ Annual@ / (4) weekly units – (120) wHd@
Annual@
7-sm msw'wl lmqrr ldrsy ('dh 'kthr from sm ydhkr)
'.d mHmd `bdlwHb Hsyn l'ymyl : Mohammed.Hussain@uobasrah.edu.iq
'.d mHmd `wfy rDy lymyl :
mohammedmeet73@gmail.com mohammedmeet73@gmail.com
'.d `qyl jrH Sbr lymyl : Aqeeljareh@uobasrah.edu.iq
'.d shhb Glb shhb lymyl : shabealasdiy@gmail.com shabealasdiy@gmail.com
8. Course Objectives:
teaching students ld lkhTTy in l`b@ Volleyball •
knowledge lkml@ in law with ld lkhTTy •
understanding l`lq@ byn lqw`d lrsmy@ ll`b@ wltY tsmH ltkhdh qrrt fDI •
mshrk@ students in lfrq ljm`y@ •
mwkb@ lItWr lHSl in hdhh ll`b@ •

9. Course Outcomes and Teaching, Learning and Assessment Methods:						
'1- Enable students to acquire knowledge in I`b@ Volleyball '2-Enable students to acquire knowledge Il`ml lmtkml Il`ml kmdrb If`ly@ Volleyball '3- Enable students to acquire knowledge wfhm ltkyft lHSl@ IPractical Application lkhTT in I`b@ Volleyball. '4-tmkyn students on understanding IPractical Application I`mly llkhTT ldf`y@ wlhjwmy@ bSwr@ f`ly@ .			A. Cognitive Objectives			
b1 -Students acquire knowledge bmfhym I`b@ Volleyball. b2 - Students acquire knowledge m hy methods ldf`y@ wlhjwmy@ bl`b@ Volleyball. b3- ktsb students ability on m`rf@ lSft wlqdrf lty tkhdm I`b@ Volleyball. b4- ksb students interaction wtbdI information in m bynhm and lstdh .			B. Course-Specific Skill Objectives			
j1- tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh practically j2- rf` lqym cognitive llmwd academic from khll discussions j3- Enhance students' competence wqblythm teaching in lessons physical education mathematical thn exchange lr j4- rf` aspects lwjdney@ lITlb@ from khll conducting lmnfst mathematical and awareness blmsw'wly@ tjh lakhryn.			C. Affective and Value Objectives			
1 d - from khll delivering lectures scientific. 2 d . from khll using blrswm explanatory and display demonstration. 3d .from khll stkhdm methods presentation modern Data Show wlmjsmt and display written presentation. 4d .IPractical Application I`mly lltshkylt ldf`y@ wlhjwmy@ and wjbt mdrb Volleyball.			D. Teaching and Learning Methods			
1h. Practical Application m ktsbh students from m`rf@ khTT Il`b ldf`y@ wlhjwmy@. 2h. Practical Application m ktsbh students from m`rf@ in IPractical Application I`mly llkhTT. 3h. lfd@ from m ktsbh students from m`rf@ `lwm physical education mathematical llmrHl lmtqdm@ in md@ Volleyball. 4h. ksb students knowledge Il`b@ Volleyball llfd@ mnH in life daily and practical training.			E. Skills			
10. Course Structure:						
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week	
		It`rf on trykh Volleyball wTI`	knowledge and understanding	2	1	

explanation and Practical Application `mly	Field Lectures	students on hm mmyzt ll`b@			
		definition students bhm mhrt ll`b@ lssy@ wtqsymth	knowledge and understanding	2	2
		explanation twDyHy llml`b wmmn ytkwn fryq Volleyball whm ltjhyzt llzm@	knowledge and understanding	2	3
		explanation andPractical Application khT@ stfbl lrsI lkhmsy	t`lm lkhT@	2	4
		explanation andPractical Application khT@ stfbl lrsI lkhmsy	t`lm lkhT@	2	5
		explanation andPractical Application khT@ stfbl lrsI lrb`y	t`lm lkhT@	2	6
		explanation andPractical Application khT@ stfbl lrsI lrb`y	t`lm lkhT@	2	7
		explanation andPractical Application khT@ stfbl lrsI lthlthy	t`lm lkhT@	2	8
		explanation andPractical	t`lm lkhT@	2	9

		Application khT@ stfbl lrsI lthlthy			
		explanation andPractical Application khT@ stfbl lrsI lthny'y	t`lm lkhT@	2	10
		explanation andPractical Application khT@ stfbl lrsI lthny'y	t`lm lkhT@	2	11
		lmkhlft lqnwny@ in tshkylt stqbl lrsI	t`lm lkhT@	2	12
		lyjbyt and lsbyt in tshkylt stqbl lrsI	t`lm lkhT@	2	13
		Practical Examination fSI wl	m`rf@ wtqyym md~ ktsb students llmhrt	2	14
		Theoretical Examination fSI wl	tqyym IITlb@	2	15
		mqdm@ about Offensive Formations	t`lm lkhT@	2	16
		`mly@ offense bli`b lmmY	t`lm lkhT@	2	17
		`mly@ offense bli`b I`d	t`lm lkhT@	2	18

		`mly@ offense b`d ltmryr@ lwl~	t`lm lkhT@	2	19
		`mly@ offense from zone lkhlfy@	t`lm lkhT@	2	20
		explanation and twDyH ZI Hy'T ISd	t`lm lkhT@	2	21
		explanation and twDyH tGTy@ lmhjm	t`lm lkhT@	2	22
		explanation and twDyH ll`b lsy'b (lmt'rjH)	t`lm lkhT@	2	23
		explanation and twDyH tkhSSt players blml`b	t`lm lkhT@	2	24
		khtyr field lkhryj lmnsb llfryq	t`lm lkhT@	2	25
		wjbt lmdrb	t`lm lkhT@	2	26
		sbb tbdyl players	t`lm lkhT@	2	27
		sbb khdh lwqt lmstqT`	t`lm lkhT@	2	28
		Practical Examination fSI wl	tqyym lITlb@	2	29
		Theoretical Examination fSI wl	tqyym lITlb@	2	30

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) drj@ llmtHn lnhy'y `mly(30) drj@ wtHryry(20) drj@	
12. Learning and Teaching Resources:	
1– Volleyball llmrHl@ fourth/ d. Trq Hsn rzwqy d. Hsyn sbhn	Required Textbooks (if any)
1– Volleyball llmrHl@ fourth/ d. Trq Hsn rzwqy d. Hsyn sbhn	Recommended Supporting Books and References (scientific journals, reports)
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bl`b@ Volleyball 3-University of Basrah faculty portal	Websites and Electronic References

**University of Basrah
College of Physical Education
and Sport Sciences**

**Course Descriptions for Sports
Psychology Fourth Stage (2025-2026)**

1. Course Name:	
Sports Psychology	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (4) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
'.d `bd lstr jbr Dmd : (abdl_satar.jabar@uobasrah.edu.iq) '.d `bd lkZm jlyl Hsn (abdall_kadim.jaleel@uobasrah.edu.iq) abdall_kadim.jaleel@uobasrah.edu.iq '.d mHmd `bd lwHb Hsyn ( mohammed.hussain@uobasrah.edu.iq ) mohammed.hussain@uobasrah.edu.iq '.d Hmd kZm fhd ( ahmed.fahd@uobasrah.edu.iq )ahmed.fahd@uobasrah.edu.iq '.d Hydr `wd@ zGyr (hayder.zeghair@uobasrah.edu.iq)	
8. Course Objectives:	
-definition importance Sports Psychology and teaching its fundamentals -how to building program lnfsy for players -definition blsmt psychological lmhm@ in drs physical education mathematical - lt`rf on importance lSft psychological and l`qly@ lmhm@ lmdrs physical education mathematical.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A1- Enable students to acquire knowledge of sports psychology. A2- Enable students to acquire integrated knowledge for working as coaches and teachers in teams and sports.	A. Cognitive Objectives

A3- Enable students to understand adaptations occurring in sports psychology applications. A4- Understand how to communicate with students during school lessons.	
b1-Students acquire knowledge bmfhy Sports Psychology b2-Students acquire knowledge m hy methods and approaches Sports Psychology wkyfy@ Practical Applicationh b3-ktsb students ability on m`rf@ `lq@ lSft wlqdr psychological bTrq and approaches l`dd lnfsy various</p> <p>b4-ktsb students interaction wtbd information together in `lm lnfs sports	B. Course-Specific Skill Objectives
j1-tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh practically j2-rf` lqym cognitive llmwd academic from khll discussions</p> <p>j3-Enhance students' competence wqblythm teaching in lessons physical education physical w`lwm lryD@ thn exchange views j4-rf` aspects lwjdney@ lITlb@ from khll qm@ lmnfst mathematical and awareness blmsw'wly@ tjh.	C. Affective and Value Objectives
1d-Theoretical lectures and classroom discussions ltWdyH concepts and principles scientific related to the course 2d-It`lm l`mly wIPractical Applicationy from khll performance ltmryn wlmhrt mathematical in lml`b wlq`t wlmkhtbrt 3d- Cooperative and active learning from khll work teamwork wlmnqsh@ and solving problems and activities IPractical Applicationy@	D. Teaching and Learning Methods

4d-E-learning wltGdhy@ lrj`@ using lwsy'T lt`lymy@ wltqnyt modern with tqdym ltGdhy@ lrj`@ ltSHyH performance wtTwyrh					
h1-skills cognitive from khll ability on understanding andPractical Application concepts and principles scientific specific bSports Psychology h2- skills physical wlmhry@ from khll tqn performance lHrky wlmhrt mathematical lmrtd@ bSports Psychology h3-mhrt analysis and evaluation from khll ability on analysis performance sports and role skills psychological fyh. h4-mhrt communication and work teamwork from khll ability on ltwSl lf`l and work Dmn fryq andPractical Application skills in lmwqf lt`lymy@ and twDyH role Sports Psychology fyh			E. Skills		
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Assessment of students through assignments and participation 2-semester and final theoretical examinations 3-submission of reports 4- mtHn `lmy in Practical Application skills psychological	1- Explain the lecture using teaching aids. 2- Practical application of selected instructional units through psychological skills. 3- Cooperative and active learning.	m qdm@ Sports Psychology	nshw Sports Psychology mhy@ Sports Psychology	2	1
			objectives Sports Psychology mjlt Sports Psychology mhm Sports Psychology	2	2
		lshkhSy@ mathematical	definition and mkwnt and theories lshkhSy@	2	3
		m drs physical education mathematical	shkhSy@ m drs physical education mathematical role drs physical education mathematical in	2	4

		building shkhSy@ lTlb		
		ltlmydh dhw lmstwyt lD`yf@ mshkl@ nfsy@ khwShm principles educational llt`ml m`hm	2	5
	Semester Examination	Theoretical Examination	2	6
	ldf`	definition and l'ss and ltSnyf and dwf` ltfwq sports	2	7
		theories and l`wml lmw'thr@ and tTwr and dynamics ldf`y@	2	8
	ltjht psychological	definition and types and tkwyn and mkwnt ltjht	2	9
		khSy'S and methods and l`wml lmw'thr@ and theories ltjht	2	10
	lnf`lt	definition and khSy'S and tSnyf and phases lty ymr bh lnf`l	2	11
		khSS and `rD and lnf`l and lHml lnfsy and nf`lt ltnfs sports Hlt m qbl lbdy@	2	12
	problems lslwky@	problems lslwky@ lmdrsy@ and causes and ltSnyf and lmSdr	2	13
	review	review shml@ llfSl first	2	14
	Semester Examination	Comprehensive First-Semester Theoretical Examination	2	15

		lqlq	nw`h and mstwyth and lqlq and performance sports	2	16
		lkhwf	lkhwf and performance sports	2	17
		intelligence	mfhwm and tqsynt and l`wml lmw'thr@ and nmw l`mr l`qly	2	18
			theories intelligence and intelligence ljsmy lHrky and thr intelligence in lshkhSy@ mathematical	2	19
		Intbh	mfhwm and types and l`wml and lmZhr and Intbh in field sports	2	20
		Semester Examination	Semester Examination nZry	2	21
		l`dwny@	mfhwm w'nw` and 'sbb and l`wml lmw'thr@	2	22
			Practical Application	2	23
			Practical Application	2	24
			Practical Application	2	25
			Practical Application	2	26
			Practical Application	2	27
		review general	review general llfSlyn	2	28
		Semester Examination	Semester Examination nZry w`mly	2	29

		Final Examination	End-of-Year Theoretical Examination	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third component					
12. Learning and Teaching Resources:					
1-book Sports Psychology 'bd lstr jbr Dmd and mHsn 'ly mws~ 2- book Sports Psychology nzr lTlb and kml lwys			Required Textbooks (if any)		
1-Daily reports 2-Review of research in Sports Psychology			Recommended Supporting Books and References (scientific journals, reports)		
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bSports Psychology 3-University of Basrah faculty portal			Websites and Electronic References		

University of Basrah
College of Physical Education
and Sport Sciences

- Course Description soccer
Fourth Stage (2025-2026)

1. Course Name:	
Football	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (2) weekly units – (60) wHd@ Annual@	
7. Course Coordinator(s):	
'd. `qyl Hsn flH (aqeel.falih@uobasrah.edu.iq ( <a href="mailto:aqeel.falih@uobasrah.edu.iq">aqeel.falih@uobasrah.edu.iq</a> ) .d `bd lHlym jbr nzl (halem.nazal@uobasrah.edu.iq (halem.nazal@uobasrah.edu.iq) .d `mr `bs `ys~ (amereisa@uobasrah.edu.iq ( <a href="mailto:amereisa@uobasrah.edu.iq">amereisa@uobasrah.edu.iq</a> ) m.d mzn `ly kZm mazen.ali@uobasrah.edu.iq (mazen.ali@uobasrah.edu.iq)	
8. Course Objectives:	
- definition bqnwn Football how to building units training in Football `dd Try'q training sports bFootball teaching lkhTT ldf`y@ wlhjwmy@ Talent Selection in Football	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
1- Enable students to acquire knowledge in law Football 2-Enable students to acquire knowledge ll`ml lmtkml ll`ml kmdb in Football 3- Enable students to acquire knowledge wfhm ltkyft lHSl@ Practical Application training Football	A. Cognitive Objectives

4-tmkyn students on understanding IPractical Application l'mly llkhTT ldf'y@ wlhjwmy@	
1- Students acquire knowledge bmfhym law ll'b@ . 2 - Students acquire knowledge bwsy'l lddryb bFootball 3- ktsb students ability on m`rf@ bkhTT ll'b .. 4- ksb students interaction in how to dr@ team.	B. Course-Specific Skill Objectives
j- tHky lmwd lnZry@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh practically 2- rf` lqym cognitive llmwd academic from khll discussions andPractical Application l'mly 3- Enhance students' competence wqblythm teaching in lessons physical education mathematical thn exchange lr 4- rf` aspects lwjdney@ lITlb@ from khll conducting lmnfst mathematical and awareness blmsw'wly@ tjh	C. Affective and Value Objectives
1-from khll delivering lectures scientific. 2 - from khll using blrswm explanatory and display demonstration. 3 - from khll stkhdm methods presentation modern (Data Show) wlmjsmt and display written presentation. 4- IPractical Application l'mly lltmrynt wHsb lHjm.	D. Teaching and Learning Methods
1-Practical Application m ktsbh students from m`rf@ in theories training sports. 2- Practical Application m ktsbh students from m`rf@ in IPractical Application l'mly for training sports 3- lfd@ from m ktsbh students from m`rf@ `lwm physical education mathematical llmrHl lmtqdm@ in md@ training 4- ksb students knowledge bSports Training Science llfd@ mnh in life daily.	E. Skills

10. Course Structure:

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments and participation	1- Explain the lecture using teaching aids. 2- Practical application	training lmrkb	1-mfhwm Try'q training	2	1
		training lmrkb	nw` Try'q training bFootball	2	2
		Tryq@ ll'b	nw` Try'q training in Football	2	3

2-semester and final theoretical examinations 3- submission of reports 4- mtHn`lmy in Practical Application ltmrynt	of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Tryq@ ltmryn	nw` Try'q training bFootball	2	4
		md@ 1-5	law ll`b@ from course	2	5
		concepts general	lwHd@ training bFootball	2	6
		nmwdhj wHd@ training llshbl	nw` units training bFootball	2	7
		nmwdhj training juniors	nw` units training bFootball	2	8
		md@6-11	law ll`b@	2	9
		l`dd	lmwsm ltdryby	2	10
		nmwdhj lmnfst	lmwsm ltdryby	2	11
		nmwdhj Intqly@	lmwsm ltdryby	2	12
		methods wlslyb wmrHI Talent Selection	Talent Selection bFootball	2	13
		mtHn	Semester Examination nZry	2	14
		Practical Examination	Semester Examination `mly	2	15
		khTT ldf`y@	khTT ll`b bFootball	2	16
		khTT lhjwmy@	khTT ll`b bFootball	2	17
		lfrdy@	khTT ll`b	2	18
		md@ 12-17	law ll`b@	2	19
		Practical Application	Practical Application	2	20
		Practical Application	Practical Application	2	21
		Practical Application	Practical Application	2	22

		Practical Application	Practical Application	2	23
		Practical Application	Practical Application	2	24
		Practical Application	Practical Application	2	25
		concepts	analysis in Football	2	26
		concepts general	mstlzmt fryq Football	2	27
		Semester Examination	Semester Examination	2	28
		Practical Examination	Practical Examination	2	29
		mtHn shml	lmtHn lnhy'y	2	30

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third component

12. Learning and Teaching Resources:

1- Football / zhyr lkhshb wkhwrn. 2-book Football / smy lSfr wkhwrn 3-book law Football international	Required Textbooks (if any)
1-Daily reports 2-Review of research in Football	Recommended Supporting Books and References (scientific journals, reports)
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bFootball 3-University of Basrah faculty portal	Websites and Electronic References

University of Basrah
College of Physical Education
and Sport Sciences

- Course Description Basketball
Fourth Stage (2025-2026)

1. Course Name:	
Basketball	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (2) weekly units – (60) wHd@ Annual@	
7. Course Coordinator(s):	
'.d. Hydr `bd lrzq kZm (haidar.abdalrazzaq@uobasrah.edu.iq ) '.d `dl njy Hsn (adil.naji@uobasrah.edu.iq)adil.naji@uobasrah.edu.iq '.m.d `ly mHmd hdy `bwd (ali.mohammed-hadi@uobasrah.edu.iq)ali.mohammed-hadi@uobasrah.edu.iq '.m bll Hydr mky (bilal.haider@uobasrah.edu.iq)	
8. Course Objectives:	
-definition importance Basketball and teaching performance lkhTTy -how to building program ltdryby sports bBasketball -teaching performance lkhTTy lhjwmy wldf`y wTrq tnfydhh -demonstrating mhw lstshkf bBasketball wkyfy@ performance lkhtbrt	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
A1- Identify modern basic basketball rules and explain their most important amendments. A2- Explain offensive and defensive principles and tactics in basketball. A3- Explain the scientific and mechanical foundations of basketball skill performance. A4- Analyze the technical and tactical performance of players and teams in different game situations.	A. Cognitive Objectives

b1-tqn execute skills basic wlmtdqm@ in Basketball bdq@ wsr`@. b2-Practical Application skills lhjwmy@ wldf y@ in mwqf ll`b lmkhtlf@. b3-execute lkhTT andOffensive Formations wldf y@ bSwr@ SHyH@. b4-management wtnZym units training wlbryt lPractical Applicationy@ bkf@.			B. Course-Specific Skill Objectives		
j1-lltzm bqw`d ll`b@ and spirit mathematical during practice wlmnfs@. j2-cooperation and work brwH team wtHml responsibility. j3-Zhr lthq@ blnfs and discipline during performance and training. j4-Htrm lmnfsyn and referees and colleagues wlltzm b'khlqyt lmhn@ mathematical.			C. Affective and Value Objectives		
d1-lmHDr@ wlmnqsh@ wHwr. d2-lt`lm lt`wny and work teamwork. d3-lt`lm blmmrs@ wlPractical Application l`mly. d4-lt`lm lqy'm on Hl problems wlmwqf ll`b.			D. Teaching and Learning Methods		
h1- teaching wtmkyn skills lhjwmy@: lmHwr@, ltmryr, ltSwyb, wltHrk bdwn kr@. h2-teaching wtmkyn skills ldf y@: lwqf@ ldf y@, ltHrk ldf y, qT` ltmryr, wltmb`@ ldf y@. h3- skills lkhTTy@: Practical Application lkhTT lhjwmy@ wldf y@ wmwqf ll`b lmkhtlf@. h4-lstshkf and tests wltqyym.			E. Skills		
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments	1- Explain the lecture using teaching aids and demonstrations.	ltktyk teamwork bBasketball	explanation ltktyk bBasketball bSwr@ general	2	1

and participation 2-semester and final theoretical examinations w1`mly 3- submission of reports 4- mtHn `lmy in Practical Application performance lkhTTy	2- Practical application of selected tactical situations. 3- Cooperative and active learning.		wtwDyH importance ltktyk bBasketball		
		defense bBasketball	explanation importance defense bBasketball, mmyzt defense bBasketball	2	2
		mhy@ Man- to-Man Defense	t`ryf@ w'hmy@ defense man to man ,Practical Applicationt lwqf@ in defense man to man	2	3
		types Man-to- Man Defense	explanation , nw`h, Practical Applicationth	2	4
		methods ltkhlS from lHjz lhjwmy `nd Man-to-Man Defense	explanation mhr@ how to ltkhlS from lHjz	2	5
		mhy@ Zone Defense	definition, w'hmy@ defense zone ,Practical Applicationt lwqf@ in Zone Defense	2	6
		fwy'd wmDr Zone Defense	shrHh , 'nw`h, hmyth, l`wml lmw'thr@ fyh	2	7

		fwy'd Zone Defense	It`rf on 'hm methods lmstkhdm@ in Zone Defense, It`rf on 'hm lyjbyt for defense about zone	2	8
		tshkylt Zone Defense	shrHh , 'nw`h , Practical Applicationth	2	9
		methods specialized bZone Defense	'nw`h , Practical Applicationth	2	10
		mhy@ Mixed Defense	definition , w'hmy@ Mixed Defense ,shrH about Mixed Defense	2	11
		'ss Mixed Defense	'nw`h , shrHh	2	12
		ssyt defense individual	shrHh , tPractical Applicationh	2	13
		ssyt defense teamwork	shrHh , Practical Applicationh	2	14
		Semester Examination	Semester Examination ljmy` lmwd	2	15
			`Tl@ rb`y@	2	16
		mhy@ offense bBasketball	explanation importance bBasketball ,lflsf@ from offense bBasketball	2	17

		offense individual bBasketball	explanation 'slwb offense individual bBasketball , l'ssytlmhm@ ld~l'b`nd offense	2	18
		offense teamwork bBasketball	mflhwmh, nw`h, mkwnth wTry'q l`bh	2	19
		offense lfrqy bBasketball	t`ryfh, l'ssytlmhm@ lbd offense lfrqy	2	20
		importance offense bBasketball	m`rf@ lGrD from offense bBasketball lflsf@ from offense bBasketball	2	21
		offense fast bBasketball	definition, shrHh , lGrD mnh	2	22
		stkhdm offense fast	nw`h , wTrq tdrybh,	2	23
		fwy'd wmdr offense fast bBasketball	twDyH hm lyjbyt wslbyt `nd ltHrk in offense fast bBasketball	2	24
		mjlt offense fast bkr@ fast	yjb m`rf@ lTlb on ltHrk in field `nd lnTlq blhjwm fast	2	25
		offense lmnZm Dd Man-to- Man Defense	yjb m`rf@ lTlb lwqf@ lhjwmy@ in field	2	26

		offense lmnZm Dd defense lmnZm	yjb m`rf@ lTlb ssyt offense lmnZm	2	27
		methods offense bBasketball	yjb lTlb m`rf@ Hlt l`b from offense	2	28
		types offense fast bBasketball	yjb on lTlb m`rf@ types offense	2	29
		ssyt defense individual bBasketball	yjb on lTlb n yt`lm lwqf@ lSHyH@ in defense	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester (`mly 15 wnZry 10 )- (25) marks for the second semester ( `mly 15 wnZry 10) - (50) drj@ lnhy'y (30 `mly and20 nZry)					
12. Learning and Teaching Resources:					
1-book Basketball : book mw'lf@ from qbl (wdd lmfty , yd l`zwy) 2-mlzm@ tlyf ljn@ Basketball 3- book training sports: authored by fTm@ `bd mlH			Required Textbooks (if any)		
1-Daily reports 2-Review of research in Basketball			Recommended Supporting Books and References (scientific journals, reports)		
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bBasketball 3-University of Basrah faculty portal			Websites and Electronic References		

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description Al-Masā'ah
Fourth Stage (2026-2027)**

1. Course Name:	
Wrestling	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2026 for the academic year (2026-2027)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s' @ Annual@ / (4) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
'.m.d ryD `bd`ly Riyadh.alsaeed@uobasrah.edu.iq 'm `ly kZm `bdlqdr ali.kadhum@uobasrah.edu.iq	
8. Course Objectives:	
- definition bl`b@ Wrestling whmyth -how to tqn skills wlmskt -lt`rf on law lkhS bll`b@ -teaching hm lSft physical wkyfy@ tTwyrh bm ytly'm with Tby` @ ll`b@	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
'1-Enable students to acquire knowledge in l`b@ Wrestling lHr@ wlrmny@ '2-Enable students to acquire knowledge specific bdr@ lnzlt specific bll`b@ '3-Enable students to acquire knowledge wfhm hm lt`dylt wltTwyr lHSl in ll`b@ '4-tmkyn students on understanding lPractical Application l`mly llmskt wlmhrt specific bll`b@	A. Cognitive Objectives
b1-ktsb students concepts l`b@ Wrestling wqnwnh	B. Course-Specific Skill Objectives

b2-Students acquire knowledge m hy methods and approaches lty can from khllh tqn skills wlmskt b3-ktsb students ability on m`rf@ `lq@ lSft wlqdr physical wmd~ lf`ly@ in performance lmskt</p> <p>b4-ktsb students interaction wtbdI information ltHqyq`mly@ t`lm fDI	
j1-tHky lmwd lqnwny@ awareness students blmm blnwHy cognitive wkyfy@ Practical Applicationh wdr@ lnzlt j2-rf` lqym cognitive llmwd academic from khll discussions wtbdI information with b`Dhm j3-Enhance students' competence wqblythm teaching in lessons practical wtbdI lkhbrt j4-rf` aspects lwjdny@ lITlb@ from khll qm@ lnzlt mathematical and awareness blmsw'wly@ wlmkhfZ@ on `nSr lslm@	C. Affective and Value Objectives
1d-mHDrt nZry@ w`mly@ ltWdyH concepts and principles scientific related bmqrr md@ Wrestling</p> <p>2d-lt`lm l`mly wlPractical Applicationy from khll performance lmskt wlmhrt specific bl`b@ Wrestling on bsT Wrestling 3d- Cooperative and active learning from khll work teamwork wlmnqsh@ and solving problems and activities lPractical Applicationy@ byn lITlb 4d-ltGdhy@ lrj`@ using lwsy'T lt`lymy@ wltqnyt modern with tqdym ltGdhy@ lrj`@ ltSHyH performance wtTwyrh wl`rwD on lshsh@	D. Teaching and Learning Methods
h1-skills cognitive from khll understanding ability how to Practical Application concepts and principles scientific specific bl`b@ Wrestling h2- skills physical wlmhry@ from khll tqn performance wlmhrt mathematical wlmskt in Wrestling h3-mhrt analysis and evaluation from khll ability on analysis performance lkhS blmskt wktshf errors and correct and performance h4-mhrt communication and work teamwork from khll ability on ltWSl lf`l and work Dmn fryq andPractical Application skills in lmHDr@	E. Skills
10. Course Structure:	

Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1-Theory students from all performance weeks 2-semester and final theoretical examinations 3-submission of reports 4- monthly in Practical Application	1- Explain the lecture using mannequins/demonstrations and presentation aids. 2- Practical application of selected holds and skills. 3- Cooperative learning and group work.	skills	explanation skills	2	1
		theory and Practical Application	explanation and Practical Application	2	2
		two types of performance	explanation and Practical Application		3
		Practical Application	explanation and Practical Application	2	4
		holds and skills	explanation and Practical Application	2	5
		new holds	explanation and Practical Application	2	6

		nw`h wkyfy@ mqwmth	shr andPractic al Applicatio n mhr@ lqws lhjwmy	2	7
		from lwqwf wljlws wlljnb wlmm	teaching msk@ lmyzn	2	8
		twDyH hdfh wlmskt lmshtq@	teaching msk@ yd wrs	2	9
		from lstlq wkyfy@ performance	teaching msk@ l`bsy@	2	10
		tkhdh l'wD` appropriate lljlws	teaching msk@ qfl lrqb@	2	11
		dq@ ltqn wlHrk@ lSHyH@ llrjl	teaching msk@ lHSyr@	2	12
		Semester Examination	Semester Examinatio n nZry	2	13
		definition l`m in law	law internation al ll`b@	2	14
		lqyst ldwly@ lrsmy@	explanatio n qyst field	2	15
		lm`tmd@ from ltHd with lsh`rt lrsmy@	explanatio n mlbs wTrq fHS lmSr`	2	16
		definition bqnwn ll`b@	definition bHlt mmnw`h in lnzl	2	17
		how to tmnH lrkhS@ wmt~	explanatio n rkhS@ l`byn	2	18
		Htsb l'fDly@	explanatio n nqT ltrtyb	2	19

		1and2and4and5a nd nqT	explanatio n Htsb lnqT	2	20
		l`b b`dd ql 5 mSr`yn	explanatio n ldwry	2	21
		how to tnZym nzlt	explanatio n lqr`@	2	22
		lstmr@ lm`tmd@ dwly	explanatio n stmr@ ltsjyl	2	23
		teaching wkhtbr	nzl with tHkym	2	24
		teaching wkhtbr	nzl with tHkym	2	25
		teaching wkhtbr	nzl with tHkym	2	26
		teaching wkhtbr	nzl with tHkym	2	27
		review general	review general llfSlyn	2	28
		Semester Examination	Semester Examinatio n nZry w`mly	2	29
		Final Examination	End-of- Year Theoretical Examinatio n	2	30

11. Course Assessment:

Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the final examination

12. Learning and Teaching Resources:

1- training in Wrestling :tlyf `bd `ly nSyf

2-lt`lm and training lryDy in Wrestling :tlyf Hmdn rHym lkbysy

3- ssyt Wrestling :tlyf SIH `bdljbr

Required Textbooks (if
any)

1-Daily reports

2-Review of research in Wrestling

Recommended Supporting
Books and References
(scientific journals,
reports)

1-Websites of electronic scientific journals

2-websites ryDy@ specialized bt`lym wtdryb Wrestling

3-University of Basrah faculty portal

**Websites and Electronic
References**

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description Handball
Fourth Stage (2025-2026)**

1. Course Name:	
Handball	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(1) weekly hours -(30) s`@ Annual@ / (2) weekly units – (60) wHd@ Annual@	
7. Course Coordinator(s):	
'.d. Hsm mHmd jbr (hussa.jaber@uobasrah.edu.iq) '.d. njy mTshr `zt (naji.azzat@uobasrah.edu.iq '.d. kml shnyn mnHy naji.azzat@uobasrah.edu.iq <a href="mailto:naji.azzat@uobasrah.edu.iq">naji.azzat@uobasrah.edu.iq</a> m.d `ly `bdll@ `ys~ Ali abdullah@uobasrah.edu.iq	
8. Course Objectives:	
☐ Practical Application lkhTT andOffensive Formations wldf y@. ☐ tqn tHkym wdr@ mbryt Handball wfq law international. ☐ tTwyr ability on ntq juniors training players wtqwym 'dy'hm. — ☐ tnmy@ ability on analysis performance and making decision in mwqf ll`b.	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
Identify modern handball laws and amendments. Understand offensive and defensive tactics and formations. Know methods for training and developing basic handball skills. Understand the principles of refereeing and match management.	A. Cognitive Objectives

Know methods for evaluating physical, technical, and tactical performance.					
Practical Application skills basic wlmtdm@ in Handball bkf@. execute lkhTT andOffensive Formations wldf y@. management wtHkym mbryt Handball wfq law. design wtnfydh units training appropriate. analysis wtqwym performance lmhry and tactical for players.			B. Course-Specific Skill Objectives		
Promote cooperation and teamwork. Commitment to sports laws and regulations. Develop sportsmanship and accepting winning and losing. t`zyz responsibility and discipline during training and competitions. Respect opponents, referees, and colleagues.			C. Affective and Value Objectives		
lectures wlmnqsht scientific. It`lm l`mly wlPractical Applicationy in field. It`lm It`wny and work Dmn mjmwt. display wtHlyl models and videos matches. training l`mly wlmbyrt lPractical Applicationy@.			D. Teaching and Learning Methods		
skills motor wlmhry@ in Handball. skills lkhTTy@ and making decision. mhrt refereeing wdr@ lmbr@. mhrt training and leading units training. mhrt observation and analysis and evaluation.			E. Skills		
10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through	1- Explain the lecture using teaching	Defense in Handball	Defense in Handball	2	1
		Defense in Handball	Tryq@ Zone Defense (advantages and disadvantages)	2	2

assignments and participation 2-semester and final theoretical examinations 3- submission of reports 4- mtHn 'lmy in Practical Application ltmrynt	aids. 2- Practical application of selected instructional units through exercises and programs. 3- Cooperative and active learning.	Defense in Handball	Defensive Formations in defense zone	2	3
		Defense in Handball	formation ldf y (6-0) and formation ldf y (5-1)	2	4
		Defense in Handball	formation ldf y (4-2)	2	5
		mtHn	Theoretical Examination	2	6
		Defense in Handball	formation ldf y (3-3) formation ldf y (3-2-1)	2	7
		mtHn	Practical Examination	2	8
		Defense in Handball	Tryq@ Man-to-Man Defense and forms Man-to-Man Defense	2	9
		Defense in Handball	Tryq@ Mixed Defense	2	10
		Defense in Handball	tshkylt Mixed Defense	2	11
		Defense in Handball	tshkyl (5-1) wtshkyl (4-2)	2	12
		Offense in Handball	Offense in Handball	2	13
		Offense in Handball	Individual Fast Break	2	14
		Offense in Handball	Team Fast Break	2	15
		Offense in Handball	building offense and penetration	2	16
		Offense in Handball	Offensive Formations	2	17
		Offense in Handball	formation (5-1) and lshkyl (4-2)	2	18
		Match Management	Match Management	2	19
		IPractical Application	IPractical Application in schools for students stage fourth	2	20
		IPractical Application	IPractical Application in schools for students stage fourth	2	21
		IPractical Application	IPractical Application in schools for students stage fourth	2	22

		IPractical Application	IPractical Application in schools for students stage fourth	2	23
		IPractical Application	IPractical Application in schools for students stage fourth	2	24
		IPractical Application	IPractical Application in schools for students stage fourth	2	25
		IPractical Application	IPractical Application in schools for students stage fourth	2	26
		Talent Selection	Selection of Junior Players	2	27
		mtHn	Semester Theoretical Examination	2	28
		Semester Examination	Semester Practical Examination	2	29
		Final Examination	Final Practical Examination	2	30

11. Course Assessment:

Grades are distributed as follows: lkl fSI 25 drj@ tqsm to 15 llmtHn l'mly and 10 drjt llmtHn lnZry

12. Learning and Teaching Resources:

book Handball law international lHandball	Required Textbooks (if any)
1-Semester reports	Recommended Supporting Books and References (scientific journals, reports)
1-Websites of electronic scientific journals 2-websites ryDy@ specialized bHandball 3-University of Basrah faculty portal	Websites and Electronic References

**University of Basrah
College of Physical Education
and Sport Sciences**

**- Course Description Computer
Science
Fourth Year(2026–2025)**

1. Course Name:	
Computers	
2. Course Code:	
3. Semester: (Semester / Annual)	
Annual	
4. Date of this Description:	
1-9-2025 for the academic year (2025-2026)	
5. Available Attendance Mode:	
Daily attendance according to the weekly lecture schedule	
6. Total Study Hours - Total Units	
(2) weekly hours -(60) s`@ Annual@ / (2) weekly units – (120) wHd@ Annual@	
7. Course Coordinator(s):	
m.m `ly r`d `bd lkrym ali.raad@uobasrah.edu.iq ali.raad@uobasrah.edu.iq	
8. Course Objectives:	
-definition importance programs office and teaching its fundamentals -how to building program using Algorithms	
9. Course Outcomes and Teaching, Learning and Assessment Methods:	
'1-Enable students to acquire knowledge in programs office wssyt programming '2-Enable students to acquire knowledge ll`ml lmtkml ll`ml as a user on computer '3-Enable students to acquire knowledge wfhm ldwl mathematical in programs office '4-tmkyn students on understanding lPractical Application l`mly on computer andPractical Application examples	A. Cognitive Objectives
b1-Students acquire knowledge bmfhym brmj Microsoft office andAlgorithms	B. Course-Specific Skill Objectives

b2-Students acquire knowledge in his methods and approaches programming wkyfy@ Practical Applicationh b3-ktsb students ability on m`rf@ dkhl information and formulation examples wlbrmj in Word Excel PowerPoint b4-ktsb students interaction wtbdl information together	
j1-tHky lmwd lnZry@ hmy@ functions office wstkhdn equations built-in wkhTwt Algorithms ly brnmj j2-rf` lqym cognitive llmwd academic from khll discussions</p> <p>j3-Enhance students' competence wqblythm programming</p> <p>j4-rf` aspects lwjdney@ llTlb@ from khll questions daily and tests	C. Affective and Value Objectives
1d-Theoretical lectures and classroom discussions ltWdyH concepts and principles scientific related to the course 2d-It`lm l`mly wlpPractical Applicationy from khll performance examples practical 3d- Cooperative and active learning from khll work teamwork wlmnqsh@ and solving problems and activities lpPractical Applicationy@ 4d-E-learning using pages Internet wlmthl@ built-in	D. Teaching and Learning Methods
h1-skills cognitive from khll ability on understanding andPractical Application concepts and principles scientific specific to applications Microsoft h2- skills programming wlpPractical Application using steps Algorithms h3-mhrt analysis and evaluation from khll ability on analysis programs wktshf errors and correct wtqwym level students h4-mhrt communication and work teamwork from khll lwjbt home assignments wstkhdn Internet	E. Skills

10. Course Structure:					
Assessment Method	Learning Method	Unit / Topic	Required Learning Outcomes	Hours	Week
1- Assessment of students through assignments and participation 2-semester and final theoretical examinations 3- submission of reports 4- mthn 'lmy in Practical Application programs	1- Explain the lecture using teaching aids. 2- Practical application of selected instructional units. 3- Cooperative and active learning.	Types of Office Applications	Explanation and Overview of Office Applications	2	1
		Printing Commands and Functions 1	Program 1: Microsoft Word	2	2
		Printing Commands and Functions 2	Program 1: Microsoft Word	2	3
		Printing Commands and Functions 3	Program 1: Microsoft Word	2	4
		Practical Examples 1	Program 1: Microsoft Word	2	5
		Practical Examples 2	Program 1: Microsoft Word	2	6
		General Commands and Functions	Program 2: Microsoft Excel	2	7
		Mathematical Commands and Functions	Program 2: Microsoft Excel	2	8
		Statistical and Conditional Commands and Functions	Program 2: Microsoft Excel	2	9
		Data and Chart Commands and Functions	Program 2: Microsoft Excel	2	10
		Practical Examples 1	Program 2: Microsoft Excel	2	11
		Practical Examples 2	Program 2: Microsoft Excel	2	12
		Practical Examples 3	Program 2: Microsoft Excel	2	13
		Practical Examples 4	Program 2: Microsoft Excel	2	14
		Semester Examination	Comprehensive First-Semester Theoretical Examination	2	15

		General Commands	Program 3: Microsoft PowerPoint	2	16
		Ready-Made Templates	Program 3: Microsoft PowerPoint	2	17
		Creating Promotional Files 1	Program 3: Microsoft PowerPoint	2	18
		Creating Promotional Files 2	Program 3: Microsoft PowerPoint	2	19
		Practical Examples 1	Program 3: Microsoft PowerPoint	2	20
		Practical Examples 2	Program 3: Microsoft PowerPoint	2	21
		Agility and Balance	Modern Technologies in Sport	2	22
		Types	Impact of Technology on Sports Performance	2	23
		Types and Examples	Idwt w lPractical Applicationt lty can be used in mjl lryD@ physical using computers	2	24
		Definition and Importance	Algorithms	2	25
		Explanation of Their Characteristics	Properties of Algorithms	2	26
			Types of Algorithms	2	27
		General Examples	Algorithm Examples	2	28
		Semester Examination	Semester Examination nZry w`mly	2	29

		Final Examination	End-of-Year Theoretical Examination	2	30
11. Course Assessment:					
Grades are distributed as follows: (25) marks for the first semester - (25) marks for the second semester - (50) marks for the third component					
12. Learning and Teaching Resources:					
1-Microsoft Office applications			Required Textbooks (if any)		
1-Daily reports 2-Review of web pages and YouTube			Recommended Supporting Books and References (scientific journals, reports)		
1-Microsoft websites 2-Websites for learning office applications 3-University of Basrah faculty portal			Websites and Electronic References		